

BODYbyChantal - Glasgow

glasgow

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glasgow

BODYbyChantal - Glasgow

Discover BODYbyChantal: Your Premier Personal Trainer in Glasgow, Kentucky

If you're looking for a personal trainer that combines fun with effective workouts, look no further than BODYbyChantal in Glasgow, Kentucky. Known for its vibrant atmosphere and engaging classes, BODYbyChantal offers an experience that goes beyond traditional fitness training.

Planning Your Fitness Journey

At BODYbyChantal, planning your fitness journey is made easy. The

scheduling of classes allows you to fit workouts into your busy lifestyle. Whether you prefer early morning sessions or evening classes, there are plenty of options available to suit your needs. Keep in mind that ****appointment is required**** for some classes, ensuring personalized attention in every session.

Amenities That Enhance Your Experience

The amenities at BODYbyChantal are designed to make your workout experience comfortable and enjoyable. With a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible toilet****, everyone can enjoy their time at the facility without barriers. Furthermore, there's a ****wheelchair-accessible car park****, ensuring easy access for those with mobility challenges.

On-site Services for Every Fitness Enthusiast

BODYbyChantal offers a variety of ****on-site services**** that cater to different fitness levels and preferences. One standout feature is the availability of ****online classes****. This modern option allows you to engage with Chantal's dynamic training from the comfort of your home, making it accessible for those who may not be able to attend in person.

Accessibility and Inclusivity

Accessibility is a top priority at BODYbyChantal. From the layout of the space to the services offered, the goal is to create an inclusive environment. The ****wheelchair-accessible entrance**** and facilities ensure all individuals can participate in the invigorating classes without any hassle.

Join the Fun with Engaging Classes

With enthusiastic testimonials from previous participants, it's clear that Chantal's classes are a must-try. Described by attendees as "fun and motivational," the Bungee Burn class transforms calorie-burning into an exhilarating experience. One participant exclaimed, "It doesn't even feel like exercise because it's so much fun!" Another noted, "You may not be able to walk for a week, but it's worth it!" This highlights the intensity and effectiveness of the workouts led by Chantal. It's the excitement and energy she brings that keeps clients returning.

The Ultimate Fitness Experience Awaits You

At BODYbyChantal, there is always something to look forward to. The dynamic workouts, coupled with Chantal's infectious enthusiasm, create a community atmosphere that keeps motivation high. Whether you're a beginner or a seasoned fitness lover, you will leave each session feeling accomplished and energized. If you're ready to take the next step in your fitness journey, make sure to plan your appointment today and experience the unique offerings at BODYbyChantal in Glasgow, Kentucky. Unleash your potential and join a class that you will eagerly anticipate every week!

You can visit us at the address:

702 Happy Valley Rd, 42141 Glasgow, Kentucky - United States (US)

The phone number of this **Personal trainer** is +1270-579-3892

And if you want to send a WhatsApp, you can do so at +1270-579-3892

Our business hours are:

Day Hours
Monday

6–7:30?PM

Tuesday

6–7:30?PM

Wednesday

6–7:30?PM

Thursday

Closed

Friday

Closed

Saturday

Closed

Sunday

6–7:30?PM

The website is BODYbyChantal

If you require to adjust any element that you think is incorrect regarding this web, we ask send us a message so that we will handle it as soon as possible.
With anticipation thank you very much.

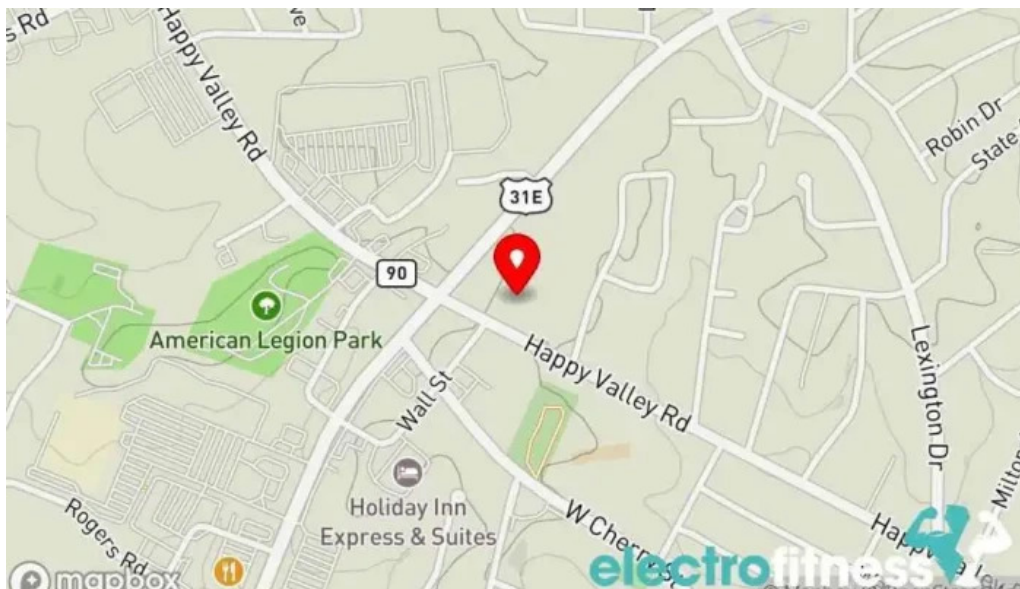
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On-site services, Online classes, Amenities, Service options, Wheelchair-accessible toilet, Accessibility, Appointment required, Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance, Planning

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