

Yakima Fitness Nutrition - Yakima

yakima



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Yakima Fitness Nutrition - Yakima

Discover Yakima Fitness Nutrition: Your Personal Trainer in Yakima, Washington

If you are seeking a dedicated personal trainer who truly understands your fitness goals, look no further than ****Yakima Fitness Nutrition****. Located in Yakima, Washington, this gym not only offers tailored workout plans but also prides itself on its accessibility and community-oriented ethos.

Accessibility Features

Yakima Fitness Nutrition is committed to making fitness available to everyone.

The facility comes with a ****wheelchair-accessible car park****, ensuring that all clients can easily access the premises. The ****wheelchair-accessible entrance**** allows for a smooth transition into the gym, and amenities such as a ****wheelchair-accessible toilet**** ensure comfort for every visitor.

Community-Centric and Latino-Owned

The gym identifies as ****Latino-owned****, fostering a sense of community and inclusivity. This aspect resonates with clients who appreciate a supportive environment where their cultural background is recognized and valued.

Why Choose Yakima Fitness Nutrition?

Many clients have shared their experiences training with Adam, a highly praised personal trainer at Yakima Fitness Nutrition. Here's what they had to say: - ****Increased Confidence****: Training with Adam has helped many regain their confidence to return to the gym after breaks. His personable nature and ability to listen to clients' goals make each session productive. - ****Tailored Workouts****: Adam works closely with his clients, pushing them to achieve their personal bests while taking into account individual body needs. Many have highlighted how he keeps them ****accountable**** for their health changes. - ****Well-Planned Sessions****: Clients appreciate that every workout is structured with a clear plan. Although the sessions are challenging, Adam encourages everyone to push their limits, leading to significant progress over time. - ****Supportive Environment****: The gym is described as a great place to exercise, with supportive staff and excellent supplements that are among the best in Yakima. - ****Expert Guidance****: Adam's professionalism and extensive knowledge make clients feel comfortable and well-supported during their fitness journey. Many have recommended him as a top choice for anyone in the Yakima Valley seeking a skilled personal trainer.

Conclusion

Whether you're a beginner or an experienced fitness enthusiast, Yakima Fitness Nutrition offers the resources and support needed to succeed. With its accessibility features and a strong commitment to client wellness, this gym stands out as a premier destination for fitness in Yakima, Washington. Join the community today and discover how Adam can help you achieve your fitness goals!

You can find us at

104 E Race St, 98901 Yakima, Washington - United States (US)

The contact phone of said **Personal trainer** is +1509-969-1461
And if you want to send a WhatsApp, you can do so at +1509-969-1461

We open at the following schedule:

Day Hours

Monday

Closed

Tuesday

8–11:30?AM 4–7?PM

Wednesday

8–11:30?AM 4–7?PM

Thursday

8–11:30?AM 4–7?PM

Friday

8–11:30?AM 4–7?PM

Saturday

8–11:30?AM 4–7?PM

Sunday

8–11:30?AM

The website is [Yakima Fitness Nutrition](#)

In case you want to update any detail that you believe is not correct regarding this site, we ask send a message so that we will handle it as soon as possible. Thank you in advance thanks.

Images



Yakima fitness nutrition yakima



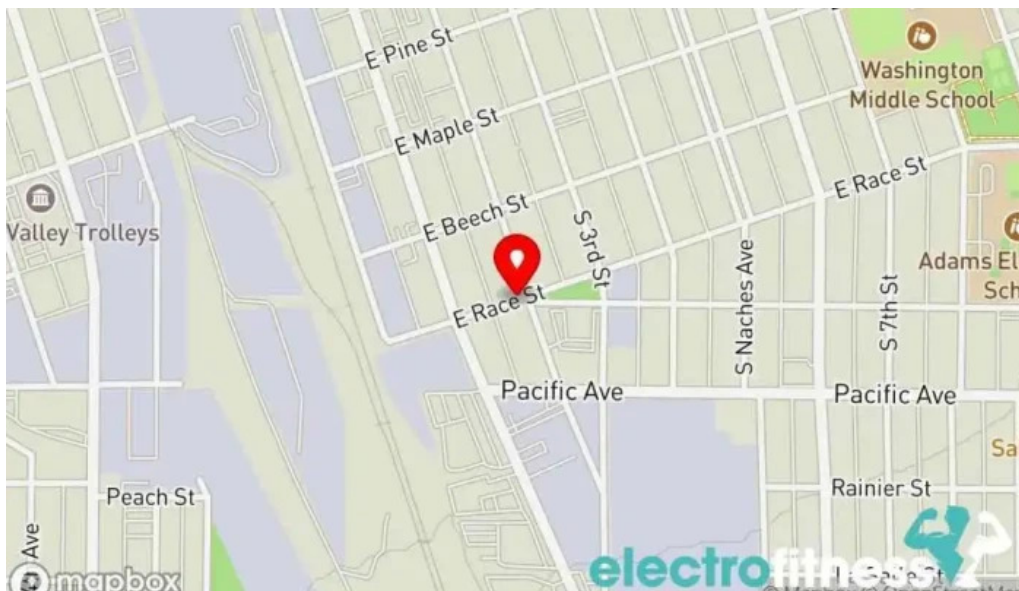
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Tags

Amenities, Wheelchair-accessible car park, Identifies as Latino-owned, Toilet, Accessibility, From the business, Wheelchair-accessible entrance, Wheelchair-accessible toilet

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