

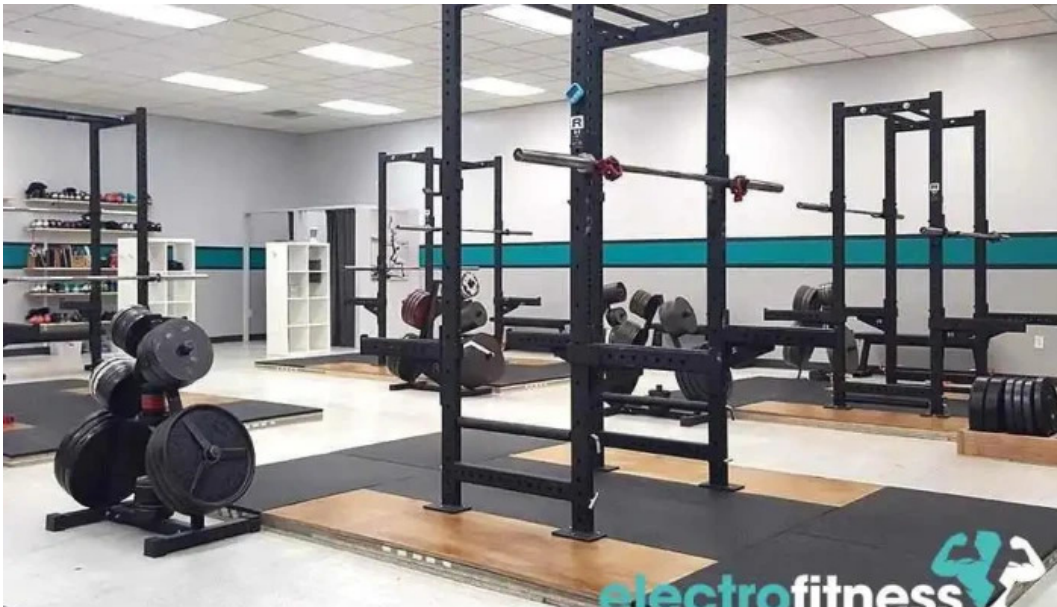
Bay Strength - Berkeley

berkeley

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berkeley

Bay Strength - Berkeley

Discover Bay Strength: Your Premier Personal Trainer in Berkeley, California

Are you looking for a top-notch personal trainer that meets all your fitness needs? Look no further than **Bay Strength**, located in the heart of Berkeley, California. This gym not only focuses on helping individuals achieve their fitness goals but also ensures a welcoming environment for everyone.

Planning Your Fitness Journey

At Bay Strength, **planning** is key to a successful fitness journey. The dedicated trainers work closely with clients to create personalized workout plans tailored to individual goals, ensuring maximum efficiency and results.

Accessibility Matters

For those who require additional support, Bay Strength features a **wheelchair-accessible entrance** and a **wheelchair-accessible toilet**. This commitment to **accessibility** makes it an ideal choice for individuals with mobility challenges.

Amenities That Enhance Your Experience

Clients can enjoy various **amenities** designed to enhance their workout experience. From modern equipment to comfortable changing areas, Bay Strength ensures that every aspect of a client's visit is enjoyable.

Parking Convenience

Worried about where to park? Bay Strength offers a **wheelchair-accessible car park**, making it easy for everyone to access the facility with minimal stress.

Appointments Recommended for Optimal Results

To provide the best services possible, **appointments are recommended**. This allows trainers to dedicate time and attention to each client, maximizing their focus on achieving fitness goals.

Join Bay Strength Today!

If you're ready to take the next step in your fitness journey, consider Bay Strength in Berkeley, California. With its inclusive facilities and dedicated trainers, you'll find the support you need to succeed!

The address of our establishment is

1440 University Ave, 94702 Berkeley, California - United States (US)

The phone of said **Personal trainer** is +1510-560-5438

And if you want to send a WhatsApp, you can do so at +1510-560-5438

We are open during the following hours:

Day Hours

Monday

6?AM–2?PM 3–9?PM

Tuesday

6?AM–2?PM 3–9?PM

Wednesday

8?AM–12?PM

Thursday

9?AM–1?PM

Friday

6?AM–2?PM 3–9?PM

Saturday

6?AM–2?PM 3–9?PM

Sunday

6?AM–2?PM 3–9?PM

The website is [Bay Strength](#)

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Images



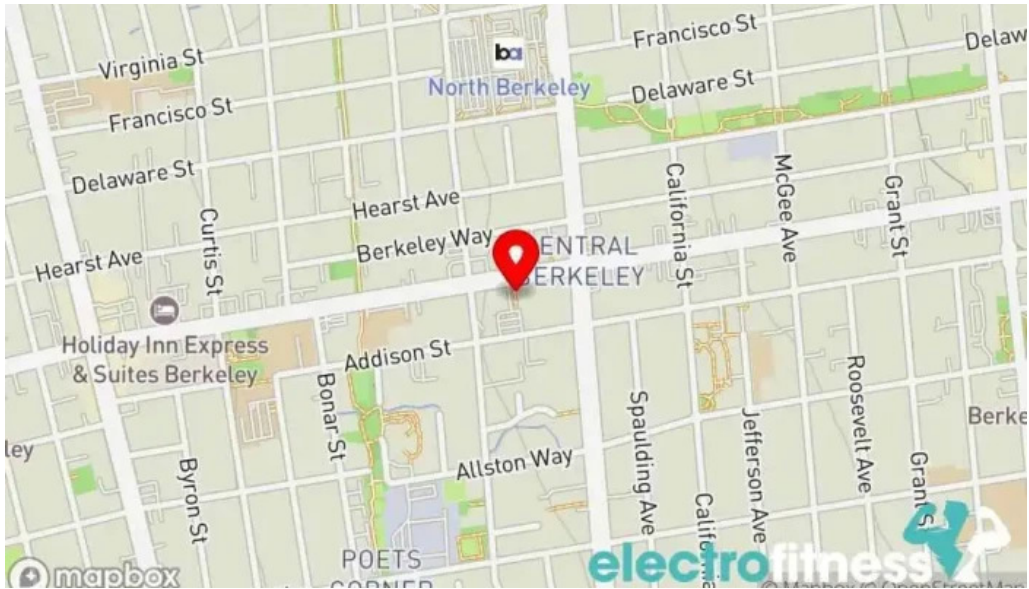
Bay strength training



Bay strength street view 360deg



Bay strength physical fitness



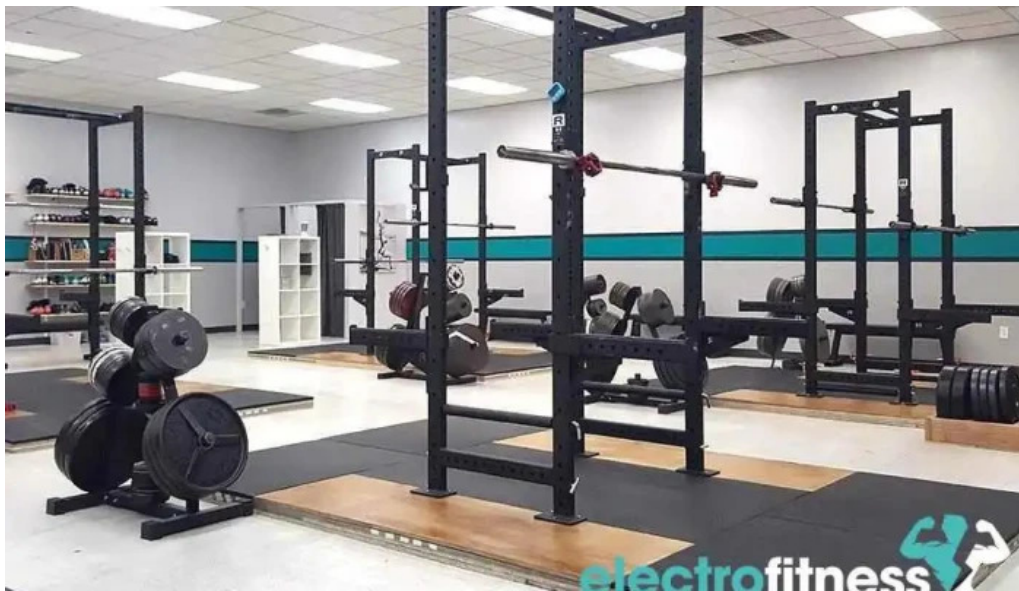
Bay strength map



Bay strength gym



Bay strength by owner



Bay strength berkeley



Bay strength all

Tags

Wheelchair-accessible toilet, Accessibility, Appointments recommended, Amenities, Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Toilet

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5.0 * *Alex Bales Strength & Wellness - Valparaiso*

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dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
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indoor cycling
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kickboxing school
kinesiologist
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rehabilitation center
rock climbing gym
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self defense school
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sports school
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wellness program
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