

## Vitruvian Fitness ® - Wheat Ridge

wheat ridge

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*wheat ridge*

## *Vitruvian Fitness ® - Wheat Ridge*

### **Discover Vitruvian Fitness®: Your Ultimate Personal Training Experience in Wheat Ridge, Colorado**

At Vitruvian Fitness®, located in Wheat Ridge, Colorado, we are proud to offer **\*\*on-site services\*\*** that cater to every individual's fitness journey. With a **\*\*wheelchair-accessible entrance\*\***, dedicated **\*\*wheelchair-accessible car park\*\***, and **\*\*gender-neutral toilets\*\***, we ensure that everyone feels welcome and supported within our community.

## **A Welcoming and Inclusive Environment**

We believe that fitness should be accessible to all, which is why Vitruvian Fitness is committed to being an **\*\*LGBTQ+ friendly\*\*** space. Our community is a **\*\*crowd\*\*** of supportive individuals who uplift each other, making every workout not just effective but enjoyable. Whether you're a beginner or a seasoned athlete, you'll find a home here.

## **Tailored Support and Planning**

At Vitruvian Fitness®, personalized attention is at the core of what we do. Our trainers take the time to understand your unique goals, injuries, and fitness history, ensuring that every session is tailored to your needs. **\*\*Appointments are required\*\***, and while we recommend scheduling in advance, we also offer **\*\*online classes\*\*** for those who prefer training from home.

## **A Comprehensive Approach to Fitness**

Our programs emphasize **\*\*functional strength\*\*** and longevity, helping clients achieve their fitness aspirations while incorporating activities they enjoy. As one member noted, "I keep learning new movements and gaining strength with coaching and support for both programmed movements and extracurricular hobbies." The investment in your personal health here is worth every moment.

## **A Community That Cares**

Many of our members speak highly of the community atmosphere at Vitruvian Fitness®. One client shared, "There is a kindness, a community, and friendship offered at Vitruvian that I have never seen in a gym before." This nurturing environment, combined with knowledgeable trainers, encourages consistency and growth.

## **State-of-the-Art Amenities**

Our facility is equipped with the latest technology to enhance your workout experience. From **\*\*wheelchair-accessible toilets\*\*** to spacious training areas, we provide an environment that fosters physical improvement. This is reflected in the testimonials of our satisfied clients, many of whom highlight their progress and newfound strength since joining.

## **Commitment to Health and Well-Being**

For us, fitness is not just about lifting weights or burning calories; it's about creating a lifestyle that promotes overall well-being. Testimonials reflect the transformative experiences of our clients, showing how they've overcome challenges—be it recovering from injuries, enhancing athletic performance, or simply enjoying a healthier lifestyle.

## **Join Us Today!**

If you're seeking a place where you can focus on personal health and

improvement, consider Vitruvian Fitness® as your go-to location. With our commitment to **\*\*accessibility\*\***, **\*\*customized service options\*\***, and a supportive **\*\*community\*\***, we invite you to embark on a journey towards a fitter, healthier you. Contact us today to learn more about our offerings and to schedule your first appointment. Experience fitness like never before at Vitruvian Fitness!

**Our address is**

7605 W 44th Ave D, 80033 Wheat Ridge, Colorado - United States (US)

The contact line of this **Personal trainer** is +1303-455-0437

And if you want to send a WhatsApp, you can do so at +1303-455-0437

**We are available at these times:**

Day	Hours
Monday	Closed
Tuesday	6?AM–7?PM
Wednesday	5:30?AM–7?PM
Thursday	6?AM–7?PM
Friday	5:30?AM–7?PM
Saturday	6?AM–2?PM
Sunday	7:30–11?AM

The website is Vitruvian Fitness ®

If you need to update any information that you believe is not correct concerning this portal, we kindly request send us a message so we can we will fix it quickly. Thanks beforehand thanks for your cooperation.

