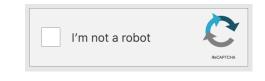


Electro Fitness: Best Electro Fitness

LivFit Training Studio - Scott

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LivFit Training Studio - Scott

Welcome to LivFit Training Studio: Your Personal Training Destination in Scott, Louisiana

At LivFit Training Studio, we believe in creating a welcoming environment for everyone. Our space is designed with accessibility in mind, featuring a **wheelchair-accessible entrance**, **wheelchair-accessible car park**, and a **wheelchair-accessible toilet** to ensure every individual can focus on their fitness journey without barriers.

Service Options Tailored for You

From the business perspective, LivFit offers a variety of **on-site services** that cater to individual needs. Whether you're interested in group sessions or prefer one-on-one training, we've got you covered. Our **online classes** are also available for those who prefer to work out from the comfort of their own home, ensuring everyone can participate regardless of their location.

Amenities Designed for Comfort

Our facility boasts **state-of-the-art equipment** in a clean and energetic atmosphere. Many clients have expressed their love for our new equipment and the ample space that allows for a comfortable workout experience. The small group settings foster a non-judgmental and fun environment, making it easier for everyone to achieve their fitness goals.

Meet Angela: Your Dedicated Personal Trainer

Angela, the owner of LivFit, identifies as women-owned and stands out with her compassionate approach to personal training. Clients appreciate her ability to adapt workouts to fit individual needs, especially for those facing physical limitations. Angela's dedication to understanding each client's journey has sparked numerous positive reviews, highlighting her patience and personal touch during training sessions.

Client Testimonials: A Community of Support

Feedback from our clients reflects the warm atmosphere and supportive community at LivFit. One client mentioned, "Angela made me feel so welcome and helped me find a routine that worked for me." This sense of belonging and encouragement is what sets LivFit apart. Another satisfied client remarked, "Great place, great location! The smaller all-women group makes for a comfortable, non-judgmental environment." Many clients have noted Angela's ability to modify exercises to avoid strain on joints, saying, "As an older person, she shows different alternatives to achieve the same goal without stress." Such adaptability ensures clients feel safe while pushing their limits.

Join Us at LivFit Today!

Whether you're seeking to improve your fitness levels, learn about healthy eating habits, or simply enjoy a workout in a supportive space, LivFit Training Studio is here for you. Our goal is to help you break through your limitations and achieve a healthier lifestyle, all while providing a comfortable atmosphere for growth and improvement. We invite you to experience the difference at LivFit Training Studio. **Get ready to embrace your fitness journey** with us, and discover why so many have already recommended our unique and caring approach to personal training!

You can find us in

The phone of this **Personal trainer** is $\pm 1337-935-0976$ And if you want to send a WhatsApp, you can do so at $\pm 1337-935-0976$

We look forward to seeing you at:

Day Hours Monday Closed Tuesday 6–11?AM 2–4?PM Wednesday 6–11?AM 2–6:30?PM Thursday 6–11?AM 2–4?PM Eriday 6–11?AM 2–6:30?PM Saturday 8?AM–12?PM Sunday Closed

The website is LivFit Training Studio

In case you want to alter any data that you consider is not precise regarding this web, we kindly request send a message so that we will fix it as soon as possible. With anticipation we appreciate it.

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Tags

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