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Pure Edge Performance Training - Wexford

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Pure Edge Performance Training - Wexford

Discover Pure Edge Performance Training: Your Personal Trainer in Wexford, Pennsylvania

Are you on a quest for a personal trainer that can help you achieve your fitness goals? Look no further than **Pure Edge Performance Training** located in the heart of Wexford, Pennsylvania. This facility is more than just a gym; it's a community dedicated to helping individuals of all backgrounds and abilities reach their fitness aspirations. With a focus on personalized training, you are

guaranteed to find a program that suits your needs.

Accessibility and Amenities

One of the standout features of Pure Edge Performance Training is its commitment to accessibility. The facility includes a **wheelchair-accessible entrance**, a **wheelchair-accessible toilet**, and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their workouts without barriers. The spacious layout of the gym makes it easy to navigate, and they're dedicated to planning services that cater to all clients.

Service Options and Planning

At Pure Edge, **appointments are required** for training sessions, allowing trainers to provide individualized attention. It's recommended to book your spot in advance, as the team is known for their engaging service options, including **online classes** that accommodate those with busy schedules or those looking to train from home. Justin and his team have created a welcoming environment, making it easy to engage in both individual training and group classes. The atmosphere is never intimidating—clients praise the supportiveness of both staff and fellow gym-goers. **Planning each workout** based on individual goals is a core principle at Pure Edge, leading to workouts that are varied and challenging, designed to keep clients engaged and progressing.

A Community Like No Other

The community aspect of Pure Edge is one of its most beloved features. Clients frequently mention the camaraderie and support they experience, often referring to the trainers as part of their extended family. The facility hosts activities like community **whiteboard Q&A's**, fostering an inclusive atmosphere where everyone, including the **LGBTQ+ friendly** community, feels welcomed and valued.

Expert Training and Diverse Programs

The trainers at Pure Edge are experts in their fields, with many holding exercise science degrees. They tailor programs specifically to meet the needs of each client, whether you're recovering from an injury, aiming for improved athletic performance, or simply looking to boost your overall wellness. The structured programs are designed so that no two workouts are repetitive—clients can expect to stay engaged and challenged.

Client Testimonials

The glowing reviews from clients highlight the effectiveness of the training at Pure Edge. For example, one member shared, "I've been working with Justin and his strength coaches for several years and could not be happier with the results." Another client noted, "The trainers are knowledgeable, supportive and

encouraging," indicating the balanced approach they take to fitness. Parents have also voiced their appreciation for how the training has boosted their children's confidence and athletic abilities. As one parent stated, "My children have gained so much from their work with Justin and his staff at Pure Edge."

Final Thoughts

If you're ready to make a change and invest in your health, Pure Edge Performance Training offers an unrivaled experience in Wexford, Pennsylvania. With a strong emphasis on accessibility, personalized training plans, and a welcoming community, it is the ideal place for anyone looking to achieve their fitness goals. Don't miss out on this opportunity. Schedule an appointment today and discover the difference at Pure Edge Performance Training—where your fitness journey is a priority, and results are a guarantee.

We are based in

4500 Brooktree Rd, 15090 Wexford, Pennsylvania - United States (US)

The contact line of the respective **Personal trainer** is <u>+1724-972-4166</u> And if you want to send a WhatsApp, you can do so at<u>+1724-972-4166</u>

We open at the following schedule:

Day Hours Monday 6?AM-8?PM Tuesday 8?AM-1?PM Wednesday Closed Thursday 6?AM-8?PM Friday 6?AM-8?PM Saturday 6?AM-8?PM Sunday 6?AM-8?PM

The website is **Pure Edge Performance Training**

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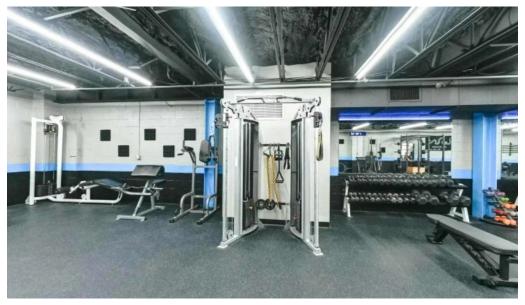
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Pure edge performance training wexford



Pure edge performance training training



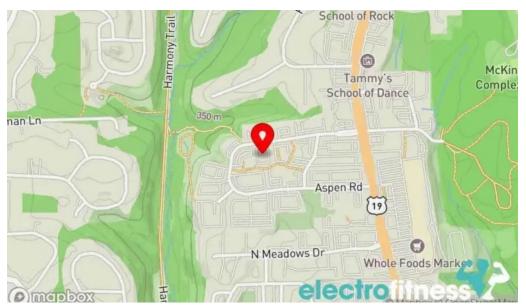
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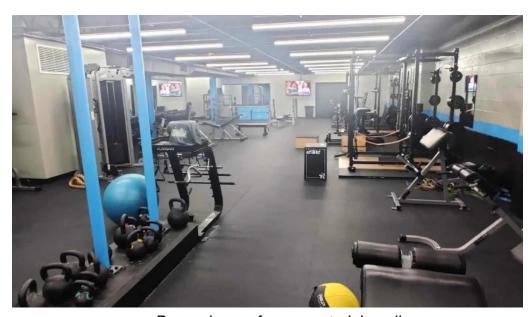
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Pure edge performance training by owner



Pure edge performance training all

Tags

Online classes, Amenities, Appointment required, Service options, Crowd, On-site services, Wheelchair-accessible entrance, Wheelchair-accessible toilet, LGBTQ+ friendly, Appointments recommended, Planning, Wheelchair-accessible car park, Accessibility, Toilet

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