

WebFitness - Aliso Viejo

aliso viejo

☐ I'm not a robot


ReCAPTCHA

Published on: 07/05/25	Hits: 44
Comments: 0	See comments
Votes: 4	Score: 4

https://www.electrofitness.com/physical-fitness-program/aliso-viejo/webfitness-aliso-viejo_277920.php



aliso viejo

WebFitness - Aliso Viejo

Discover WebFitness: Your Ultimate Physical Fitness Program in Aliso Viejo, California

WebFitness is a premier physical fitness program located in Aliso Viejo, California, designed to cater to individuals of all ages and fitness levels. With an array of service options, including ****online classes****, WebFitness stands out by providing a comprehensive fitness experience that emphasizes accessibility and personalized coaching.

Why Choose Online Classes at WebFitness?

In today's digital age, the flexibility of **online classes** has become essential. WebFitness offers interactive sessions that can easily fit into any schedule, allowing you to work out from the comfort of your home. These classes are tailored to accommodate different fitness levels, ensuring everyone can participate and achieve their personal goals.

Accessibility for Everyone

One of the standout features of WebFitness is its commitment to **accessibility**. The facility includes a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, removing barriers for those who require additional support. This thoughtful approach enables more individuals to engage in physical fitness, ensuring that no one is left behind.

Personalized Coaching that Inspires

Clients rave about the supportive coaching staff, particularly Coach Bernadette, who provides individual attention to each member. As one member noted, "Coach Bernadette was such a pleasure to work with," highlighting her dedication to monitoring meal prepping and workout schedules. This personalized approach not only inspires motivation but also fosters a sense of community among participants.

Comprehensive Diet Monitoring

In addition to fitness coaching, the diet team at WebFitness plays a crucial role in helping members achieve their nutritional goals. Feedback from clients indicates that they appreciate the thorough monitoring of food intake, with excellent suggestions provided to support their dietary needs. This holistic approach ensures that individuals receive a well-rounded service, enhancing their overall fitness journey.

Challenges & Considerations

While the positive reviews underscore the effectiveness of the program, it's essential for prospective members to be aware of potential challenges. Some users have reported issues with account access and billing, emphasizing the importance of clear communication with the WebFitness team. Despite these concerns, many still recommend the program for its outstanding features and commitment to client success.

Conclusion

WebFitness in Aliso Viejo offers a dynamic and inclusive physical fitness program that caters to a diverse audience. With **online classes**, accessible facilities, and a dedicated coaching team, it provides a valuable resource for anyone looking to improve their fitness. Whether you are just starting out or looking to elevate your routine, WebFitness promises to deliver an exceptional fitness experience tailored to your needs.

The location of our business is in

135 Columbia #102, 92656 Aliso Viejo, California - United States (US)

The contact line of this **Physical fitness program** is +1949-305-0002

And if you want to send a WhatsApp, you can do so at +1949-305-0002

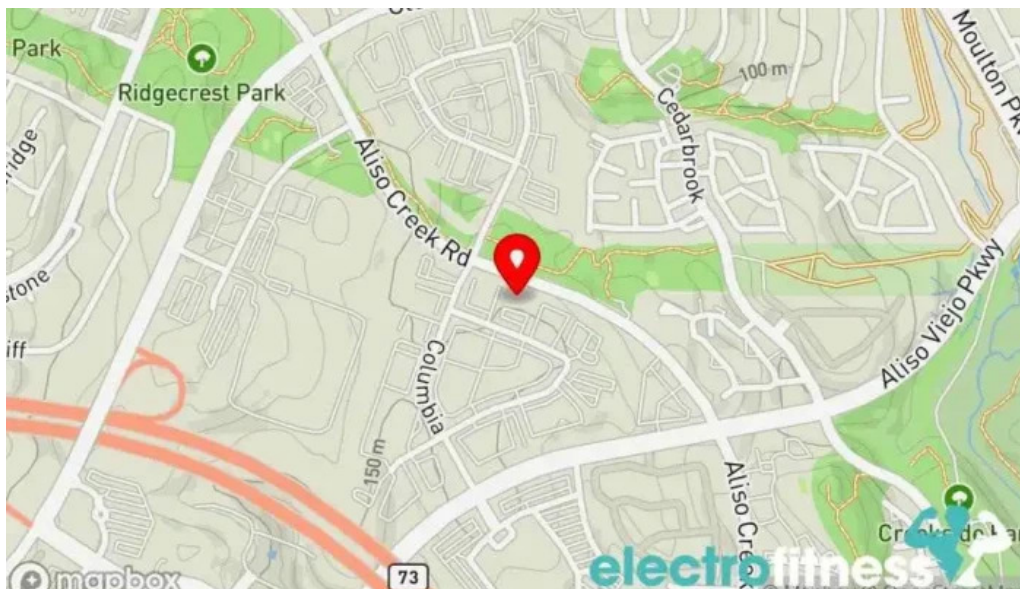
Our public attention hours are:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is WebFitness

If you wish to adjust any detail that you consider is not correct related to this site, please deliver a message and we will correct it quickly. With anticipation thank you very much.

Images



Webfitness map



Webfitness by owner



Webfitness all



Webfitness aliso viejo

Tags

Wheelchair-accessible car park, Online classes, Wheelchair-accessible entrance, Service options, Accessibility

Related content

5.0 * *Aliso CrossFit - Aliso Viejo*

5.0 * *Purposeful Strength: In Person & Online Personal Training - Richmond*

4.9 * *Train Unique Lafayette - Lafayette*

4.4 *	<i>Trident Martial Arts - Santa Clarita</i>
4.9 *	<i>Hardcore Fitness Agoura Hills - Agoura Hills</i>
4.8 *	<i>Bay State Gymnastics Academy - North Dartmouth</i>
4.8 *	<i>Egley Train Boise Jiu Jitsu - Hq - Boise</i>
5.0 *	<i>Aumen Performance - Littlestown</i>
4.4 *	<i>Santa Fe Yoga Therapy - Santa Fe</i>
4.9 *	<i>The Perfect Workout - Oakland</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist

kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club

sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization