

Squires Fitness - Lone Tree

lone tree

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lone tree

Squires Fitness - Lone Tree

Discover Squires Fitness: Your Premier Personal Trainer in Lone Tree, Colorado

If you're in Lone Tree, Colorado, and looking for a top-notch personal trainer, look no further than ****Squires Fitness****. Led by the highly recommended ****Shanon Squires****, this fitness center is a place where you can achieve your goals in a supportive environment.

Accessibility and Amenities

Squires Fitness understands the importance of ****accessibility**** for all

individuals. With a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, everyone can comfortably access the facility. This commitment to accessibility ensures that everyone, regardless of physical ability, can benefit from Shanon's expertise. Additionally, Squires Fitness offers essential **amenities**, including clean and spacious **toilets**, making your visit more comfortable.

Expert Training Tailored for You

Shanon Squires is renowned for his extensive knowledge and experience in personal training. Many clients praise him for his ability to create enjoyable workout sessions while effectively pushing them to reach their fitness limits. One satisfied client stated, "Shanon is a total PRO...his personality makes the whole process fun and enjoyable." Whether you want to lose weight, get in shape, or enhance your sports performance, Shanon's **planning** is tailored to meet your unique needs. As one client observed, "Squires Fitness is a one-stop shop; simply apply what you are taught, be dedicated and consistent, and you will get amazing results."

Appointments Recommended for Optimal Results

To ensure personalized attention and effective training, **appointments** are recommended at Squires Fitness. This allows Shanon to focus on each client's specific goals and adjust the training accordingly. His dedication is evident in how he connects clients with the right resources and professionals if needed, ensuring that you get the best possible guidance.

Transforming Lives Through Fitness

Clients have reported life-changing results through their training at Squires Fitness. One individual shared their journey of losing nearly 60 pounds and feeling stronger than ever. Another noted, "I'm pretty sure Shanon Squires is responsible for my Dad being alive today." Such testimonials highlight the profound impact Shanon has on his clients' health and well-being. In conclusion, Squires Fitness in Lone Tree, Colorado, stands out as a premier destination for anyone seeking to embark on a fitness journey. With a focus on **accessibility**, expert training, and personalized attention, Shanon Squires proves to be the best personal trainer in the area. Don't miss the opportunity to transform your life—reach out to Squires Fitness today!

We are at

8200 E Park Meadows Dr, 80124 Lone Tree, Colorado - United States (US)

The phone of the respective **Personal trainer** is +1303-729-1455
And if you want to send a WhatsApp, you can do so at +1303-729-1455

You can visit us at the following hours:

Day Hours

Monday

6:30AM–6:30PM

Tuesday

6:30AM–6:30PM

Wednesday

6:30AM–6:30PM

Thursday

6:30AM–6:30PM

Friday

6:30AM–6:30PM

Saturday

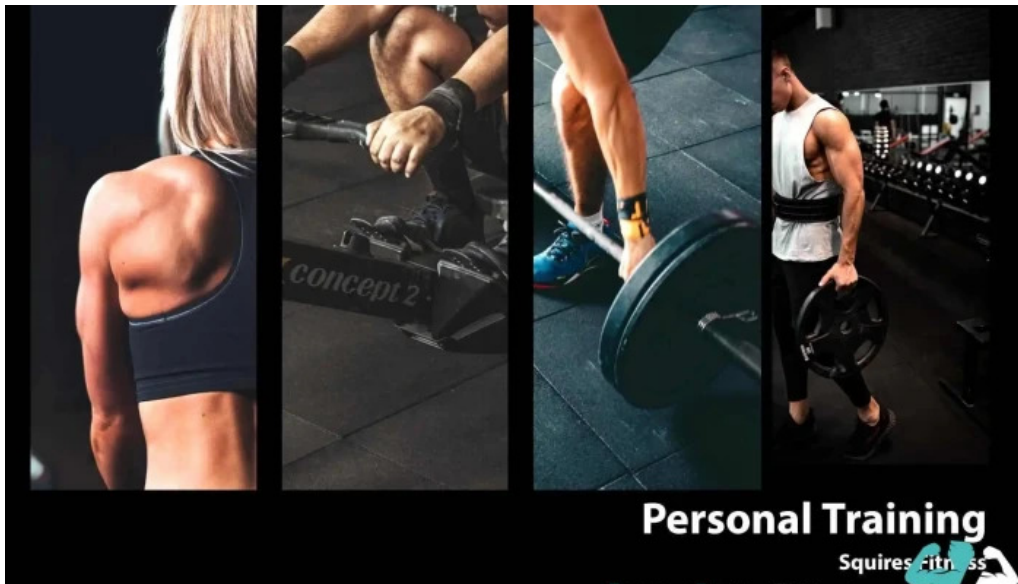
7–9AM

Sunday

Closed

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Images



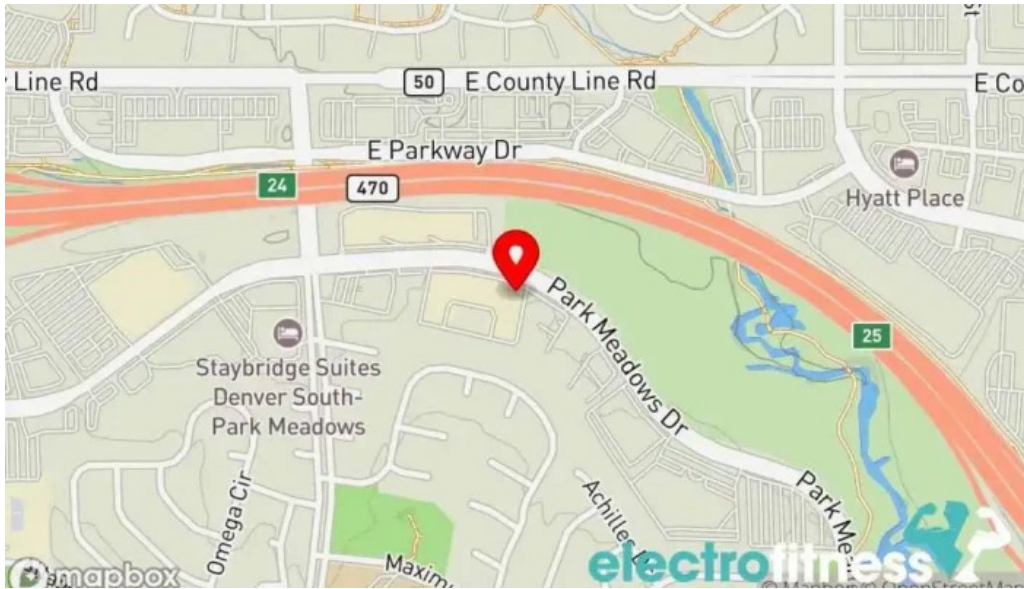
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Squires fitness street view 360deg



Squires fitness physical fitness



Squires fitness map



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Tags

Toilet, Wheelchair-accessible car park, Accessibility, Amenities, Appointments recommended, Wheelchair-accessible entrance, Planning

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sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
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