

## RenewMe Fitness - Bethesda

bethesda

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## *RenewMe Fitness - Bethesda*

**Welcome to RenewMe Fitness: Your Personal Trainer in Bethesda, Maryland**

At **RenewMe Fitness**, we pride ourselves on being an **Asian-owned** establishment that focuses on inclusivity and accessibility for everyone. Our facility is designed with **gender-neutral toilets** and is a **transgender safe space**, ensuring comfort for all clients.

**Comprehensive On-Site Services**

We offer a variety of **on-site services** tailored to meet individual needs. Our trainers work one-on-one with clients to develop personalized fitness plans. For those who prefer flexibility, we also provide **online classes** and **outdoor services** to accommodate different preferences.

## Top-Notch Amenities and Accessibility

RenewMe Fitness is equipped with essential **amenities** including:  
**Wheelchair-accessible entrance** **Wheelchair-accessible seating**  
**Wheelchair-accessible car park**

We prioritize **accessibility** so that everyone can enjoy our fitness programs without barriers. Whether you require special accommodations or just want to ensure a smooth experience, we've got you covered.

## Client-Centric Approach

From the business's perspective, our mission is clear: we are committed to your well-being. Our founder, Peter, takes the time to personally assess new clients to create effective fitness plans. His dedication is reflected in the success stories of our members, such as a 65-year-old client recovering from an injury who has achieved remarkable progress through our tailored programs.

## Safety and Support

Our trainers are not only **excellent** in their skills but are also focused on safety. They know how to push clients while maintaining safety as a top priority. Many of our clients have seen significant improvements, including those with specific conditions like Parkinson's disease.

## Community and Crowd Engagement

We value building a supportive community. Our team of trainers fosters a welcoming environment where everyone can thrive together. **Appointments are recommended** to ensure you receive the attention and support you need during every session. **Appointment required** services help us maintain a balanced **crowd**, allowing for optimal interaction and focus.

## Your Next Step with RenewMe Fitness

If you or a loved one needs fitness guidance, look no further than RenewMe Fitness. Our dedicated trainers are ready to help you regain mobility, strength, and independence. **Plan your visit** today and discover why many recommend us for fitness advice!

## The location of our premises is

6701 Democracy Blvd #300, 20817 Bethesda, Maryland - United States (US)

The phone of said **Personal trainer** is +1240-558-4544

And if you want to send a WhatsApp, you can do so at +1240-558-4544

## We open at the following schedule:

Day	Hours
Monday	6?AM–8?PM
Tuesday	6?AM–8?PM
Wednesday	6?AM–8?PM
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	6?AM–8?PM

The website is RenewMe Fitness

If you wish to modify any information that you believe is not accurate concerning this page, we urge you to send us a message so that we will correct it at the earliest convenience. With anticipation thank you very much.

## Images



*Renewme fitness training*

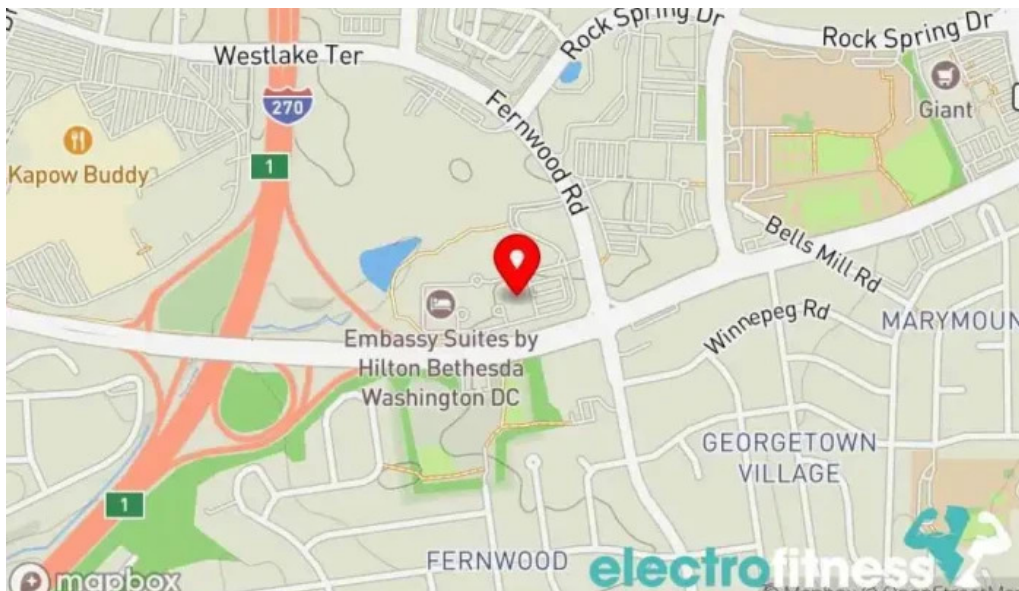


*Renewme fitness street view 360deg*





*Renewme fitness physical fitness*



*Renewme fitness map*



*Renewme fitness gym*



*Renewme fitness by owner*



*Renewme fitness bethesda*



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## Tags

*LGBTQ+ friendly, On-site services, Toilet, Crowd, Appointments recommended, Service options, Wheelchair-accessible entrance, Wheelchair-accessible car park, Online classes, From the business, Outdoor services, Gender-neutral toilets, Accessibility, Identifies as Asian-owned, Amenities, Planning, Transgender safe space, Wheelchair-accessible seating, Appointment required*

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5.0 *	<i>Revolution Community Yoga - Acton</i>
5.0 *	<i>Everfit Motion Llc - Pleasant Hill</i>
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3.7 *	<i>Portage Township Ymca - Portage</i>
5.0 *	<i>American Martial Arts Gym - Waldorf</i>
5.0 *	<i>Brandie Freeman - Bfitjunky Studio - Watertown</i>
5.0 *	<i>United Athletics Fitness - Littlestown</i>

## Categories

academic department
acupuncture clinic
amusement park ride
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body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club



coworking space
cultural center
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
food producer
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program

physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization