

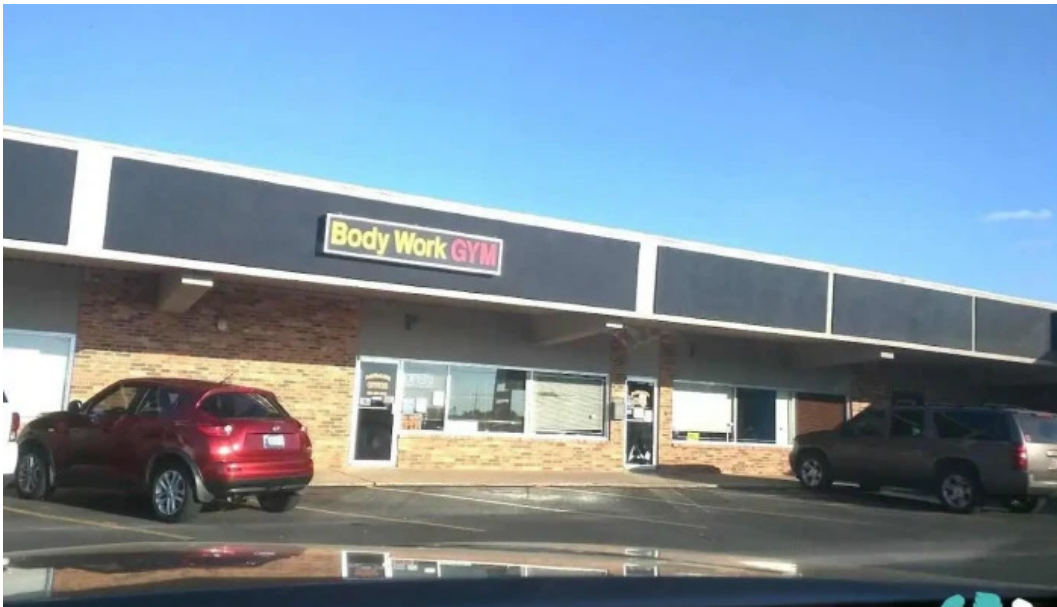
Body Work Gym - Altus

altus

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https://www.electrofitness.com/physical-fitness-program/altus/body-work-gym-altus_328108.php



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Body Work Gym - Altus

Discover Body Work Gym: Your Go-To Physical Fitness Program in Altus, Oklahoma

Body Work Gym is a premier destination for fitness enthusiasts located in Altus, Oklahoma. Known for its ****cleanliness**** and ****well-maintained equipment****, this gym caters to individuals of all fitness levels. With a range of features and accessibility options, it's the perfect place to achieve your workout goals.

Accessibility Matters

One of the standout features of Body Work Gym is its commitment to ****accessibility****. The facility boasts a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy their fitness journey without barriers. This thoughtful design makes the gym a welcoming space for all members of the community.

A Well-Equipped Fitness Space

Members rave about the extensive range of equipment available at Body Work Gym. From free weights to machines, and even specialized tools like speed bags and body bags for cardio workouts, there's something for everyone. Whether you're looking to lift heavy or engage in high-intensity training, this gym has you covered.

24-Hour Access for Your Convenience

With 24-hour access, Body Work Gym offers unmatched convenience for those who prefer to workout on their own schedule. Whether you're an early bird or a night owl, you can make the most of your time at the gym without feeling rushed. Many members appreciate the quieter hours late at night, allowing them to focus solely on their workouts.

Exceptional Customer Service

The owner of Body Work Gym is frequently praised for being approachable and willing to assist with any inquiries. This creates a friendly atmosphere that encourages both new and returning members to feel comfortable while pursuing their fitness goals.

Cleanliness and Maintenance

A clean environment enhances the workout experience, and Body Work Gym excels at maintaining its facilities. Members consistently express their appreciation for the cleanliness of both the equipment and the tanning beds, including the popular red light therapy beds. This commitment to hygiene ensures that everyone can work out with peace of mind.

Membership Options

Body Work Gym offers flexible membership options, including monthly and weekly plans, which cater to varying needs and schedules. They even provide military discounts, making it an affordable choice for individuals who serve our country.

Community and Atmosphere

The atmosphere at Body Work Gym promotes focus and determination. Many members enjoy the lack of overcrowding, which allows them to concentrate on their workouts without distractions. The simplicity of the gym ensures that all equipment is readily available, making it easy to complete your routines.

efficiently.

Conclusion

Body Work Gym stands out as a top choice for physical fitness programs in Altus, Oklahoma. With its accessibility features, comprehensive range of equipment, 24-hour access, and exceptional customer service, it's no wonder that so many individuals have made this gym their home. Experience the difference for yourself and take your fitness journey to the next level at Body Work Gym.

Our establishment is located at

3000 N Main St # 200, 73521 Altus, Oklahoma - United States (US)

The contact phone of the mentioned **Physical fitness program** is +1580-480-1011
And if you want to send a WhatsApp, you can do so at +1580-480-1011

You can visit us at the following hours:

Day	Hours
Monday	2–7?PM
Tuesday	4–6?PM
Wednesday	Closed
Thursday	Closed
Friday	2–7?PM
Saturday	2–7?PM
Sunday	2–7?PM

The website is Body Work Gym

If necessary to alter any element that you feel is not correct about this web, we ask send a message so that we will fix it at the earliest convenience. Thanks beforehand we appreciate it.

Images



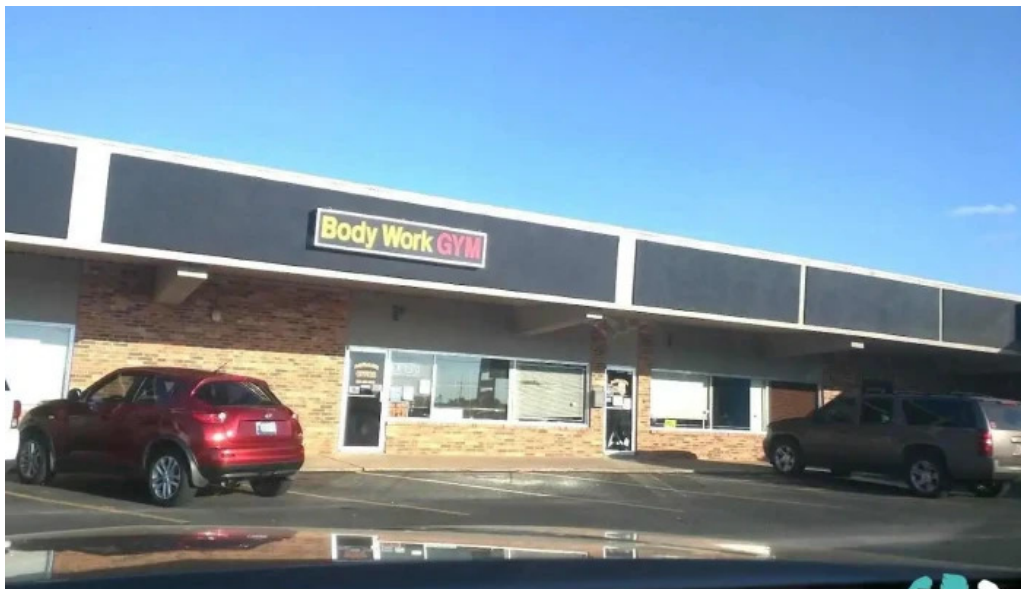
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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