

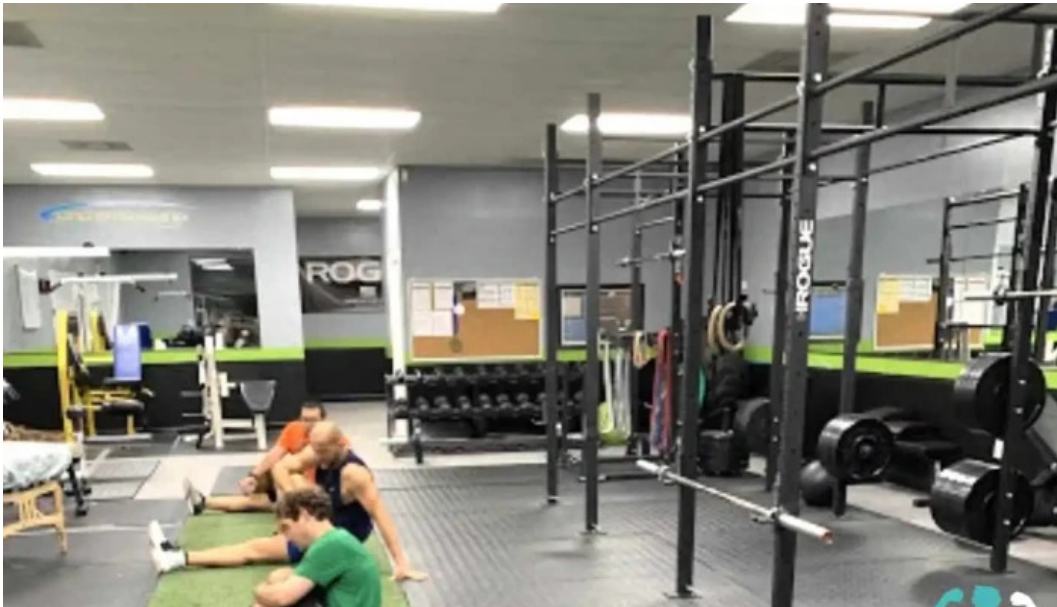
Underground Muscle llc - Burlington

burlington

☐ I'm not a robot
 

| | |
|------------------------|--------------|
| Published on: 05/05/25 | Hits: 632 |
| Comments: 0 | See comments |
| Votes: 79 | Score: 4.8 |

https://www.electrofitness.com/personal-trainer/burlington/underground-muscle-llc-burlington_269923.php



burlington

Underground Muscle llc - Burlington

Welcome to Underground Muscle LLC: Your Personal Training Destination in Burlington, North Carolina

At **Underground Muscle LLC**, located in the heart of **Burlington, North Carolina**, we pride ourselves on providing an exceptional personal training experience. Our facility is designed with ****accessibility**** in mind, featuring a ****wheelchair-accessible entrance**** and ****toilet facilities**** to ensure everyone can benefit from our services.

Planning Your Fitness Journey

When you join us, we understand that every individual's fitness journey is unique. RJ, our lead personal trainer, excels in creating personalized workout plans tailored specifically to your body type and fitness goals. Whether you're looking to lose weight, build muscle, or simply enhance your overall health, RJ provides a comprehensive approach that includes not only physical training but also dietary advice to keep you on track.

Accessibility and Amenities

We are committed to ensuring that all clients feel welcome and comfortable during their workouts. Our gym features a ****wheelchair-accessible car park****, and we strongly recommend making an ****appointment**** to ensure that all your needs are met upon arrival. With a ****wheelchair-accessible toilet**** available, we strive to make your experience at Underground Muscle as convenient as possible.

Appointments Recommended for Optimal Results

To make the most of your time with us, ****appointments are recommended****. This allows RJ to focus entirely on your specific requirements during each session, ensuring that you receive the attention and motivation needed to reach your fitness goals. Clients have noted RJ's ability to adjust workouts to accommodate individual needs, including modifications for injuries, making him a highly sought-after trainer.

Client Testimonials Speak Volumes

RJ has received numerous accolades from satisfied clients. Here are some highlights: - "RJ is fantastic! He is extremely knowledgeable and personalizes workouts to my body type. I've already seen great results." - "I appreciate RJ's motivational approach. He keeps me focused and tailors sessions to meet my individual needs." - "The atmosphere at Underground Muscle is welcoming; I never feel judged, and everyone pushes each other to succeed."

Join the Community at Underground Muscle

Becoming part of the Underground Muscle family means you're surrounded by motivated individuals striving for improvement. You'll find that each workout is not just a session but an engaging experience. RJ's enthusiasm and structured programs keep you coming back for more. If you're serious about transforming your health and fitness, contact us today to schedule your appointment at Underground Muscle LLC. Together, we will embark on a journey towards achieving your goals in a supportive and encouraging environment. Don't wait – take the first step towards a healthier you!

