

Santa Fe Way • Personal Trainer, Wellness Coach - Santa Fe

santa fe

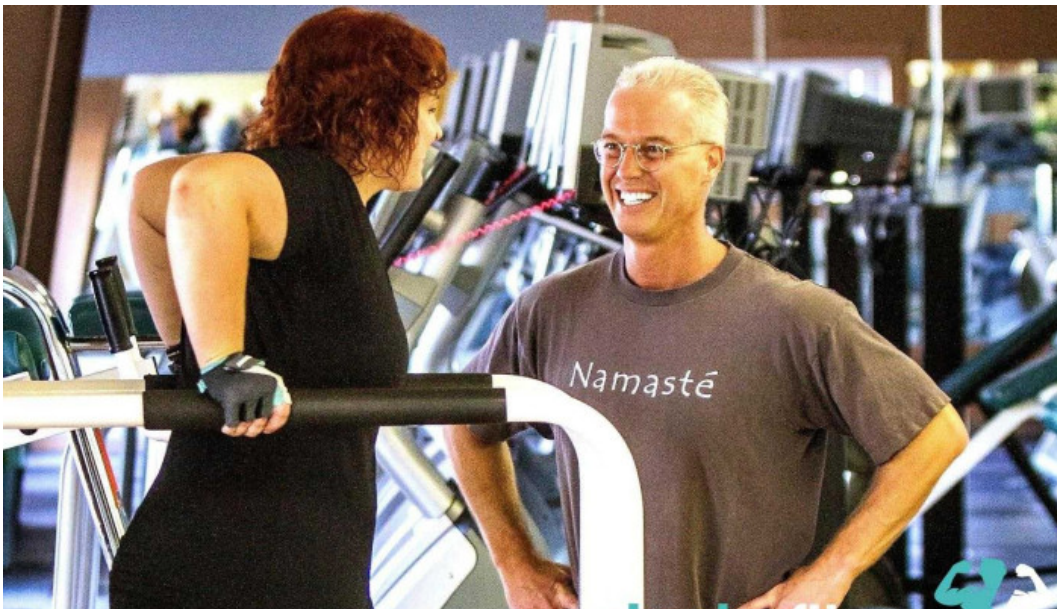
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Experience Personalized Wellness at Santa Fe Way with Jeff Nailen

Nestled in the heart of Santa Fe, New Mexico, ****Santa Fe Way**** offers a unique and comprehensive personal training experience that prioritizes ****accessibility****, inclusivity, and individualized wellness. With a strong commitment to being an ****LGBTQ+ friendly**** and ****transgender safe space****, this facility is dedicated to providing a supportive environment for all clients.

Accessibility and Amenities

At Santa Fe Way, accessibility is a top priority. The facility features a ****wheelchair-accessible entrance****, a ****wheelchair-accessible car park****, and a ****wheelchair-accessible toilet****. These thoughtful amenities ensure that everyone has the opportunity to engage in their fitness journey comfortably and confidently. Clients are encouraged to take advantage of the ****outdoor services**** offered, which provide a refreshing change of scenery while exercising.

Personalized Training and Supportive Community

From the moment you step into Santa Fe Way, you are welcomed into a community that values your journey. As one client shared, "Jeff went above and beyond to build a customized workout routine." This level of personalization extends to nutrition, where clients receive tailored dietary advice designed to match their metabolism and health goals. Jeff's expertise as a ****wellness coach**** allows him to create individualized programs that accommodate various health challenges. Clients have expressed their gratitude, stating, "Jeff's knowledge about nutrition, fitness, and whole-being wellness has been invaluable."

Flexible Options: Online Classes and On-Site Services

Understanding the diverse needs of his clients, Jeff offers both ****on-site services**** and ****online classes****, ensuring that everyone can participate regardless of their circumstances. Whether you prefer working out in-person or from the comfort of your home, the schedule is designed with flexibility in mind.

Planning and Appointments

To provide the best possible experience, appointments are recommended. Clients appreciate the focused attention they receive during their sessions, enhancing their progress toward fitness goals. Jeff's approach to planning ensures that workouts are efficient, with a focus on results rather than counting repetitions.

A Veteran-Owned Business Committed to Client Success

As a proud veteran-owned business, Santa Fe Way carries a strong sense of dedication and discipline throughout its training programs. Clients have noted, "Jeff is positive and encouraging," making every session not just a workout but an enjoyable experience. With an emphasis on overall well-being, Jeff helps clients tackle mental and emotional aspects of fitness.

Join the Santa Fe Way Community

With a proven track record of helping clients achieve their fitness goals—like losing weight, gaining strength, and improving overall health—Jeff Nailen's program at Santa Fe Way is highly recommended for anyone looking to improve

their well-being. As one client stated, "I couldn't recommend him enough!" For those in Santa Fe seeking a ****holistic****, empowering, and effective approach to fitness, look no further than Santa Fe Way. Start your journey today and discover how personalized training can transform your life!

Our address is

605 Baca St, 87505 Santa Fe, New Mexico - United States (US)

The contact phone of said **Personal trainer** is +1505-216-9829

And if you want to send a WhatsApp, you can do so at +1505-216-9829

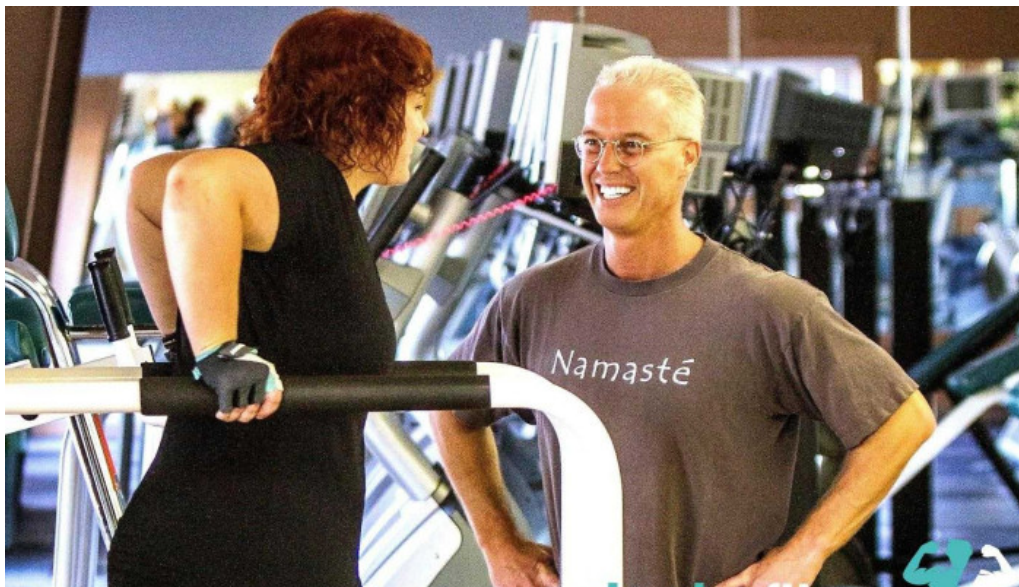
We look forward to seeing you at:

Day	Hours
Monday	8?AM–1?PM
Tuesday	Closed
Wednesday	8?AM–9?PM
Thursday	8?AM–9?PM
Friday	8?AM–9?PM
Saturday	8?AM–9?PM
Sunday	8?AM–9?PM

