

Bodyfeed - Cape Coral

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Discover Bodyfeed: Your Personal Trainer in Cape Coral, Florida

If you're looking to transform your fitness journey, **Bodyfeed** in Cape Coral, Florida, is the place to be. With a focus on triathlon coaching and overall wellness, Bodyfeed has become a haven for fitness enthusiasts aiming to achieve their personal best.

Meet Eddie Keller: The Coach Behind Your Success

Eddie Keller, the mastermind behind Bodyfeed, has garnered rave reviews from his clients. One participant remarked, "Eddie is a great coach, and I love being a part of Team Bodyfeed!" His responsiveness to questions via **texts and social media** demonstrates his commitment to supporting each individual's journey.

A Journey of Transformation

Many who have trained at Bodyfeed share their success stories, illustrating the transformative power of Eddie's coaching. One client, who began training at age 43, recalled struggling through her first sprint triathlon but later found her stride with Bodyfeed's guidance. Less than a year after starting, she accomplished a **70.3 Ironman** and is now preparing for even more challenges.

The Community That Supports You

The atmosphere at Bodyfeed is not just about training; it's about community. As one client passionately stated, "The friendship, camaraderie, and support from the whole team are amazing." This supportive environment encourages individuals to push their limits while celebrating each other's successes.

Significant Improvements in Just Months

Many clients witness rapid improvements in their endurance and performance. Otis Delgado shared, "I started this year and showed massive improvements in just 3 months." The personalized coaching and structured training plans ensure that everyone can meet their fitness goals, whether it's completing their first triathlon or improving their running pace.

More Than Just Fitness: A True Therapy

Bodyfeed offers more than just physical conditioning—it's described as a form of therapy. Clients appreciate the professionalism and competence of the coaching staff, emphasizing the importance of friendship and solidarity among members. As one client noted, "Bodyfeed Sports Consulting is a true therapy."

Join Team Bodyfeed Today!

If you're ready to take your fitness to the next level and want to enjoy the journey alongside a supportive community, consider joining **Team Bodyfeed**. With Eddie as your coach, you'll not only improve your athletic skills but also gain confidence, strength, and lasting friendships. Don't wait—start your transformation today!

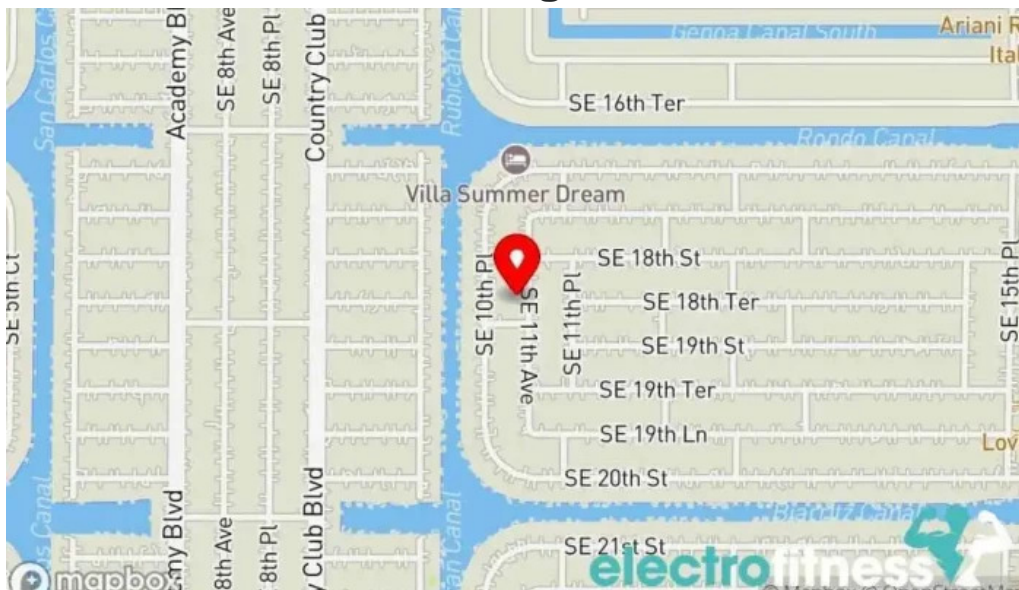
Our business is found at

1814 SE 11th Ave, 33990 Cape Coral, Florida - United States (US)

The contact phone of the respective **Personal trainer** is +1239-257-5810
And if you want to send a WhatsApp, you can do so at +1239-257-5810

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Images



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Tags

florida, success, improvements, fitness, triathlon, bodyfeed, coaching, clients, therapy, journey, community, personal

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