

## Breakthrough Fitness - Oviedo

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### *Breakthrough Fitness - Oviedo*

#### **Discover Breakthrough Fitness: Your Personal Trainer in Oviedo, Florida**

Breakthrough Fitness, located in Oviedo, Florida, is not just another gym; it is a community where fitness meets personal growth. Under the expert guidance of Dom Lucibello, this facility offers a welcoming atmosphere for all fitness levels, ensuring a personalized experience tailored to your needs.

#### **Service Options and Planning**

At Breakthrough Fitness, every individual receives a customized workout plan designed around their specific goals and fitness level. The semi-private training sessions are an affordable alternative to one-on-one training, allowing members to receive focused attention while benefiting from the energy of small group workouts. These plans are regularly updated every six weeks to keep clients engaged and challenged.

## Amenities and Accessibility

Breakthrough Fitness takes pride in being an inclusive space for everyone. The facility features a **wheelchair-accessible entrance, toilet, and wheelchair-accessible car park** to ensure that everyone can easily access the gym. Moreover, the environment fosters a **transgender safe space** and is **LGBTQ+ friendly**, creating a supportive and open atmosphere for all members.

## On-site Services

The staff at Breakthrough Fitness is known for their warmth and dedication. They check in with clients regularly, ensuring personal progress both in and out of the gym. The facility also offers **online classes** for those who prefer to work out from home or cannot make it to the gym in person.

## Crowd and Community Vibe

Unlike large gyms that can feel intimidating, Breakthrough Fitness provides a cozy environment where members quickly feel like family. The supportive community encourages camaraderie, making each workout an enjoyable experience. Clients often report forming lasting friendships with fellow gym-goers, enhancing their overall fitness journey.

## How to Get Started

To join this vibrant community, an **appointment is required** for consultation, giving potential members a chance to discuss their fitness goals and expectations with the staff. With a focus on creating individualized workout programs and maintaining a positive atmosphere, Breakthrough Fitness is committed to helping you achieve lasting results.

## Conclusion

If you are looking for a personal trainer and a supportive community to embark on your fitness journey, consider Breakthrough Fitness in Oviedo, Florida. With their personalized service options, accessibility, and inclusive environment, your breakthrough moment is just around the corner.

## **We are established at**

269 Aulin Ave #1011, 32765 Oviedo, Florida - United States (US)

The contact phone of the respective **Personal trainer** is +1407-707-6758

And if you want to send a WhatsApp, you can do so at +1407-707-6758

## **Our opening hours are:**

Day Hours  
Monday

*5?AM–8?PM*

Tuesday

*5?AM–1?PM 4–8?PM*

Wednesday

*5?AM–8?PM*

Thursday

*5?AM–1?PM 4–8?PM*

Friday

*5?AM–6?PM*

Saturday

*7?AM–12?PM*

Sunday

*Closed*

The website is Breakthrough Fitness

If you need to adjust any data that you think is not correct regarding this page, we urge you to deliver a message so we can we will adjust it promptly. With anticipation thanks.