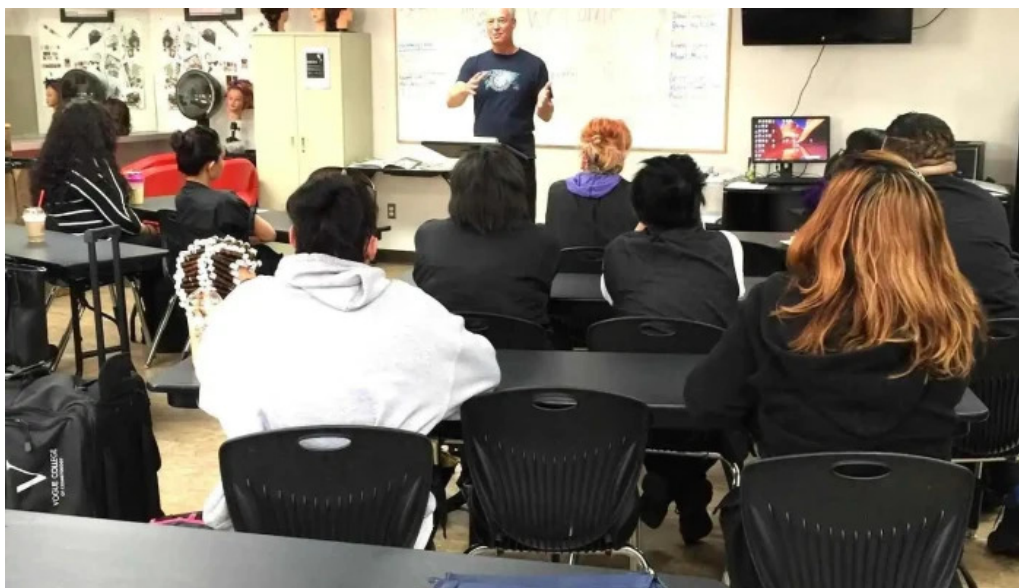
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Images



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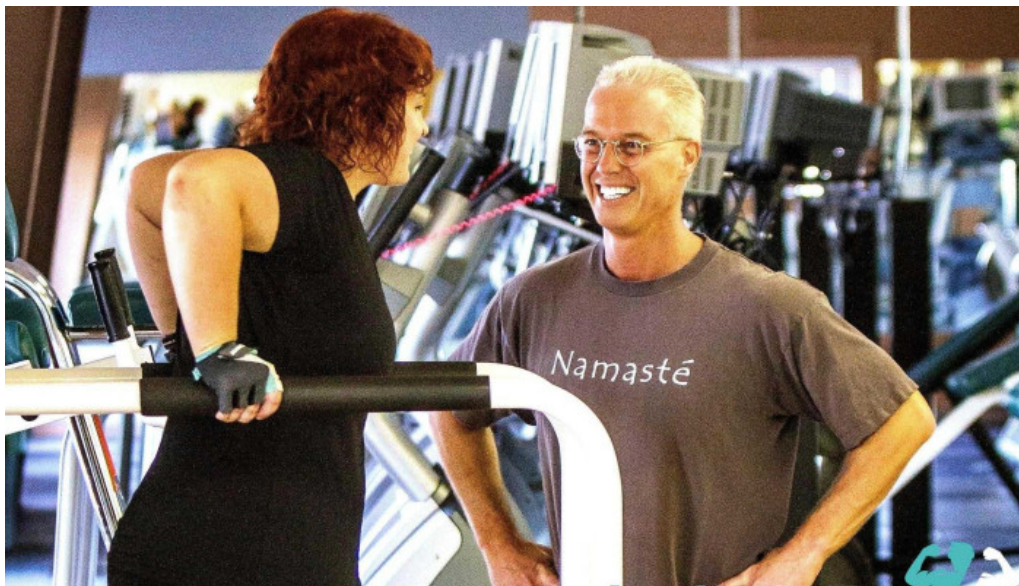
Santa fe way personal trainer wellness coach map



Santa fe way personal trainer wellness coach gym



Santa fe way personal trainer wellness coach by owner



Santa fe way personal trainer wellness coach all

Tags

LGBTQ+ friendly, From the business, Transgender safe space, Service options, Appointments recommended, Accessibility, Planning, Wheelchair-accessible car park, Crowd, Wheelchair-accessible entrance, Toilet, Identifies as veteran-owned, On-site services, Amenities, Appointment required, Online classes, Outdoor services, Wheelchair-accessible toilet

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