

Sault Fitness - New Bedford

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new bedford

Sault Fitness - New Bedford

Discover Sault Fitness: Your Personal Training Destination in New Bedford, Massachusetts

If you're looking for a place to achieve your fitness goals, **Sault Fitness** is the perfect choice. Located in New Bedford, this personal training facility offers an array of amenities to cater to all clients, ensuring an inclusive and supportive environment.

Amenities That Enhance Your Workout Experience

At Sault Fitness, the amenities available are designed to enhance your overall

workout experience. From state-of-the-art equipment to customized workout plans tailored specifically to each client's needs, you can expect nothing but the best. The trainers, led by Jared, focus on a holistic approach, incorporating both strength and conditioning elements into every session.

Accessibility for Everyone

Sault Fitness prides itself on being an inclusive facility that prioritizes ****accessibility****. Whether you're a seasoned athlete or just starting your fitness journey, the following features ensure everyone can train comfortably: - ****Wheelchair-accessible car park****: Clients with mobility challenges can easily access the gym without worry. - ****Wheelchair-accessible entrance****: The entrance is designed to welcome all guests, making it hassle-free for those using wheelchairs. - ****Wheelchair-accessible toilet****: Client comfort is paramount, and the availability of accessible restrooms allows everyone to focus on their workout without concerns.

A Community That Motivates and Inspires

Many clients have shared their positive experiences at Sault Fitness. One member highlighted how despite initial reluctance, they left feeling amazing after a workout: "Jared provides motivation, encouragement, and expertise, helping me achieve my fitness goals!" Another long-time member emphasized the tailored approach: "The workouts are specifically designed for each client, making it significantly more effective than a typical gym." This personalized attention is what sets Sault Fitness apart from other facilities.

Group Classes and Nutrition Support

In addition to personalized training, Sault Fitness offers fantastic group classes. These sessions are tailored to meet individual needs while promoting teamwork and camaraderie. As one participant noted, "The trainers create great workouts and provide nutrition plans to help maximize results."

The Right Decision for Your Fitness Journey

Joining Sault Fitness is considered one of the best decisions many clients have ever made. With knowledgeable staff and a supportive environment, people feel empowered to pursue their fitness aspirations. A satisfied client remarked, "From day one stepping into Sault, I knew I was making the right decision. I've stayed motivated and have never felt better!"

Conclusion

In summary, ****Sault Fitness**** in New Bedford, Massachusetts, is not just a gym; it's a community dedicated to helping individuals achieve their fitness goals. With excellent amenities, a strong focus on accessibility, and personalized training programs, you won't regret giving them a try. If you are seeking professional assistance in a welcoming environment, look no further

than Sault Fitness!

Our business is found at

468 North St, 02740 New Bedford, Massachusetts - United States (US)

The phone of this **Personal trainer** is +1508-207-6608

And if you want to send a WhatsApp, you can do so at +1508-207-6608

We look forward to seeing you at:

Day Hours
Monday
5?AM–8?PM
Tuesday
6?AM–12?PM
Wednesday
Closed
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
5?AM–8?PM

The website is Sault Fitness

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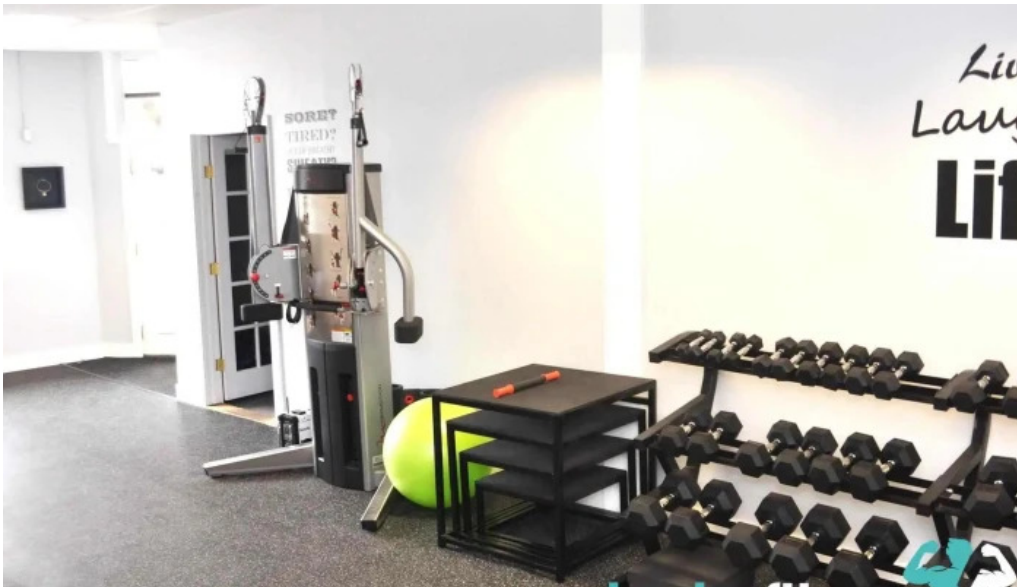
Sault fitness training



Sault fitness street view 360deg



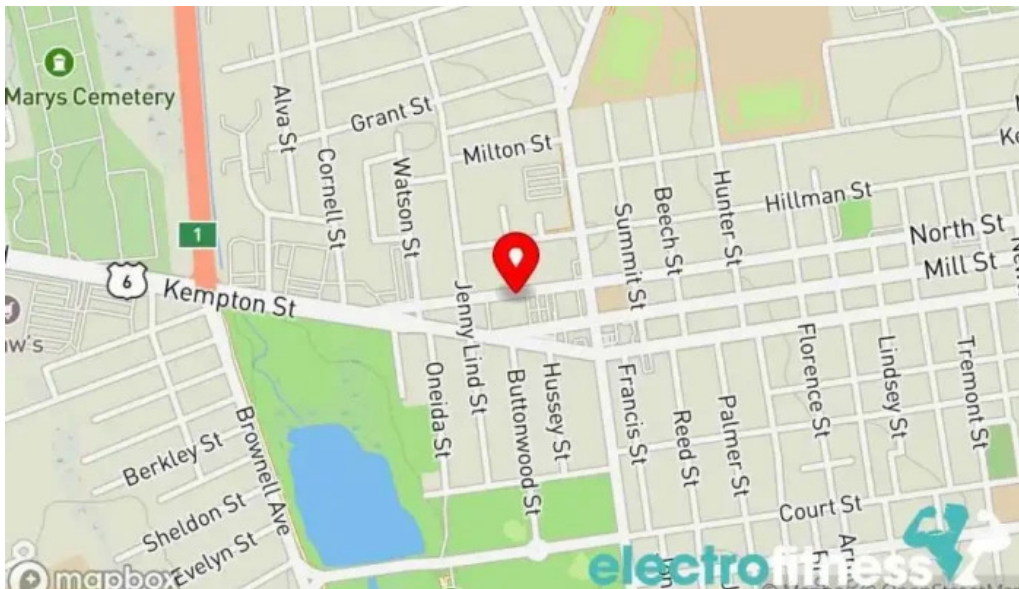
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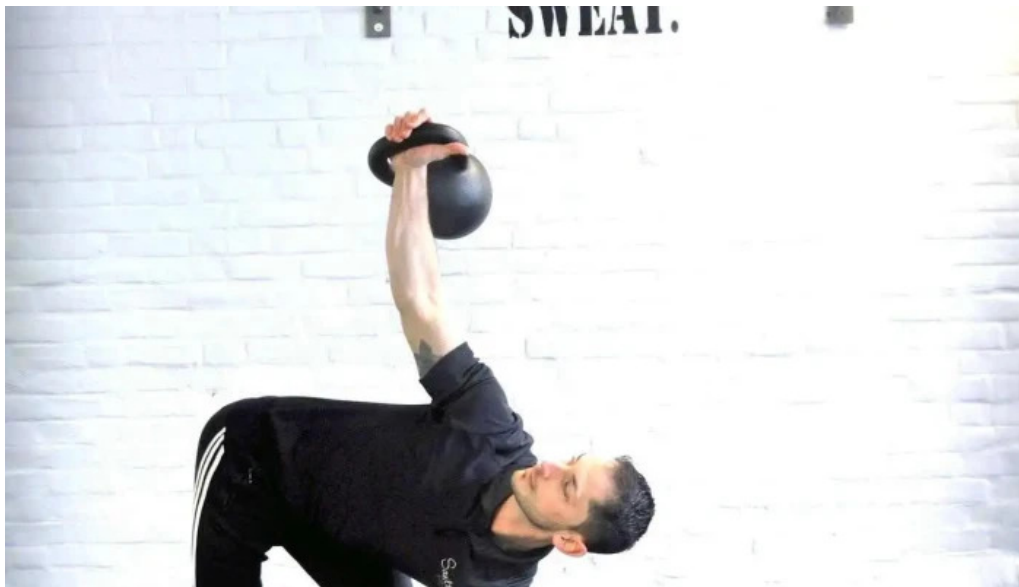
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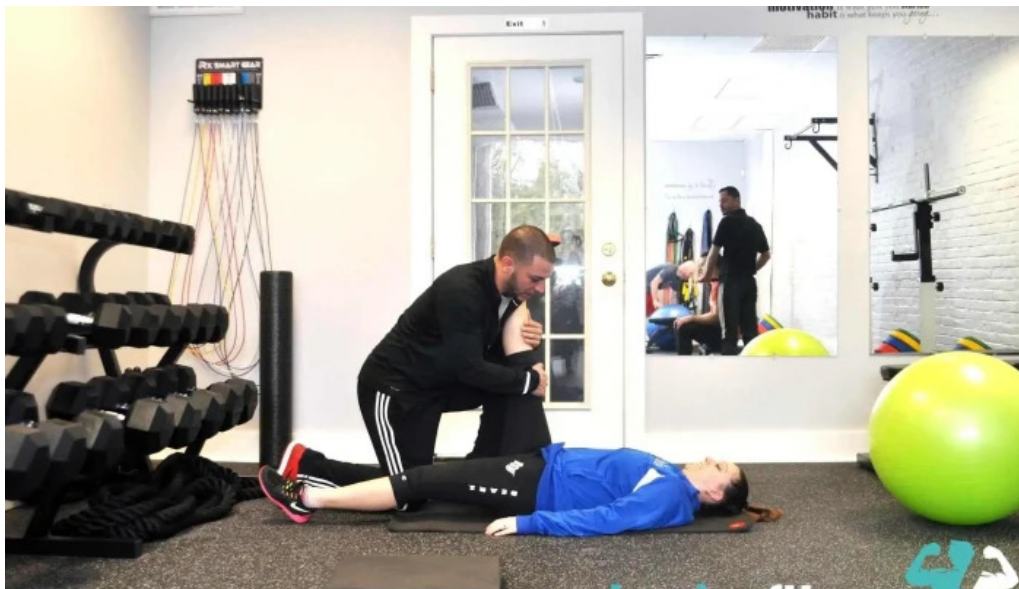
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Tags

Toilet, Accessibility, Wheelchair-accessible toilet, Wheelchair-accessible car park, Amenities, Wheelchair-accessible entrance

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kennel
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martial arts school
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