

## Navarro Fitness Center - Alameda

alameda

☐ I'm not a robot


  
RECAPTCHA

Published on: 05/05/25	Hits: 99
Comments: 0	See comments
Votes: 9	Score: 5

[https://www.electrofitness.com/personal-trainer/alameda/navarro-fitness-center-alameda\\_271263.php](https://www.electrofitness.com/personal-trainer/alameda/navarro-fitness-center-alameda_271263.php)



*alameda*

## *Navarro Fitness Center - Alameda*

### **Discover Navarro Fitness Center: Your Personal Trainer in Alameda, California**

If you're looking for a personal trainer who can truly transform your fitness journey, look no further than Anthony at Navarro Fitness Center in Alameda, California. With a strong focus on accessibility and personalized training, this gym is designed to meet diverse needs.

#### **Accessibility Matters**

At Navarro Fitness Center, accessibility is a top priority. The facility is equipped

with a **\*\*wheelchair-accessible entrance\*\***, making it easy for everyone to engage in fitness activities without barriers. Additionally, there's a **\*\*wheelchair-accessible car park\*\*** to ensure hassle-free access for all visitors. Furthermore, the **\*\*wheelchair-accessible toilet\*\*** provides essential amenities for those who require additional support, highlighting the gym's commitment to inclusivity.

## **Exceptional Amenities**

Navarro Fitness Center stands out with its array of amenities that cater to various fitness levels. The gym is not just about working out; it's about creating a supportive environment where you can thrive. With fresh interiors and well-maintained equipment, members feel comfortable and motivated during their workouts.

## **Efficient Planning and Appointments**

At Navarro Fitness Center, **\*\*appointments are required\*\*** to maximize your training experience. This ensures that every member receives personalized attention tailored to their individual goals. Anthony's expertise in Kinesiology means that he can help you plan your fitness journey effectively, setting realistic and achievable goals.

## **Why Choose Anthony?**

Anthony is more than just a personal trainer; he's a certified professional dedicated to helping clients achieve long-lasting results. His clients rave about his warm personality and deep knowledge of fitness. As one member noted, "Anthony makes the gym feel like a family," emphasizing the welcoming atmosphere he creates. With engaging 30-minute workouts, Anthony incorporates fun into the regimen, allowing clients to integrate fitness seamlessly into their schedules. One client shared, "I never thought I'd workout 3x a week, but now it's fun and part of my routine."

## **Join the Navarro Fitness Family**

If you're in search of a personal trainer who can challenge you while keeping workouts enjoyable, Anthony at Navarro Fitness Center is your answer. Clients appreciate the diverse classes and the dedication to perfecting form and technique, ensuring progression with each visit. Experience the difference yourself at Navarro Fitness Center, where fitness meets community in an accessible and friendly environment. Don't miss out on the opportunity to change your life—book your appointment today!

## **You can find us in**

1416 Park St, 94501 Alameda, California - United States (US)

The contact phone of the respective **Personal trainer** is +1510-520-6635  
And if you want to send a WhatsApp, you can do so at +1510-520-6635

## **We are open during the following hours:**

Day Hours  
Monday

*Closed*

Tuesday

*5–11?AM 3:30–9?PM*

Wednesday

*Closed*

Thursday

*5?AM–9?PM*

Friday

*Closed*

Saturday

*Closed*

Sunday

*5–11?AM 3:30–9?PM*

The website is Navarro Fitness Center

If you wish to change any detail that you think is not accurate about this web, we urge you to send us a message so that we will adjust it quickly. Thank you in advance thanks for your cooperation.

