

Florida Fitness Concepts - Orlando

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Florida Fitness Concepts: A Personal Trainer's Haven in Orlando

Florida Fitness Concepts is a standout personal training facility located in the vibrant city of Orlando, Florida. Renowned for its ****dedicated trainers**** and a welcoming environment, this gym has garnered praise from numerous clients who appreciate both its ****accessibility**** and ****amenities****.

The Crowd and Atmosphere

Walking into Florida Fitness Concepts, one immediately senses a unique vibe. The crowd is diverse, ranging from beginners to seasoned fitness enthusiasts.

Clients have shared their experiences of feeling completely at ease, with one stating, "Any feeling of intimidation I had dissipated when I came through the door." This welcoming atmosphere fosters a sense of community that encourages every individual to push themselves without fear of judgment.

Trainers Who Care

The heart of Florida Fitness Concepts lies in its exceptional personal trainers. Many clients speak highly of their trainers, mentioning how they go above and beyond to guide them in their fitness journeys. One client shared, "I've been training on and off with Kevin for two years... he pushes you hard and is always very positive and encouraging." This sentiment resonates deeply within the gym, as trainers like John Dickson and April Breed are known for their personalized approach. John, who has been training many clients for over a decade, is described as "a terrific trainer and person," proving that the expertise at this gym is coupled with genuine care.

A Welcoming Environment for All

Florida Fitness Concepts prides itself on being a **transgender safe space**, ensuring that all individuals feel welcome and supported regardless of their identity. Such inclusivity is a testament to the gym's commitment to creating an environment where everyone can thrive.

Accessibility Features

The facility is designed with **accessibility** in mind. It includes a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all members can easily access the gym. Additionally, the presence of clean and well-maintained **toilets** adds to the overall comfort of the facility.

State-of-the-Art Amenities

Clients frequently commend Florida Fitness Concepts for its array of **amenities**. From modern equipment to a clean, hygienic environment, everything is tailored to provide an optimal training experience. One satisfied member remarked, "The facility is clean, the atmosphere is lively yet not intimidating, and the staff is friendly." This dedication to maintaining a premium gym environment keeps clients coming back for more.

Conclusion

In summary, Florida Fitness Concepts in Orlando, Florida, offers much more than just a place to work out. With its positive trainers, supportive atmosphere, comprehensive accessibility features, and top-notch amenities, it stands out as a premier destination for those seeking personal training. Whether you're new to fitness or looking to take your routine to the next level, this gym has everything you need to achieve your health and wellness goals.

Our address is

1039 N Mills Ave, 32803 Orlando, Florida - United States (US)

The phone number of the respective **Personal trainer** is +1407-497-2179

And if you want to send a WhatsApp, you can do so at +1407-497-2179

Our public attention hours are:

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–8?PM
Wednesday	5?AM–8?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	6?AM–1?PM
Sunday	7?AM–2?PM

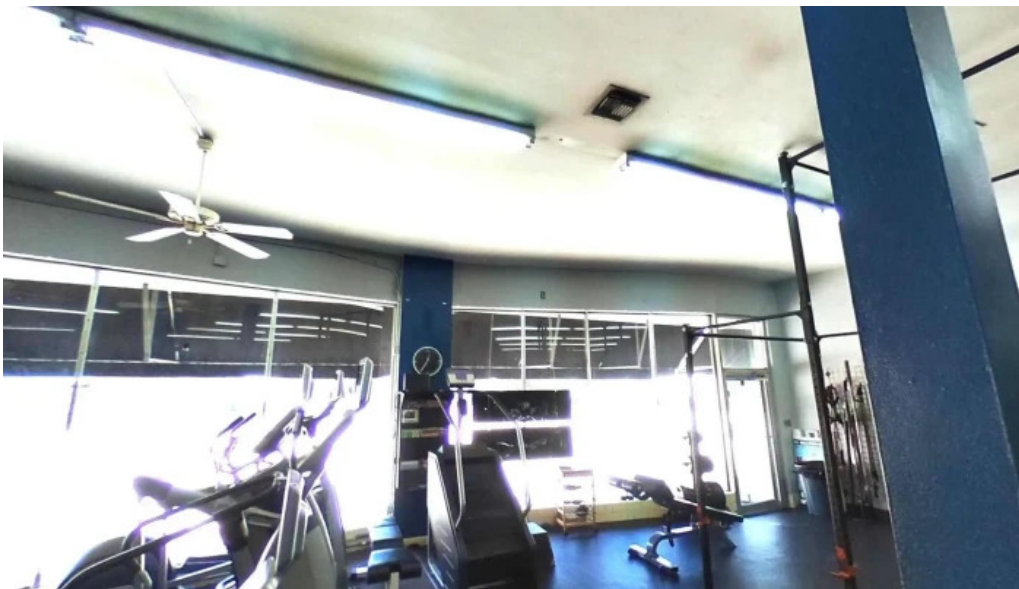
The website is Florida Fitness Concepts

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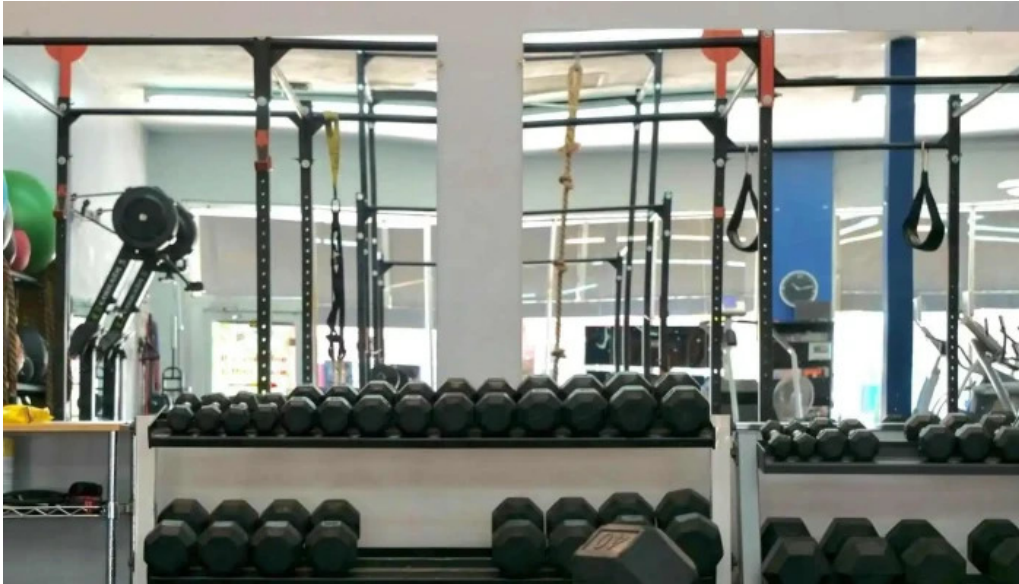
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Florida fitness concepts training



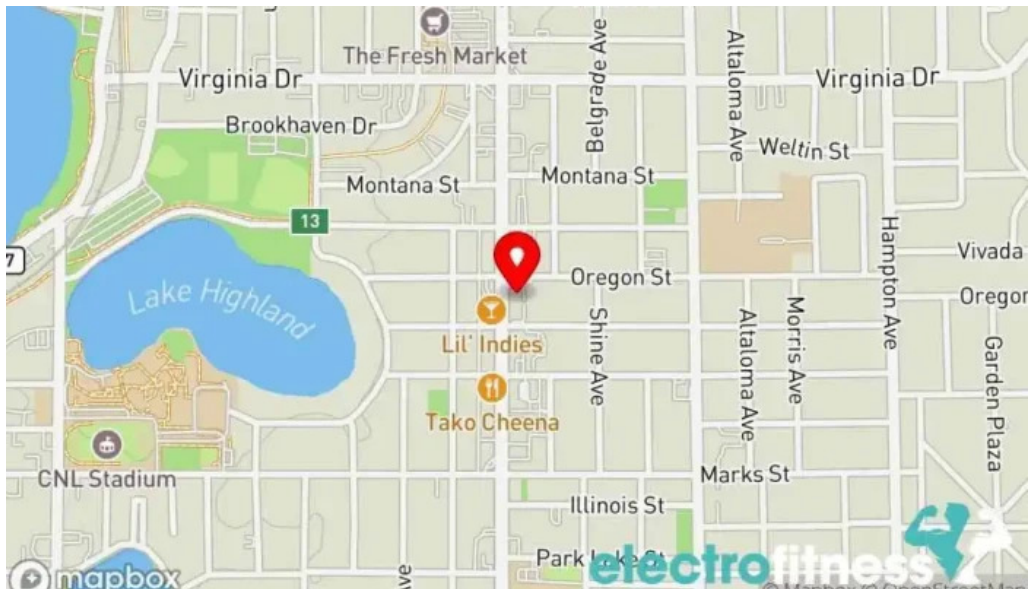
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Florida fitness concepts gym



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Tags

Transgender safe space, Wheelchair-accessible car park, Crowd, Amenities, Accessibility, Wheelchair-accessible entrance, Toilet

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