

Electro Fitness: Best Electro Fitness

#### **Destination Fitness - Closter**

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## Destination Fitness - Closter

# Destination Fitness: Your Ultimate Personal Training Hub in Closter, New Jersey

If you're looking to transform your fitness journey, \*\*Destination Fitness\*\* in Closter, New Jersey, is the perfect place to start. This women-owned personal training studio has garnered rave reviews from its members, who praise its supportive atmosphere and exceptional trainers.

## **Appointments Recommended for Tailored Experience**

At Destination Fitness, appointments are highly recommended to ensure you

receive personalized attention tailored to your unique goals. The trainers, Stephanie and Kathy, create customized programs that cater specifically to individual needs, whether it involves weights, cardio, or nutrition guidance.

## **Accessibility and Amenities for Everyone**

Accessibility is a key feature at this boutique gym. With a \*\*wheelchair-accessible toilet\*\* and on-site parking options, everyone can feel comfortable and welcomed. The facility also offers \*\*free of charge street parking\*\*, making it convenient for all visitors.

#### **Modern Amenities to Enhance Your Workout**

Destination Fitness is equipped with modern amenities that make your workout experience more enjoyable. Members benefit from various \*\*on-site services\*\*, including nutrition planning and group classes designed to foster a community atmosphere. Whether you're attending \*\*online classes\*\* or participating in in-person sessions, you'll find the environment inclusive and motivating.

#### **On-Site Services that Make a Difference**

The trainers at Destination Fitness prioritize your success, providing not just physical training but also valuable lifestyle advice. From meal plans to fitness routines, their hands-on approach ensures you receive support at every step of your journey. Many clients have transformed their lives through the dedicated coaching received at this gym.

## **Community Support and Encouragement**

One of the standout features of Destination Fitness is its strong sense of community. Clients rave about the encouraging atmosphere, stating how it fosters motivation and connection among participants. Group classes offer an infectious energy that helps individuals push their limits and achieve goals they once thought impossible.

## Join the Journey at Destination Fitness

Destination Fitness stands out as an unparalleled resource for anyone looking to enhance their fitness and nutrition. With top-notch trainers, flexible scheduling, and a commitment to personal growth, this gym is indeed a hidden gem in Closter, New Jersey. So, whether you're just starting your fitness journey or looking to take your training to the next level, Destination Fitness is ready to support you every step of the way.

#### The address of our establishment is

120 Railroad Ave, 07624 Closter, New Jersey - United States (US)

The phone of the respective **Personal trainer** is <u>+1201-788-5991</u> And if you want to send a WhatsApp, you can do so at+1201-788-5991

#### Our service hours are:

Day Hours
Monday
Closed
Tuesday
8?AM-7:30?PM
Wednesday
8?AM-12?PM
Thursday
8?AM-7:30?PM
Eriday
8?AM-7:30?PM
Saturday
8?AM-1?PM
Sunday
8?AM-12?PM

### The website is **Destination Fitness**

If you require to alter any element that you consider is not precise about this page, we ask send a message so we can we will correct it quickly. Thanks beforehand we appreciate it.

# **Images**



Destination fitness training



Destination fitness street view 360deg



Destination fitness physical fitness



Destination fitness map



Destination fitness closter



Destination fitness by owner



Destination fitness all

## **Tags**

Appointments recommended, Wheelchair-accessible toilet, On-site services, From the business, Amenities, On-site parking, Parking, Toilet, Planning, Free of charge street parking, Accessibility, Online classes, Appointment required, Identifies as women-owned, Service options

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convenience store
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counselor
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coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
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kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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sports nutrition store
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swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
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weight loss service
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women's organization
women's personal trainer
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