**Images**



*Vitruvian fitness ® wheat ridge*



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*Vitruvian fitness r physical fitness*



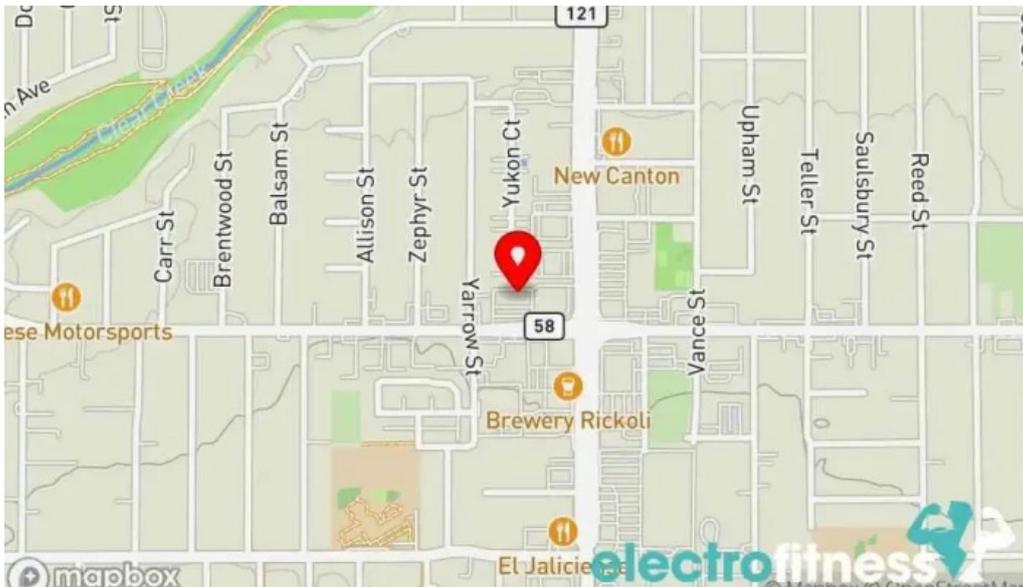
*Vitruvian fitness r personal trainer*



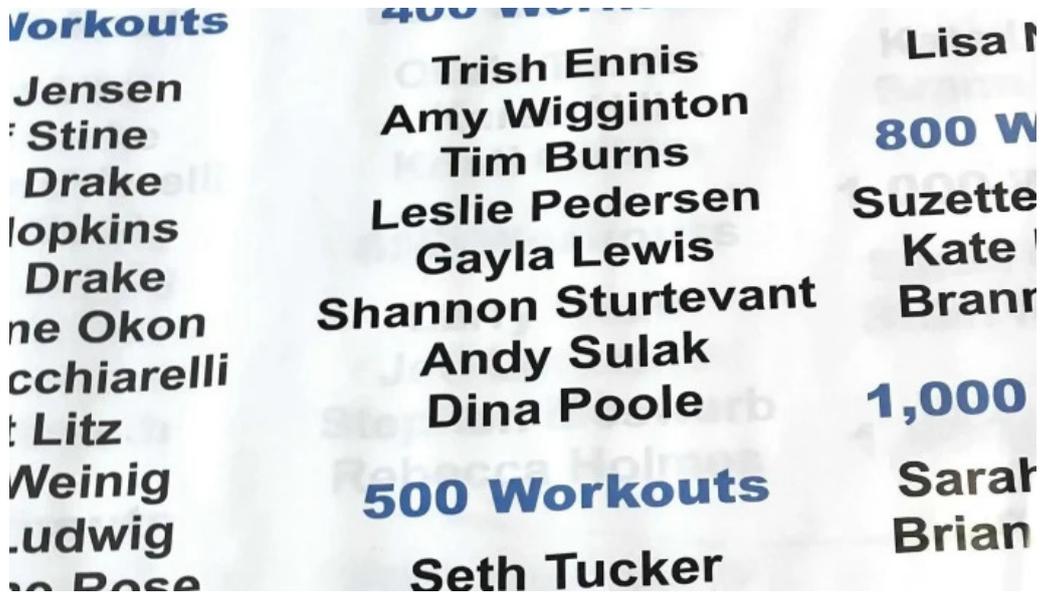
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## Tags

*Accessibility, Amenities, Toilet, Appointment required, Appointments recommended, Planning, Wheelchair-accessible car park, On-site services, LGBTQ+ friendly, Service options, Wheelchair-accessible toilet, Online classes, Wheelchair-accessible entrance, Gender-neutral toilets, Crowd*

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convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club

golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range

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spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
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