

Aim for Fitness - Maynard

maynard

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Experience Exceptional Training at Aim for Fitness in Maynard, Massachusetts

Aim for Fitness is an exemplary personal training studio located in the heart of Maynard, Massachusetts. This facility not only provides top-notch training but also emphasizes ****accessibility**** and inclusivity for everyone in the community.

Accessibility and Amenities

One of the standout features of Aim for Fitness is its ****wheelchair-accessible**

entrance** and **wheelchair-accessible car park** . This ensures that everyone, regardless of their physical challenges, can enjoy a workout in a welcoming environment. The studio is designed to accommodate all, featuring a **wheelchair-accessible toilet** , making it a true **transgender safe space** and an **LGBTQ+ friendly** facility.

Customized Personal Training

At Aim for Fitness, clients rave about the personalized approach taken by trainer Amy. Every session is tailored to meet individual needs and goals, ensuring that workouts remain both challenging and enjoyable. Comments from clients emphasize how Amy's commitment keeps them engaged and continuously learning new exercises. With over a decade of experience, she has cultivated a method of **planning** workouts that consider each person's unique abilities and limitations.

Online Classes and On-Site Services

For those who prefer flexibility, Aim for Fitness offers **online classes** that mirror the quality and engagement found in on-site sessions. Clients appreciate the option to train from home while still receiving expert guidance. Regardless of the chosen format, clients are encouraged to make **appointments** as they are strongly recommended for the best experience.

A Welcoming Crowd and Community

Aim for Fitness fosters a friendly atmosphere with a supportive **crowd** . Many attendees express how they enjoy participating in group classes alongside fellow fitness enthusiasts. This sense of community enhances the overall experience, making workouts not just an obligation, but a delightful social engagement.

Why Choose Aim for Fitness?

With many success stories shared by satisfied clients, Aim for Fitness stands out as a leader in personal training. From innovative workouts that assist in recovery from injuries to maintaining overall health and wellness, the positive testimonials highlight the effectiveness and value of training with Amy. In summary, if you're looking for a personal trainer who not only cares for your fitness journey but also creates a safe and inclusive environment, Aim for Fitness in Maynard, Massachusetts should be your go-to destination. Whether you are a beginner or seasoned fitness enthusiast, this studio promises a transformation that goes beyond physical fitness.

Our establishment is located at

18 Euclid Ave, 01754 Maynard, Massachusetts - United States (US)

The contact line of said **Personal trainer** is +1978-897-0815
And if you want to send a WhatsApp, you can do so at +1978-897-0815

Visit us during the following hours:

Day Hours
Monday
6?AM–7:30?PM
Tuesday
6?AM–7:30?PM
Wednesday
7?AM–12?PM
Thursday
Closed
Friday
6?AM–7:30?PM
Saturday
6?AM–7:30?PM
Sunday
6?AM–7:30?PM

The website is [Aim for Fitness](#)

In case you want to update any information that you feel is incorrect related to this site, we ask send a message so that we will adjust it promptly. Thank you in advance thank you very much.

Images



Aim for fitness videos



Aim for fitness training



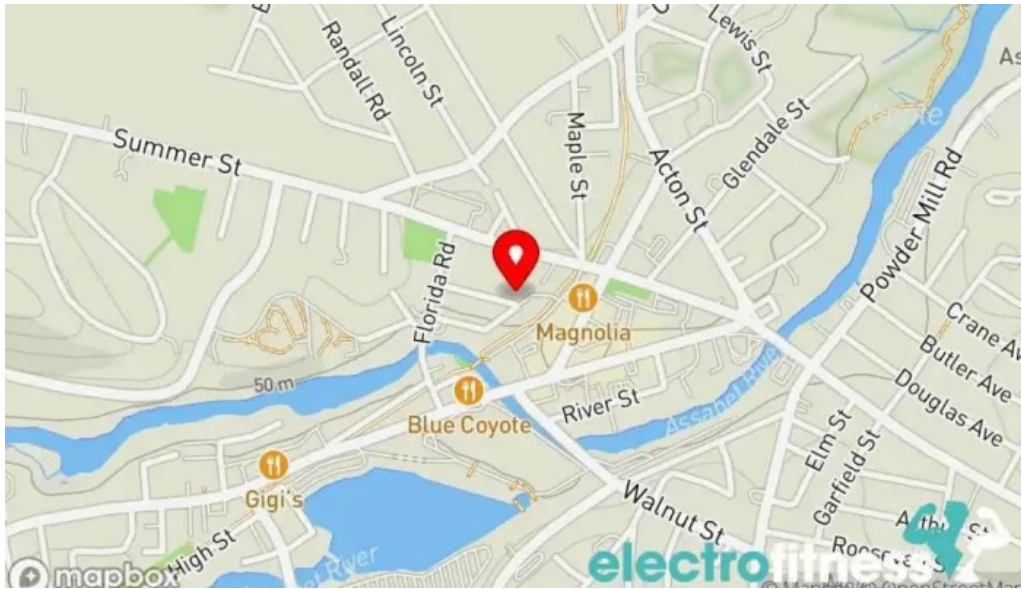
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Tags

LGBTQ+ friendly, Accessibility, Online classes, Crowd, On-site services, Appointments recommended, Toilet, Service options, Wheelchair-accessible car park, Appointment required, Transgender safe space, Wheelchair-accessible entrance, Planning, Wheelchair-accessible toilet, Amenities

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sports school
swimming instructor
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