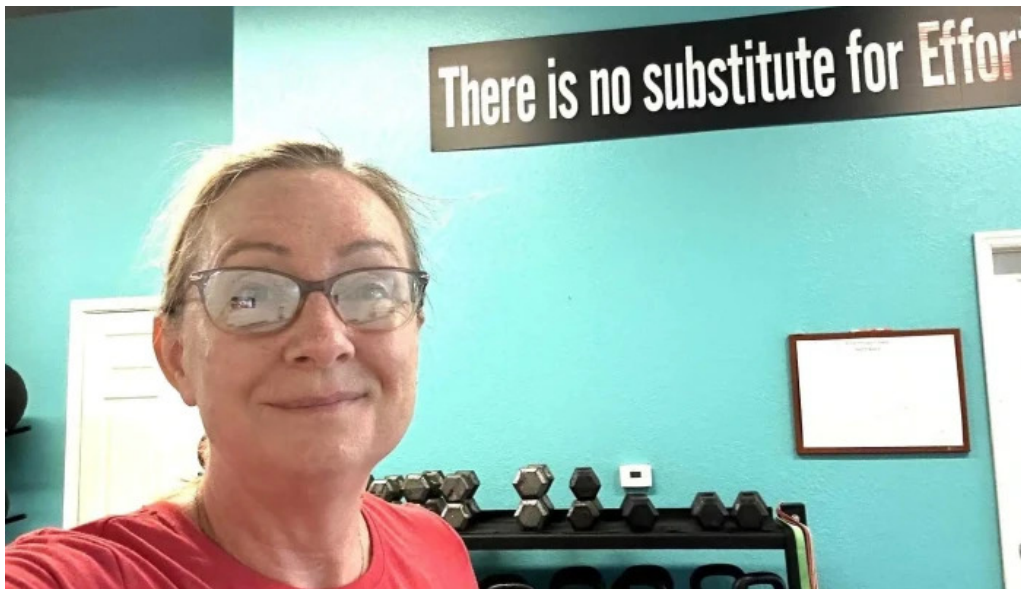
## **Images**



*Breakthrough fitness training*



*Breakthrough fitness street view 360deg*



*Breakthrough fitness promotion*



*Breakthrough fitness physical fitness*

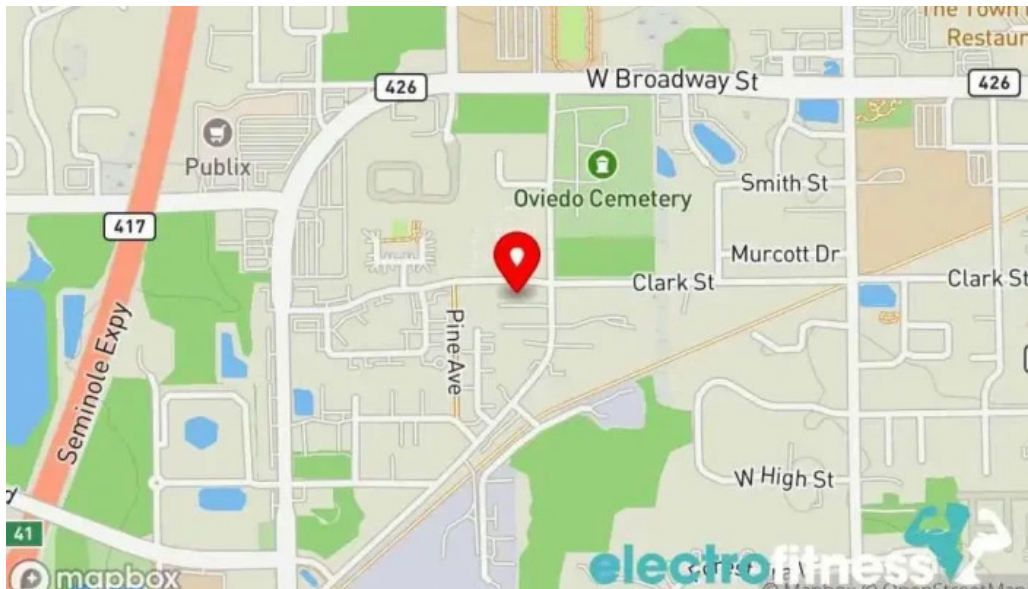




*Breakthrough fitness personal trainer*



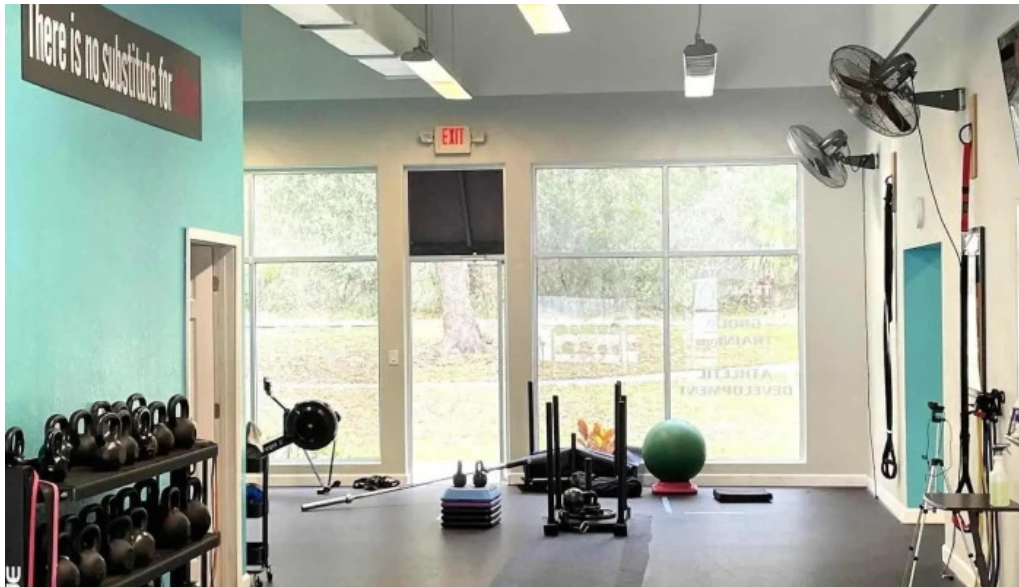
*Breakthrough fitness oviedo*



*Breakthrough fitness map*



*Breakthrough fitness by owner*



*Breakthrough fitness all*

## Tags

*Amenities, Online classes, Appointment required, On-site services, LGBTQ+ friendly, Wheelchair-accessible car park, Crowd, Wheelchair-accessible toilet, Planning, Transgender safe space, Accessibility, Service options, Toilet, Wheelchair-accessible entrance*

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5.0 *	<i>Boston Barbell - North Billerica</i>
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auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy

fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer

pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area

wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization