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BodyEliteFit Personal Training Studio - Englewood Cliffs

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BodyEliteFit Personal Training Studio - Englewood Cliffs

Discover BodyEliteFit Personal Training Studio in Englewood Cliffs, New Jersey

Welcome to BodyEliteFit Personal Training Studio, a top-rated personal training facility nestled in Englewood Cliffs, New Jersey. With an inviting atmosphere and personalized services, this studio is dedicated to helping you achieve your fitness goals, no matter your starting point.

Appointments Recommended for Tailored Experience

To ensure the best training experience, **appointments are recommended** at BodyEliteFit. This approach allows trainers to tailor workouts specifically to individual needs and goals, ensuring a more effective and engaging training session. Frank, the owner, and his team work closely with clients to create customized plans that include nutrition guidance and fitness strategies tailored just for you.

A Welcoming Atmosphere for All

Step into BodyEliteFit and feel the **warm and welcoming atmosphere** that encourages growth and support. Clients often describe it as family-like, where trainers genuinely care about their progress. The intimate setting fosters personal connections, making each visit feel special and motivating.

Accessibility and Amenities

BodyEliteFit is committed to inclusivity with features like

wheelchair-accessible entrances and **toilets**, ensuring that everyone can
benefit from their services. The studio offers **on-site parking**, including a

free parking lot, making it convenient for all visitors. Additional amenities
include: - Clean and well-maintained **shower facilities** - Accessible

wheelchair seating - Comprehensive **on-site services** to cater to various
needs

Flexible Service Options

Whether you're looking for in-person training, online classes, or hybrid sessions, BodyEliteFit provides flexible **service options** to fit around your busy schedule. This adaptability makes it easier for individuals with hectic lives to stay committed to their fitness journeys.

Client Success Stories

Customers rave about their experiences at BodyEliteFit. Many share transformational stories, such as significant weight loss, improved strength, and enhanced overall well-being. One client noted, "I was able to lose 60 pounds and feel healthier than I ever have." The focus on **form and technique** not only aids in achieving better results but also helps prevent injuries.

Why Choose BodyEliteFit?

If you're tired of the conventional gym experience and desire personal attention, BodyEliteFit is the perfect place for you. With **one-on-one coaching**, knowledgeable trainers like Gianna and Skyler, and a supportive environment, the studio sets itself apart from the typical gym scene. Clients express their satisfaction, stating it's the "most suitable place for me every time I train here."

Conclusion

In summary, BodyEliteFit Personal Training Studio in Englewood Cliffs, New Jersey, offers a unique fitness experience enhanced by professional trainers, personalized service, and a warm atmosphere. With convenient amenities, flexible scheduling, and strong community support, BodyEliteFit is your ideal partner on the journey to health and fitness. Don't hesitate—make an appointment today and start your path to transformation!

We are found at

661 E Palisade Ave Suite 2B, 07632 Englewood Cliffs, New Jersey - United States (US)

The contact phone of the mentioned **Personal trainer** is <u>+1201-816-0267</u> And if you want to send a WhatsApp, you can do so at<u>+1201-816-0267</u>

We are open during the following hours:

Day Hours Monday Closed Tuesday 6?AM-9?PM Wednesday 6?AM-9?PM Thursday 6?AM-9?PM Eriday 6?AM-9?PM Saturday 6?AM-9?PM Sunday 7?AM-3?PM

The website is **BodyEliteFit Personal Training Studio**

If you require to alter any element that you think is not precise related to this web, we kindly request send us a message and we will fix it at the earliest convenience. Thanks beforehand thanks for your cooperation.

Images



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Bodyelitefit personal training studio by owner



Bodyelitefit personal training studio all

Tags

On-site services, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Amenities, Online classes, Free parking lot, Wheelchair-accessible seating, Appointments recommended, Appointment required, Planning, Shower, Toilet, On-site parking, Service options, Atmosphere, Parking

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