

Aluna Fitness - Oakland

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Aluna Fitness - Oakland

Discover Aluna Fitness: Your Personal Trainer in Oakland, California

Located in the heart of Oakland, California, ****Aluna Fitness**** stands out as a premier choice for anyone seeking a personal trainer. With a focus on accessibility and personalized fitness plans, the facility is equipped with several amenities to ensure you have a comfortable and effective workout experience.

Convenient Accessibility and Parking Options

At Aluna Fitness, ****on-site parking**** is available, making it easy for clients to access the facility without worrying about finding a spot. For those preferring

street parking, ****paid street parking**** is an option, and there's also a ****free parking lot**** nearby. The facility features a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy their fitness journey comfortably.

Personalized Training Plans Tailored to Your Goals

Ashley, the head trainer at Aluna Fitness, has been praised for her exceptional professionalism and extensive knowledge in the field. Clients rave about her ability to tailor workouts based on individual goals, strengths, and weaknesses. As one client mentioned, "Every session is personalized and effective." Ashley is known for her flexibility, adapting workouts based on equipment availability and specific needs.

Amenities That Enhance Your Training Experience

Aluna Fitness offers various amenities that contribute to an enjoyable training atmosphere. A clean and accessible ****toilet**** facility is available for your convenience. Moreover, the supportive environment created by Ashley ensures that every workout feels rewarding, as she is dedicated to fostering growth and building confidence in her clients.

Flexible Appointments and Encouraging Atmosphere

Appointments at Aluna Fitness are recommended, allowing clients to schedule sessions that fit best into their busy lives. Many clients appreciate the friendly and encouraging atmosphere, where they are motivated to push through their challenges. As one satisfied customer stated, "If you're looking for a knowledgeable, attentive, and results-driven personal trainer, Ashley is the perfect choice."

Experience Transformational Results with Aluna Fitness

With numerous testimonials highlighting transformative fitness journeys, it's clear that training with Ashley at Aluna Fitness delivers results. Whether you're recovering from an injury or simply looking to enhance your fitness level, Ashley's expertise ensures a safe and effective training experience. In summary, if you are searching for a personal trainer in Oakland, California, look no further than Aluna Fitness. With its accommodating features, personalized approach to training, and a focus on client satisfaction, you're sure to discover a new level of strength and wellness under Ashley's guidance.

You will find us at

399 Grand Ave, 94610 Oakland, California - United States (US)

The contact line of the respective **Personal trainer** is +1650-307-4255
And if you want to send a WhatsApp, you can do so at +1650-307-4255

We are available at these times:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Closed
Saturday
Closed
Sunday
Open 24 hours

The website is [Aluna Fitness](#)

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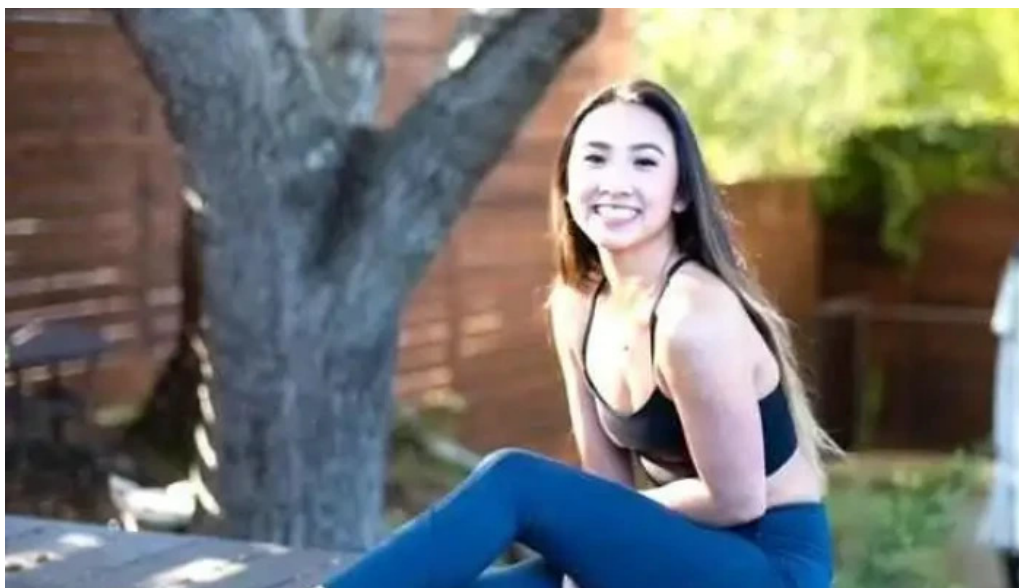
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Aluna fitness gym



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Tags

Appointments recommended, Free parking lot, Planning, Amenities, Wheelchair-accessible entrance, Toilet, Wheelchair-accessible car park, Parking, On-site parking, Paid street parking, Accessibility

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