

## Rock Hard Fitness - Anchorage

anchorage

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## Rock Hard Fitness - Anchorage

### Discover Rock Hard Fitness: Your Ultimate Personal Trainer in Anchorage, Alaska

Rock Hard Fitness, led by the exceptional Rocky Reeves, is redefining personal training in Anchorage, Alaska. If you're looking to achieve your fitness goals while enjoying a supportive environment, this is the place for you.

### Amenities That Enhance Your Experience

At Rock Hard Fitness, the focus is not only on helping you lose weight and get fit but also on providing an enjoyable atmosphere. With state-of-the-art

**\*\*amenities\*\***, every workout becomes a pleasurable experience. Clients have praised the personal and customized approach Rocky takes, making fitness feel fun and challenging.

### **Accessibility for Everyone**

Rock Hard Fitness prides itself on being inclusive. The facility is equipped with a **\*\*wheelchair-accessible entrance\*\***, ensuring that everyone can participate in their health journey without barriers. Additionally, there is a **\*\*wheelchair-accessible car park\*\***, making it easy for those who require additional assistance to access the gym.

### **Comfort and Convenience**

In addition to accessibility, the gym provides essential facilities, including a well-maintained **\*\*toilet\*\*** that accommodates all visitors. This commitment to **\*\*accessibility\*\*** demonstrates Rock Hard Fitness's dedication to creating a welcoming environment for all clients, regardless of their physical needs.

### **Client Testimonials Speak Volumes**

The effectiveness of Rock Hard Fitness is evident in the success stories of its clients. One satisfied member shared, "I lost 20 lbs. in 90 days!!! He makes working out fun and challenging. I look forward to each appointment!" Such transformations are common at this gym, where Rocky's expertise and motivational techniques help individuals reach their targets. Another long-time client noted, "I have worked with Rocky off and on for years now. We have worked together to meet several of my goals and I was pleased with the results." This highlights Rocky's ability to tailor fitness programs to meet individual needs, showcasing his flexibility and understanding of personal goals.

### **Join Rock Hard Fitness Today**

If you want to experience effective personal training in a supportive and accessible environment, look no further than Rock Hard Fitness in Anchorage. With dedicated staff, excellent amenities, and a commitment to inclusivity, you're sure to find a community that empowers you to achieve your fitness dreams.

### **Our business is found at**

6501 Changepoint Dr, 99518 Anchorage, Alaska - United States (US)

The phone number of this **Personal trainer** is +1907-222-5251

And if you want to send a WhatsApp, you can do so at +1907-222-5251

## Our business hours are:

Day	Hours
Monday	Closed
Tuesday	9?AM–5?PM
Wednesday	9?AM–5?PM
Thursday	9?AM–5?PM
Friday	9?AM–5?PM
Saturday	9?AM–5?PM
Sunday	9?AM–5?PM

The website is [Rock Hard Fitness](#)

If necessary to alter any detail that you feel is not accurate related to this site, we urge you to send us a message so that we will adjust it as soon as possible. Thanks beforehand thanks.

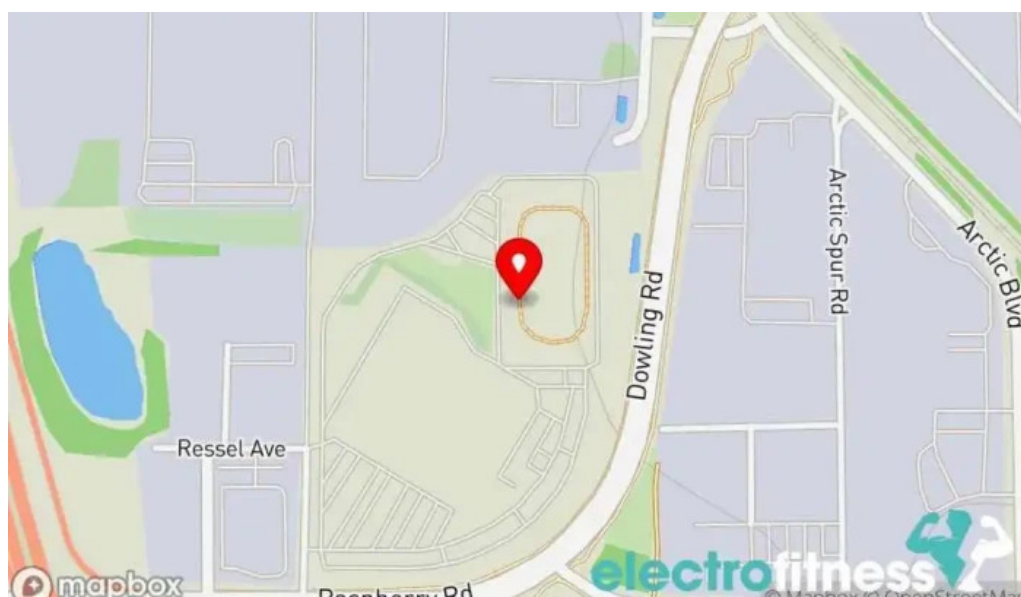
## Images



*Rock hard fitness street view 360deg*



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## Tags

*Wheelchair-accessible car park, Wheelchair-accessible entrance, Toilet, Amenities, Accessibility*

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basketball club
basketball court
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boot camp
boxing club
boxing gym
boxing ring
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dance company
dance school

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disc golf course
discount store
dive shop
doctor
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firearms academy
fitness
fitness center
fitness equipment wholesaler
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foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
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hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling

indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
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resort hotel
restaurant
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