You can reach us at

150 Holly Hill Ln, 27215 Burlington, North Carolina - United States (US)

The phone number of said **Personal trainer** is +1336-585-4680

And if you want to send a WhatsApp, you can do so at +1336-585-4680

Our opening hours are:

Day Hours
Monday

6?AM–6:30?PM

Tuesday

6?AM–6:30?PM

Wednesday

6?AM–6:30?PM

Thursday

6?AM–6:30?PM

Friday
6–11?AM

Saturday

Closed

Sunday

Closed

If you wish to update any data that you believe is incorrect related to this web, please forward a message so we can we will handle it as soon as possible. Thanks beforehand thanks for your cooperation.

Images



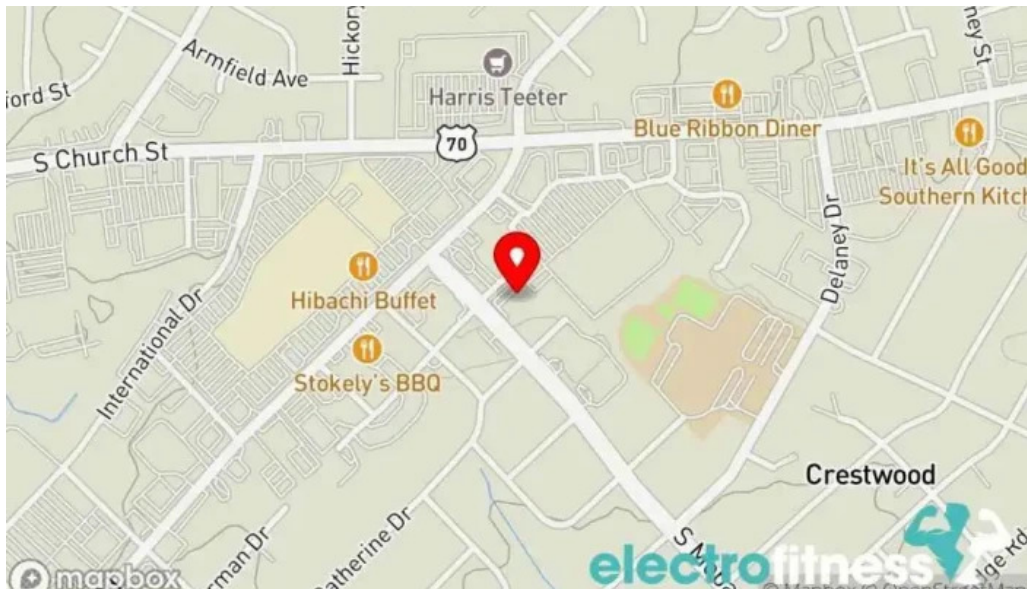
Underground muscle llc training



Underground muscle llc street view 360deg



Underground muscle llc physical fitness



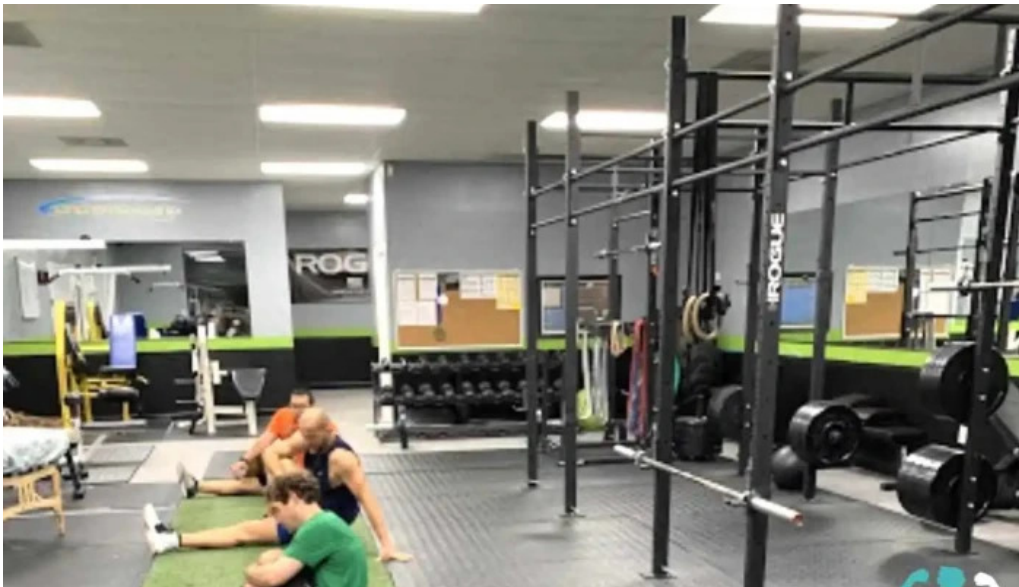
Underground muscle llc map



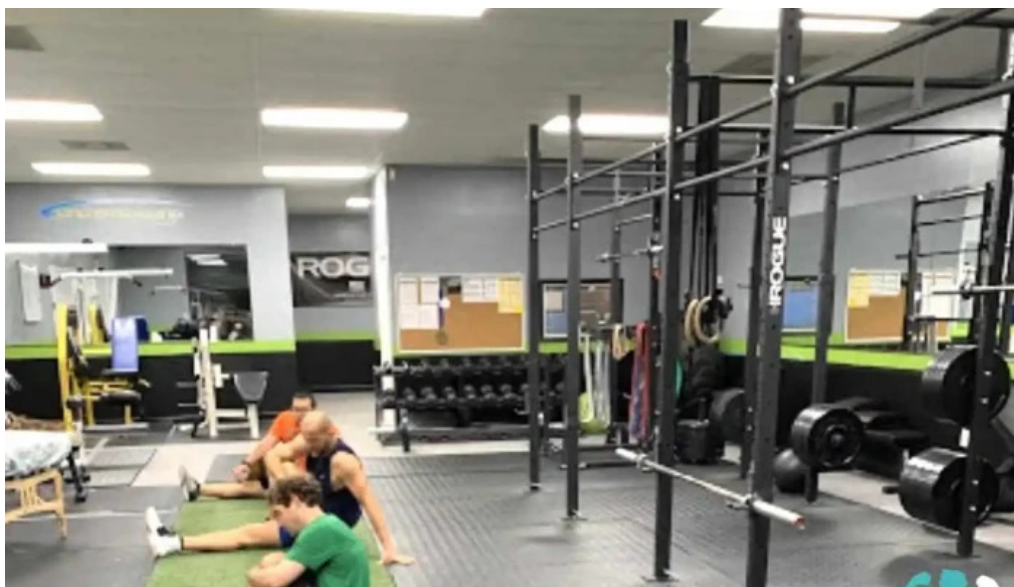
Underground muscle llc gym



Underground muscle llc by owner



Underground muscle llc burlington



Underground muscle llc all

Tags

Planning, Amenities, Accessibility, Appointment required, Toilet, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Appointments recommended, Wheelchair-accessible car park

Related content

- | | |
|-------|---|
| 4.9 * | <i>Muscle House and Fitness - Indian Head</i> |
| 4.9 * | <i>American Muscle & Fitness - Akron</i> |
| 4.7 * | <i>Mountain Muscle - Oakhurst</i> |
| 5.0 * | <i>Underground Fitness Revolution (METBurn) - Alachua</i> |
| 5.0 * | <i>Burlington Strength & Fitness - Burlington</i> |
| 4.1 * | <i>Elite Muscle & Nutrition Llc - Adrian</i> |
| 3.6 * | <i>Crunch Fitness - Burlington - South Burlington</i> |
| 4.9 * | <i>Functional Muscle Fitness - Concord</i> |
| 5.0 * | <i>Future Fit - Burlington</i> |
| 5.0 * | <i>Hiit Performance Training - South Burlington</i> |

Categories

| |
|---------------------|
| academic department |
|---------------------|

| |
|----------------------------|
| acupuncture clinic |
| after school program |
| amusement center |
| amusement park ride |
| animal feed store |
| apartment complex |
| aquatic centre |
| arena |
| association / organization |
| athletic club |
| auditorium |
| bar |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| children's party service |