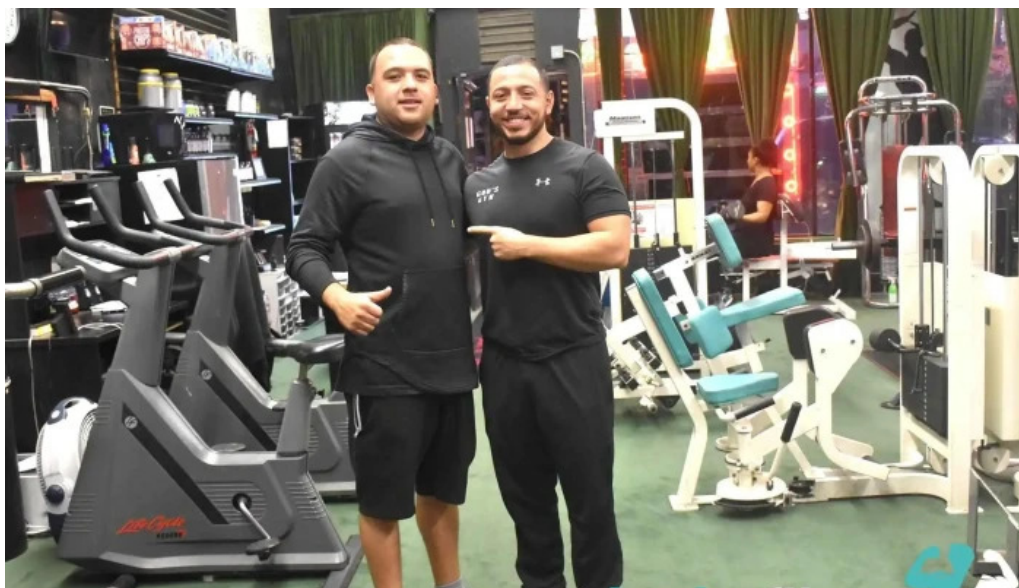
## **Images**



*Navarro fitness center training*



*Navarro fitness center street view 360deg*

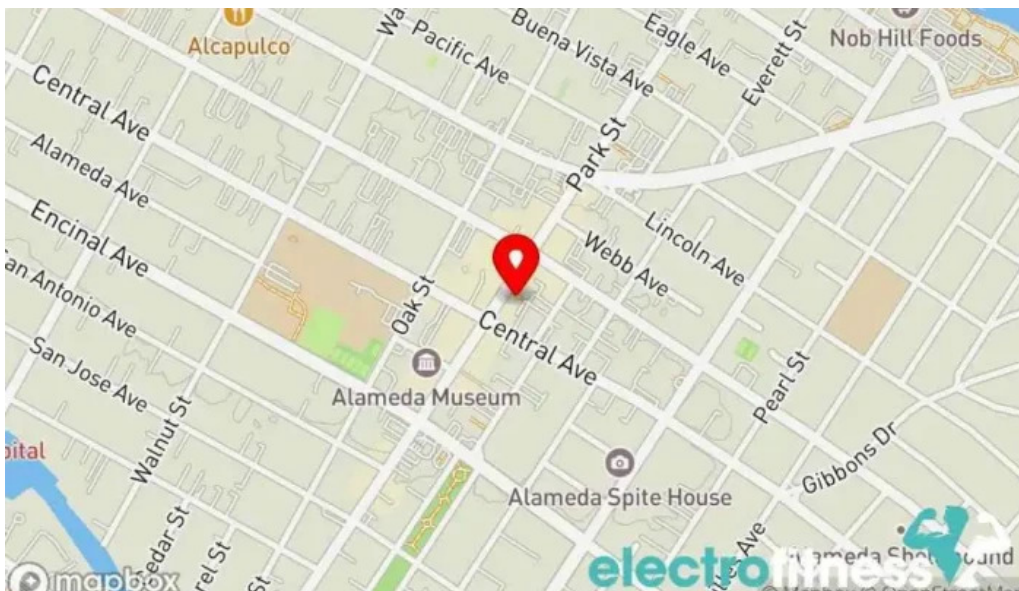


*Navarro fitness center physical fitness*





*Navarro fitness center personal trainer*



*Navarro fitness center map*



*Navarro fitness center gym*



*Navarro fitness center by owner*





*Navarro fitness center all*



*Navarro fitness center alameda*

## Tags

*Accessibility, Wheelchair-accessible entrance, Toilet, Appointment required, Wheelchair-accessible toilet, Wheelchair-accessible car park, Planning, Amenities*

## Related content

---

**4.9 \*** *Alachua Yoga Center - Alachua*

---

**4.0 \*** *Sage Yoga Center - Abilene*

---

**5.0 \*** *Center Studio Yoga - Waterbury Center*

---

**5.0 \*** *Kripalu Yoga and Wellness Center - Adams Center*

<b>5.0 *</b>	<i>Therapy Center Annex - Jennings</i>
<b>4.1 *</b>	<i>Abingdon Community Center Abingdon II - Abingdon</i>
<b>4.6 *</b>	<i>Ahwatukee Foot &amp; Ankle Center - Phoenix</i>
<b>1.0 *</b>	<i>Rise Paralysis Recovery Center - Walnut Creek</i>
<b>4.8 *</b>	<i>Center for Sports and Regenerative Orthopedics - Waldorf</i>
<b>4.6 *</b>	<i>The Salvation Army Ray &amp; Joan Kroc Corps Community Center - Quincy</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store



counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist

martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist

sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization