

Lori Michelle Fitness - Aiken

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Lori Michelle Fitness - Aiken

Discover Lori Michelle Fitness: Your Personal Trainer in Aiken, South Carolina

Lori Michelle Fitness stands out as a ****premier destination**** for personal training in Aiken, South Carolina. Whether you're looking for ****online classes**** or prefer ****on-site services****, Lori offers a range of options tailored to fit your needs.

Comprehensive Services and Accessibility

At Lori Michelle Fitness, planning your fitness journey is made simple. The

facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring everyone can access services comfortably. The presence of a **wheelchair-accessible toilet** further enhances the inclusivity of the space. Notably, the facility offers **gender-neutral toilets**, making it a welcoming environment for all clients. Lori understands that comfort is key to achieving your fitness goals.

Personalized Approach to Training

From the business perspective, Lori emphasizes a personalized approach to training. Many clients, including parents seeking alternatives for their children, appreciate how Lori tailors programs to individual needs. One client mentioned, "Lori is a great personal trainer. She takes time to listen to your needs and helps you customize a plan that'll work for you." This dedication to customization is what sets her apart.

A Variety of Service Options

Lori offers various **service options**, including **outdoor services**, which allow clients to connect with nature while working on their fitness goals. Many find this aspect refreshing and motivating. Appointments are recommended, and an **appointment is required** for specific services to ensure personalized attention.

Amenity-Rich Experience

Amenities at Lori Michelle Fitness enhance the overall experience. With a focus on creating a supportive environment, Lori's clients leave feeling empowered. One satisfied client expressed, "I feel so strong and confident about my body when I workout. Thanks Lori!"

Natural Solutions for Mental Well-being

In addition to physical fitness, Lori also provides insights into holistic practices. One parent highlighted Lori's capability in finding the right flower essences for her daughters, noting, "It's definitely helping with their anxiety and sleeping. I love that it is all natural and lets us avoid medications!" This holistic approach showcases Lori's versatility as a personal trainer dedicated to overall well-being.

Why Choose Lori Michelle Fitness?

Choosing Lori Michelle Fitness means investing in a **women-owned business** that prioritizes your needs. With a commitment to accessibility, personalized training, and a welcoming atmosphere, you'll find everything you need to succeed on your fitness journey. Embrace the opportunity to transform your health with a trainer who truly cares.

We are at

918 Houndslake Dr, 29803 Aiken, South Carolina - United States (US)

The contact line of said **Personal trainer** is +1803-207-5972

And if you want to send a WhatsApp, you can do so at +1803-207-5972

Our business hours are:

Day Hours
Monday

8:30?AM–5:30?PM

Tuesday

8:30?AM–5:30?PM

Wednesday

8:30?AM–5:30?PM

Thursday

Closed

Friday

Closed

Saturday

8:30?AM–5:30?PM

Sunday

8:30?AM–5:30?PM

The website is Lori Michelle Fitness

If necessary to alter any detail that you feel is not accurate related to this site, please forward a message so that we will adjust it as soon as possible.
Thanks beforehand thanks.

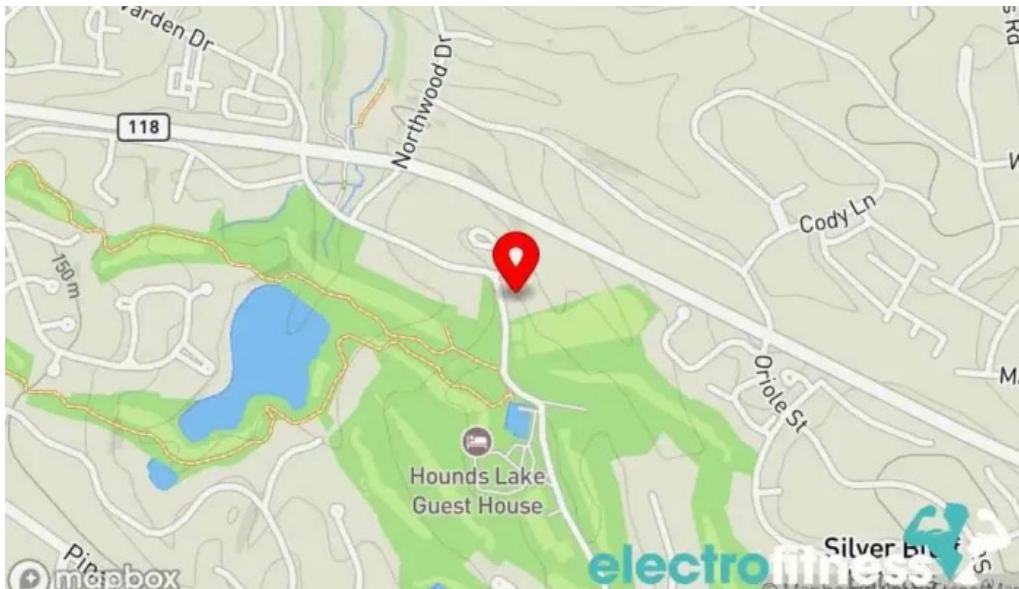
Images



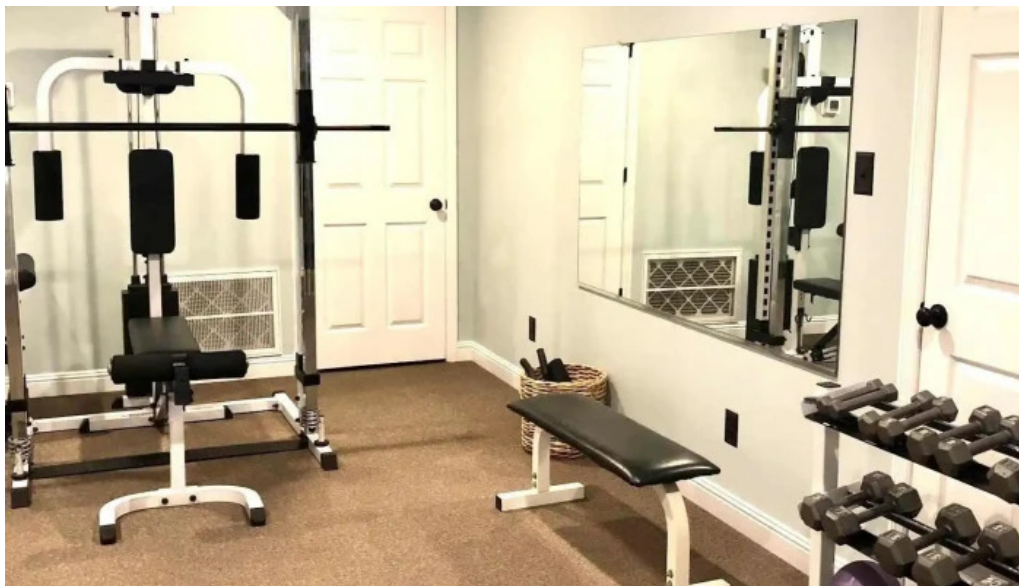
Lori michelle fitness street view 360deg



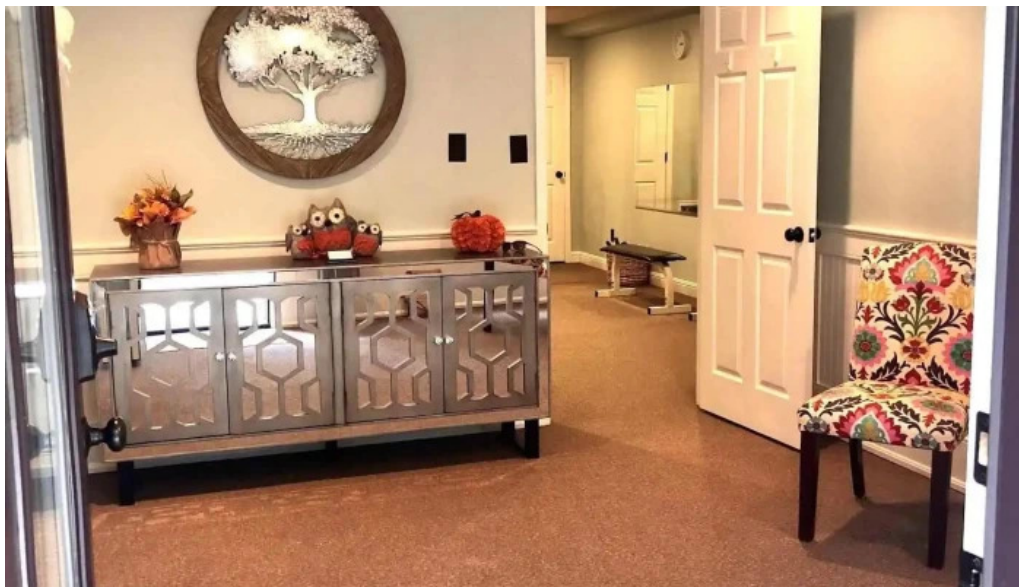
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Lori michelle fitness map



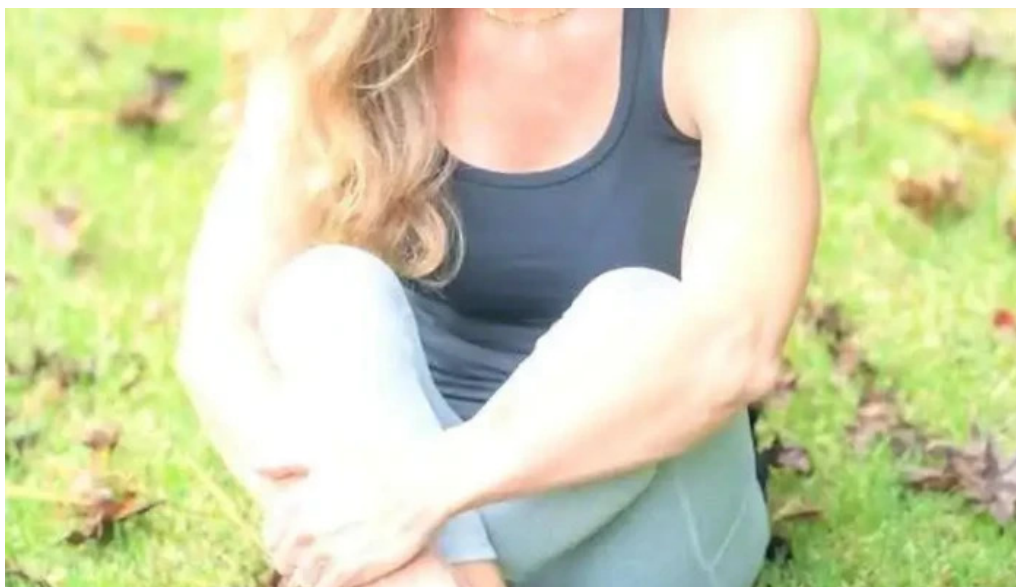
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Tags

Gender-neutral toilets, Appointments recommended, Appointment required, Online classes, Accessibility, Toilet, Wheelchair-accessible toilet, Outdoor services, Identifies as women-owned, Service options, Wheelchair-accessible car park, From the business, On-site services, Amenities, Wheelchair-accessible entrance, Planning

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dance school
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weightlifting area
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