

Catalyst Fitness - Spokane

spokane

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spokane

Catalyst Fitness - Spokane

Discover Catalyst Fitness: Your Premier Personal Trainer in Spokane, Washington

At Catalyst Fitness, we pride ourselves on being a leading personal training facility in Spokane, Washington. Our commitment to excellence is reflected in our exceptional trainers, comprehensive amenities, and inclusive environment.

Why Choose Catalyst Fitness?

****Language Assistance:**** We understand the importance of effective communication in fitness. Our staff is equipped to provide language assistance,

ensuring every client feels welcome and understood. ****Amenities & On-site Services:**** At Catalyst Fitness, you'll find a range of amenities designed to enhance your workout experience. From state-of-the-art equipment to a comfortable locker room, our on-site services cater to your every need.

Service Options Tailored for Everyone

Our service options include personalized training sessions that can be scheduled at your convenience. Whether you prefer ****appointments**** or drop-in sessions, we are flexible to fit your lifestyle. ****Online Classes:**** For those who prefer training from home, we offer online classes that maintain the same high standard of instruction as our in-gym sessions.

A Welcoming Environment for All

Catalyst Fitness is proud to be ****LGBTQ+ friendly****, creating a safe and supportive space for everyone. Our facility includes a ****transgender safe space**** and is committed to inclusivity.

Accessibility Features

We believe that fitness should be accessible to all individuals. Catalyst Fitness features a ****wheelchair-accessible entrance**** and ****toilet****, alongside a ****wheelchair-accessible car park****. Our commitment to accessibility ensures everyone can participate fully in their health journey.

Community and Culture

Our gym fosters a positive atmosphere where clients support one another. As one visitor remarked, "Excellent place with an outstanding staff. Friendly, fun, positive. Highly recommended." This sense of community sets us apart from other gyms in the area.

Planning Your Visit

While walk-ins are welcome, we recommend making ****appointments**** to ensure you receive the highest quality training. Our knowledgeable staff is ready to assist you in planning your fitness journey. In summary, Catalyst Fitness in Spokane, Washington, is more than just a gym—it's a community dedicated to health, inclusivity, and support. Join us today and experience the difference!

Our business is found at

2718 E 57th Ave #107, 99223 Spokane, Washington - United States (US)

The phone number of the respective **Personal trainer** is +1509-448-3732

And if you want to send a WhatsApp, you can do so at +1509-448-3732

We look forward to seeing you at:

Day Hours
Monday

6?AM–8?PM

Tuesday

6?AM–8?PM

Wednesday

6?AM–6:30?PM

Thursday

8–10?AM

Friday

4–5?PM

Saturday

6?AM–8?PM

Sunday

6?AM–8?PM

The website is [Catalyst Fitness](#)

If you need to update any element that you think is incorrect about this site, we ask send us a message and we will correct it quickly. With anticipation thank you very much.

Images



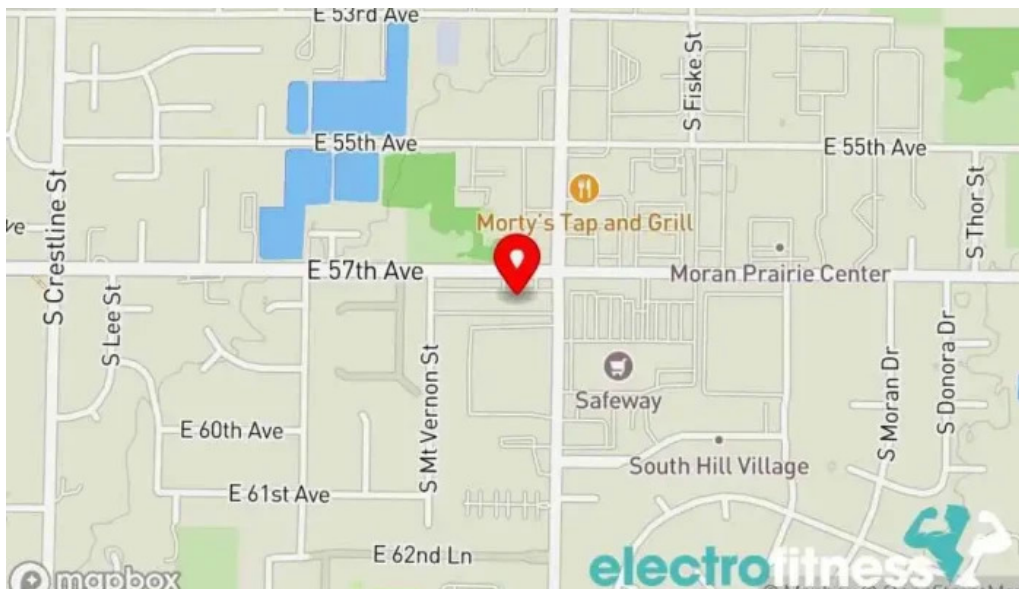
Catalyst fitness street view 360deg



Catalyst fitness spokane



Catalyst fitness physical fitness



Catalyst fitness map



Catalyst fitness by owner



Catalyst fitness all

Tags

Wheelchair-accessible toilet, Crowd, Transgender safe space, Wheelchair-accessible entrance, Toilet, Language assistance, Wheelchair-accessible car park, LGBTQ+ friendly, On-site services, Service options, Online classes, Appointment required, Planning, Accessibility, Amenities, Appointments recommended

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community center
convenience store
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country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
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elementary school
exercise equipment store
facial spa
firearms academy
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golf instructor
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gymnastics center
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rehabilitation center
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rock climbing gym
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sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
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sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
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