| chiropractor |
| church |
| club |
| coffee shop |
| community center |
| convenience store |
| counselor |
| country club |
| coworking space |
| cultural center |
| dance company |
| dance school |
| day spa |
| disc golf course |
| dollar store |
| educational institution |
| elementary school |
| exercise equipment store |
| facial spa |
| firearms academy |
| fitness |

| |
|------------------------------|
| fitness center |
| fitness equipment wholesaler |
| food producer |
| foot care |
| gated community |
| golf club |
| golf course |
| golf instructor |
| grocery store |
| gym |
| gymnasium school |
| gymnastics center |
| hair salon |
| health consultant |
| health food restaurant |
| health spa |
| hiking area |
| hospital |
| hotel |
| indoor cycling |
| jujitsu school |
| karate club |
| karate school |
| kennel |
| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
| massage spa |
| massage therapist |
| medical spa |
| meditation center |
| metaphysical supply store |
| muay thai boxing gym |
| non-profit organization |
| nutritionist |
| park |
| parking lot |
| parkour spot |
| personal trainer |
| pharmacy |

| |
|--------------------------------|
| physical fitness program |
| physical therapist |
| physical therapy clinic |
| pickleball court |
| pilates studio |
| private golf course |
| public educational institution |
| public swimming pool |
| recreation center |
| rehabilitation center |
| resort hotel |
| rock climbing |
| rock climbing gym |
| rv park |
| sauna |
| school district office |
| self defense school |
| senior citizen center |
| shooting range |
| shopping mall |
| soccer club |
| spa |
| spa and health club |
| sporting goods store |
| sports club |
| sports complex |
| sports massage therapist |
| sports medicine clinic |
| sports nutrition store |
| sports school |
| summer camp organizer |
| supermarket |
| swimming facility |
| swimming instructor |
| swimming school |
| tennis club |
| thrift store |
| training centre |
| vitamin & supplements store |
| weight loss service |
| weightlifting area |
| wellness center |

| |
|--------------------------|
| wellness program |
| women's personal trainer |
| wrestling school |
| yoga instructor |
| yoga studio |
| youth organization |