

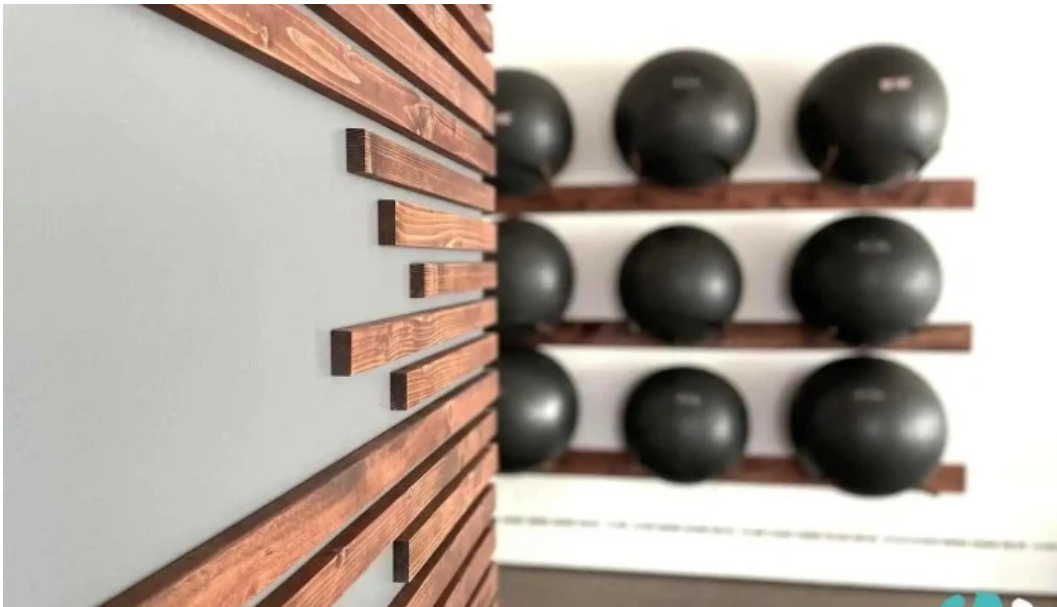
Cypressene Fitness Llc - Adrian

adrian

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adrian

Cypressene Fitness Llc - Adrian

Discover Cypressene Fitness LLC: A Unique Personal Training Experience in Adrian, Michigan

Cypressene Fitness LLC is more than just a gym; it's a community dedicated to inclusivity and personal growth. Located in Adrian, Michigan, this fitness center offers a range of services tailored to meet the diverse needs of its members.

Accessibility for Everyone

One of the standout features of Cypressene Fitness is its commitment to

accessibility. The facility boasts a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, ensuring that everyone can enjoy their services without barriers. With ****gender-neutral toilets**** and a ****transgender safe space****, Cypressene prioritizes creating an environment where all individuals feel welcome.

A Variety of Services for All Fitness Levels

Cypressene Fitness offers an impressive array of amenities and on-site services. Whether you're looking for ****one-on-one training**** or group classes, there's something for everyone. Popular offerings include: - ****Yoga Classes**** - ****Cardio Drumming**** - ****Cardio Hip Hop**** - ****Booty Workouts**** - ****Line Dancing**** Appointments are recommended, especially during peak hours, as the crowd can fluctuate. This ensures personalized attention and better service for all members.

A Focus on Personalized Planning

The dedicated trainers, Nicci Brown and Fletcher Foreman, are passionate about helping each member achieve their individual goals. As one member shared, “They will make you comfortable as they work with you to reach your goals and have fun along the way.” This personalized approach is evident in their planning for members at various fitness levels.

LGBTQ+ Friendly Atmosphere

Cypressene Fitness prides itself on being ****LGBTQ+ friendly****. The inclusive culture fosters a supportive environment, allowing members to feel safe and accepted. This commitment to diversity has drawn positive feedback from the community, emphasizing the importance of comfort in a workout space.

Real Member Experiences

Members have had overwhelmingly positive experiences at Cypressene Fitness. One satisfied participant noted, “Cypressene Fitness is amazing! Their affordable memberships and variety of classes are perfect for those just starting or looking to try something new.” Another member reflected on their journey: “I have been guided by Fletcher Foreman for two years... We have focused on strength, flexibility, and balance, all important to my goal of keeping mobile.”

Join the Cypressene Community Today!

For those seeking a vibrant and supportive fitness environment, Cypressene Fitness LLC is the perfect choice in Adrian, Michigan. With accessible facilities and a variety of engaging classes, this fitness center stands out as a beacon of inclusivity and support in the health and wellness community. Don't miss out on embarking on your fitness journey here, where fun meets focus!

We are positioned at

118 W Church St Suite #1, 49221 Adrian, Michigan - United States (US)

The phone of this **Personal trainer** is +1734-492-0459

And if you want to send a WhatsApp, you can do so at +1734-492-0459

Our service hours are:

Day Hours
Monday

12–3?PM

Tuesday

Closed

Wednesday

7?AM–8?PM

Thursday

7?AM–8?PM

Friday

7?AM–8?PM

Saturday

7?AM–8?PM

Sunday

7?AM–6?PM

The website is Cypressene Fitness LLC

If you require to modify any element that you consider is not accurate about this page, we ask send a message and we will adjust it quickly. Thank you in advance thank you very much.

Images



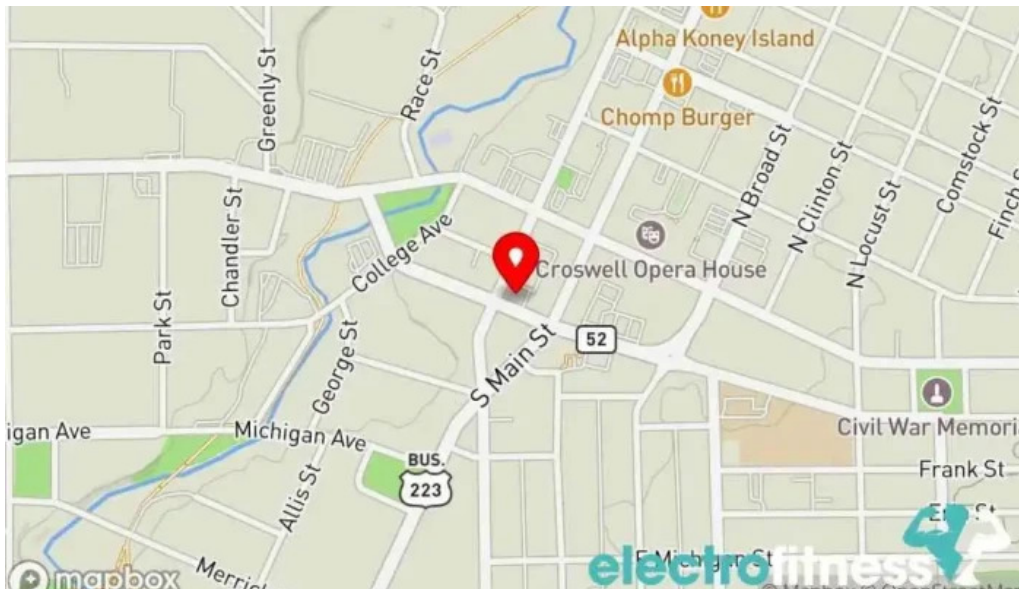
Cypressene fitness llc training



Cypressene fitness llc street view 360deg



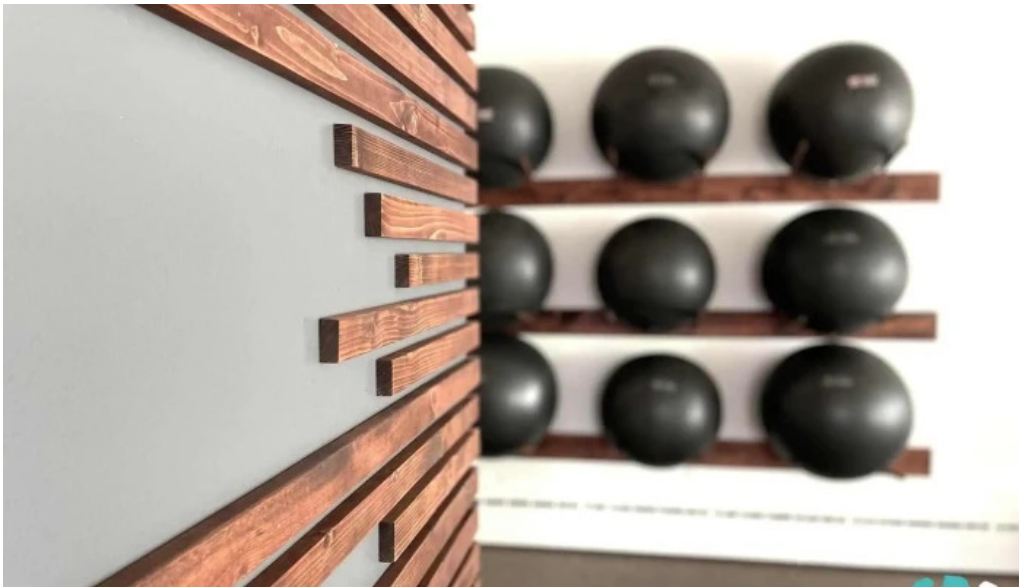
Cypressene fitness llc physical fitness



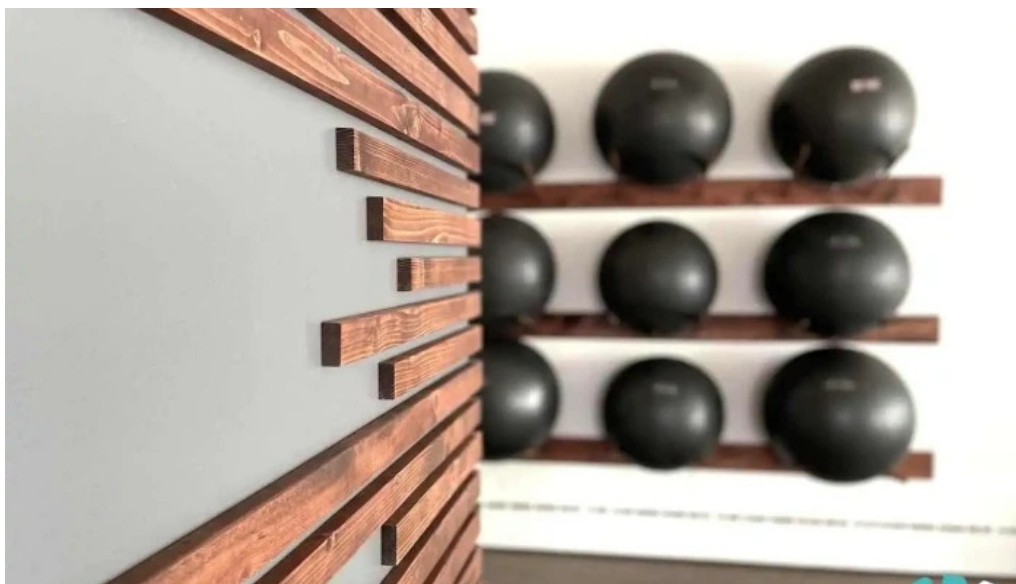
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Cypressene fitness llc by owner



Cypressene fitness llc all



Cypressene fitness llc adrian

Tags

Amenities, Appointments recommended, Wheelchair-accessible entrance, Planning, Toilet, Accessibility, Crowd, Transgender safe space, On-site services, Gender-neutral toilets, LGBTQ+ friendly, Wheelchair-accessible car park, Service options, Outdoor services

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