

## Ignite Fitness La - Lafayette

lafayette

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### *Ignite Fitness La - Lafayette*

#### **Ignite Fitness: Your Premier Personal Trainer in Lafayette, Louisiana**

Located in the vibrant community of Lafayette, Louisiana, **Ignite Fitness** stands out as a personal training gym that prioritizes both physical and mental growth. With a commitment to fostering a supportive environment, Ignite Fitness is not just a gym but a place where members feel like family.

#### **Amenities that Enhance Your Experience**

At Ignite Fitness, we offer an array of **amenities** designed to cater to our diverse clientele. Our facility features:

**Wheelchair-accessible entrance** for ease of access. A **wheelchair-accessible car park** and toilet services to ensure comfort for all members. Online classes to accommodate your busy lifestyle without compromise. A safe, **LGBTQ+** friendly environment that celebrates diversity. On-site services tailored to individual fitness needs.

## **Community Engagement and Support**

The **crowd** at Ignite Fitness is what truly sets us apart. Members often mention the supportive atmosphere and accountability shared among participants. Our coaches, including owner **Clayre Savage**, are dedicated to challenging you physically while nurturing your mental resilience. As one satisfied client remarked, "The entire staff is fully invested in the people they train and the results are obvious."

## **Personalized Training for All Ages**

Ignite Fitness provides a wide variety of personalized training programs that cater to individuals of all ages and fitness levels. From youth athletes looking to gain a competitive edge to adults seeking to improve their overall health, we develop tailored workout plans that align with your personal goals. Clients have expressed their gratitude, saying that the coaching not only improved their physical capabilities but also enhanced their mental fortitude.

## **Appointment Required for Tailored Sessions**

To ensure that each member receives the personalized attention they deserve, **appointment required** sessions allow for customized training experiences. Clayre and her team take the time to understand your specific needs, whether it's recovering from an injury, enhancing athletic performance, or simply beginning your fitness journey.

## **Where Mind Meets Muscle**

Ignite Fitness believes in the philosophy that true transformation occurs when both the mind and body are engaged. Many testimonies highlight how our coaches demand accountability and inspire self-reflection, resulting in significant growth both inside and outside the gym. One parent noted how their teenager's confidence soared, attributing it to the unwavering support from the Ignite Fitness community.

## **A Safe Space for Everyone**

Recognizing the importance of inclusivity, Ignite Fitness is proud to identify as **women-owned** and **Black-owned**. Whether you're part of the LGBTQ+ community or anyone seeking a welcoming space, Ignite Fitness ensures that every individual feels safe and valued.

## Join Us Today!

If you are ready to ignite your fitness journey in a supportive, motivating, and accessible environment, look no further than Ignite Fitness in Lafayette, Louisiana. With a focus on personal growth, tailored training, and community engagement, you will find everything you need to succeed. Reach out to us today to schedule your first session—your best self is waiting!

## You will find us at

133 Digby Ave, 70508 Lafayette, Louisiana - United States (US)

The contact line of the mentioned **Personal trainer** is [+1337-205-6446](tel:+1337-205-6446)  
And if you want to send a WhatsApp, you can do so at [+1337-205-6446](https://wa.me/13372056446)

## You can visit us at the following hours:

Day	Hours
Monday	Closed
Tuesday	4?AM–7?PM
Wednesday	4?AM–7?PM
Thursday	4?AM–7?PM
Friday	4?AM–7?PM
Saturday	4?AM–7?PM
Sunday	7:30?AM–12?PM

The website is [Ignite Fitness La](#)

If you require to adjust any data that you feel is incorrect about this site, we urge you to forward a message so we can we will handle it as soon as possible. Thank you in advance thanks.

## Images



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## Tags

*From the business, Wheelchair-accessible car park, Amenities, Service options, Identifies as women-owned, Accessibility, Crowd, LGBTQ+ friendly, Online classes, Identifies as Black-owned, Appointment required, Planning, Wheelchair-accessible toilet, Toilet, On-site services, Transgender safe space, Wheelchair-accessible entrance*

## Related content

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5.0 \* *Sc Faith Yoga - Abbeville*

4.2 \* *Spenga - Valparaiso*

5.0 \* *United Athletics Fitness - Littlestown*

3.7 \* *Portage Township Ymca - Portage*

5.0 \* *Aerial Arts by Avery - Aberdeen*

5.0 \* *Triforce Training - Valparaiso*

4.4 \* *Shuler's Stable (Inside Hudson-Campbell Sports Center). - Gary*

4.9 \* *Fire Fitness Camp Shawano - Shawano*

4.7 \* *Sandhills Gymnastics - Aberdeen*

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