

## Santa Fe Way • Personal Training at Santa Fe Spa - Santa Fe

santa fe



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## *Santa Fe Way • Personal Training at Santa Fe Spa - Santa Fe*

### **Transform Your Fitness Journey with Personal Trainer Jeff at Santa Fe Spa**

Are you looking for a personal trainer who genuinely cares about your health and well-being? Look no further than Jeff at Santa Fe Spa, located in beautiful Santa Fe, New Mexico. Jeff offers a personalized, holistic approach to fitness that accommodates individuals from all walks of life.

## **Accessibility for All**

At Santa Fe Spa, we prioritize **\*\*accessibility\*\*** for everyone. Our facility features a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\*** to ensure that everyone can comfortably access our services. For those requiring restroom facilities, we have a **\*\*wheelchair-accessible toilet\*\*** available on-site.

## **Comprehensive On-Site Services**

Jeff's training programs are customizable to meet the needs of each individual client. Whether you are recovering from an injury or looking to improve your overall fitness, you will find that Jeff's approach is both effective and supportive. His **\*\*on-site services\*\*** cater to a diverse crowd, making it easy for anyone to begin their fitness journey.

## **Online Classes for Convenience**

Couldn't make it to the gym? No problem! Jeff offers **\*\*online classes\*\***, allowing you to continue your training from the comfort of your home. This means that even when you're traveling, you can maintain your fitness routine—just like many of Jeff's clients have experienced.

## **LGBTQ+ Friendly Environment**

Santa Fe Spa is proud to be an **\*\*LGBTQ+ friendly\*\*** space. We believe in creating an inclusive environment where everyone feels welcome and supported.

## **Expertise and Compassion Combined**

As a veteran-owned business, Jeff brings valuable life experience to his training sessions. His clients rave about his positive and patient demeanor, which helps to create a motivating atmosphere. Ron Frank shares, "Jeff is a wealth of knowledge, the most positive and patient person I have ever encountered."

## **Invest in Your Health**

When considering personal training, investing in yourself is essential. One satisfied client stated, "Making the decision to work with Jeff is by far the best personal investment I have made." With a focus on **\*\*planning\*\*** and tailored fitness strategies, Jeff helps clients achieve their goals, whether it's weight loss, muscle gain, or improving overall health.

## **Make an Appointment Today**

Appointments are highly recommended to ensure you receive the personalized attention you deserve. Jeff's clients experience noticeable transformations, both physically and mentally. Many have described their time with him as "the greatest investment" they have made for themselves.

## Conclusion

If you're ready to embark on your fitness journey with a knowledgeable and compassionate trainer, Jeff at Santa Fe Spa is the ideal choice. Offering a range of **\*\*amenities\*\*** and a commitment to accessibility, Jeff is dedicated to helping you become the best version of yourself. Don't wait—book your appointment today and discover the transformational power of personal training!

**The address of our establishment is**

786 Calle Mejia, 87501 Santa Fe, New Mexico - United States (US)

The contact phone of said **Personal trainer** is +1505-216-9829

And if you want to send a WhatsApp, you can do so at +1505-216-9829

## We are open during the following hours:

Day	Hours
Monday	8?AM–1?PM
Tuesday	Closed
Wednesday	8?AM–9?PM
Thursday	8?AM–9?PM
Friday	8?AM–9?PM
Saturday	8?AM–9?PM
Sunday	8?AM–9?PM

The website is Santa Fe Way • Personal Training at Santa Fe Spa

In case you want to modify any data that you think is incorrect regarding this page, we ask send us a message and we will handle it at the earliest convenience. With anticipation we appreciate it.

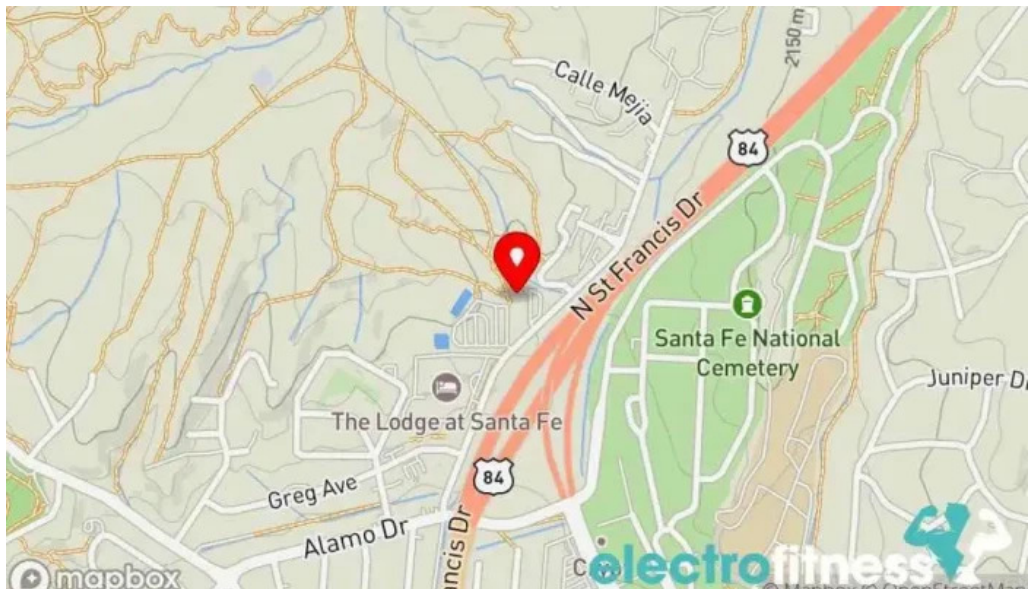
## Images



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## Tags

*LGBTQ+ friendly, Online classes, From the business, Wheelchair-accessible entrance, Toilet, Wheelchair-accessible car park, Planning, Service options, Wheelchair-accessible toilet, Accessibility, Amenities, Appointments recommended, On-site services, Crowd, Identifies as veteran-owned*

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boot camp
boxing club
boxing gym
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community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
food producer
golf club

golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center



rock climbing gym
sauna
school district office
self defense school
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization