

Get Fit - Bridgewater

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Welcome to Get Fit: Your Premier Personal Trainer in Bridgewater, Massachusetts

If you're searching for a supportive and diverse fitness community in Bridgewater, look no further than **Get Fit**. This women-owned gym not only promotes a healthy lifestyle but also ensures that everyone feels welcome, regardless of their fitness level.

Outdoor Services and Online Classes

At Get Fit, members have the option to enjoy **outdoor services**, making workouts refreshing and invigorating. Additionally, the availability of **online classes** ensures you can stay active from the comfort of your home whenever needed. This flexibility is essential for maintaining a consistent fitness routine.

Amenities and Accessibility

Access to the right **amenities** can make or break your gym experience. Get Fit prides itself on being inclusive with a **wheelchair-accessible entrance** and **wheelchair-accessible toilet**. The **wheelchair-accessible car park** provides convenient access for everyone, ensuring that fitness is truly for all.

Personalized Training and On-Site Services

The trainers at Get Fit are more than just fitness instructors; they are dedicated to your journey. They focus on **on-site services** tailored to individual needs, providing the necessary support whether you are recovering from an injury or looking to achieve new fitness goals. The coaches possess extensive knowledge in physical therapy, nutrition, and pain management, creating a well-rounded program for each member.

Community and Support

The sense of community at Get Fit is undeniable. Members often describe it as a second home where everyone feels welcomed from day one. With trainers who genuinely care about your success, you will find encouragement and motivation in every class. The warm and friendly atmosphere makes exercise enjoyable and something to look forward to.

Planning Your Fitness Journey

Peace of mind while planning your workouts is crucial. Appointments are recommended, and the gym utilizes a user-friendly scheduling app that makes dropping into classes a breeze. Flexibility in class times caters to busy schedules, allowing you to prioritize your health without added stress.

Why Choose Get Fit?

Choosing Get Fit means choosing a gym that prioritizes its members' needs. With a variety of classes, from personal training to kid's conditioning, there's something for everyone. The commitment of the coaches to help you reach your goals is unparalleled. You'll learn proper form, engage in meaningful classes, and find accountability through consistent goal reviews.

In conclusion, if you're in Bridgewater, Massachusetts, and searching for a gym that truly cares, consider joining Get Fit. Their array of services, expert coaching, and welcoming environment will transform your fitness journey. Stop by for a tour and discover how this amazing community can support you in achieving your health and fitness goals!

You will find us at

25 Scotland Blvd, 02324 Bridgewater, Massachusetts - United States (US)

The phone of said **Personal trainer** is +1508-960-6899

And if you want to send a WhatsApp, you can do so at +1508-960-6899

We open at the following schedule:

Day	Hours
Monday	5:30?AM–7?PM
Tuesday	7:30–11?AM
Wednesday	9–10?AM
Thursday	5:30?AM–7?PM
Friday	5:30?AM–7?PM
Saturday	5:30?AM–7?PM
Sunday	5:30?AM–7?PM

The website is GET Fit

If you require to alter any detail that you believe is not correct related to this portal, we ask send a message so we can we will correct it at the earliest convenience. Thank you in advance thanks.

Images



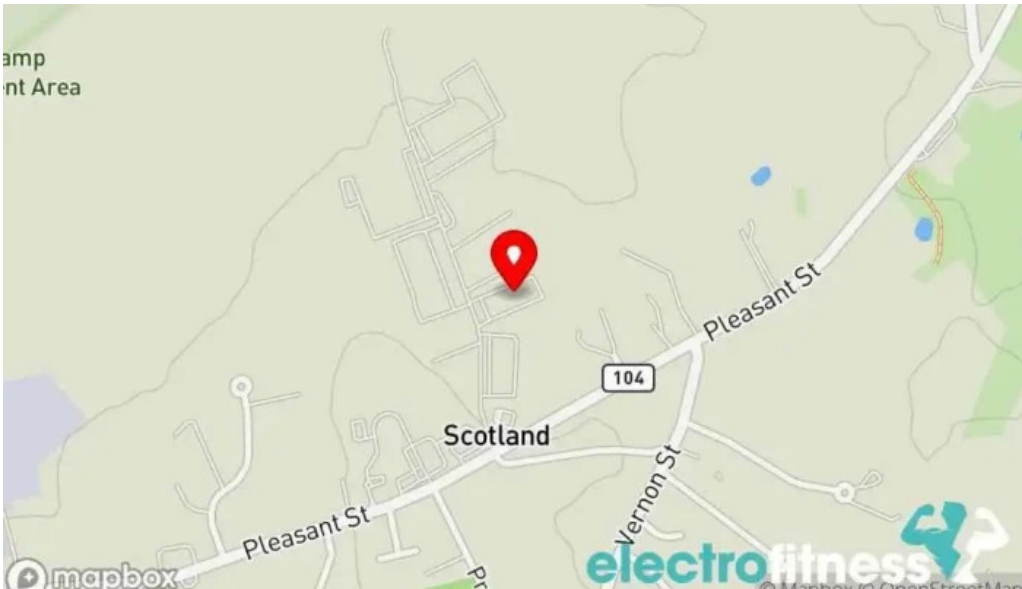
Get fit training



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Get fit gym



Get fit by owner



Get fit bridgewater



Get fit all

Tags

Accessibility, Wheelchair-accessible entrance, From the business, Outdoor services, Identifies as women-owned, Appointments recommended, On-site services, Planning, Online classes, Wheelchair-accessible car park, Toilet, Service options, Amenities, Wheelchair-accessible toilet

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3.7 *	<i>Inspired Fit 4 U - Concord</i>
4.8 *	<i>Royal Fit Nutrition - Abbeville</i>
5.0 *	<i>Abc Fitness Connection - Waldorf</i>

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pilates studio
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recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
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sports club
sports complex
sports medicine clinic
sports school
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swimming school
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