

CrossFit Anchorage - Anchorage

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Discover CrossFit Anchorage: Your Accessible Fitness Destination

If you're searching for a ****top-notch CrossFit experience**** in Anchorage, Alaska, look no further than CrossFit Anchorage. This gym stands out not only for its ****dedicated trainers**** and welcoming atmosphere but also for its commitment to ****accessibility**** for all members.

Accessibility Features

One of the key aspects that make CrossFit Anchorage a great choice is its

emphasis on accessibility. The facility includes a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can join in on the fun and fitness. Whether you are a seasoned CrossFitter or new to the gym scene, this inclusive environment fosters a sense of belonging for individuals of all shape, sizes, and abilities.

A Welcoming Atmosphere

CrossFit Anchorage prides itself on creating a friendly and supportive community. Members often describe it as a place where you feel like part of an extended family. This welcoming vibe allows individuals to push their limits while receiving encouragement from fellow gym-goers. “There are people of all shapes, sizes, and physical abilities, and everyone is friendly and encouraging,” noted one member.

Expert Coaching

Under the guidance of owner and head coach Vic, participants enjoy a comprehensive approach to fitness. “Vic is the best trainer I've ever worked with,” shared a member, highlighting the careful attention to technique and safety. The coaches at CrossFit Anchorage are known for being approachable, patient, and skillful at pushing you just far enough to achieve your goals without risking injury.

Clean and Spacious Facilities

Cleanliness and organization are critical components at CrossFit Anchorage. The spacious layout of the facility means that workouts can be conducted comfortably without overcrowding. One visitor praised the gym, stating, “The facility is large so you are not crowded and the exercises are explained thoroughly.” With dedicated areas for various training methods, including turf for Strong Man training, the gym provides an optimal atmosphere for all types of workouts.

Structured Programs for All Levels

CrossFit Anchorage offers carefully programmed workouts along with a thorough fundamentals class. This three-hour session focuses on advanced Olympic lifts such as cleans and the snatch, ensuring that members are well-prepared and confident in their techniques. Whether you're just starting out or looking to refine your skills, this gym has something for everyone.

Conclusion: Join the CrossFit Anchorage Community

With its **wheelchair-accessible features**, expert coaching, and welcoming atmosphere, CrossFit Anchorage is truly a hidden gem in Alaska. Whether you're visiting for a short trip or looking for a new permanent workout space, this gym promises a supportive environment filled with motivation and camaraderie. Come check them out, get a sweat on, and maybe even grab a t-shirt to

remember your experience!

Our premises are located at

620 E 57th Pl, 99518 Anchorage, Alaska - United States (US)

The phone of the respective **Physical fitness program** is +1907-764-9554
And if you want to send a WhatsApp, you can do so at +1907-764-9554

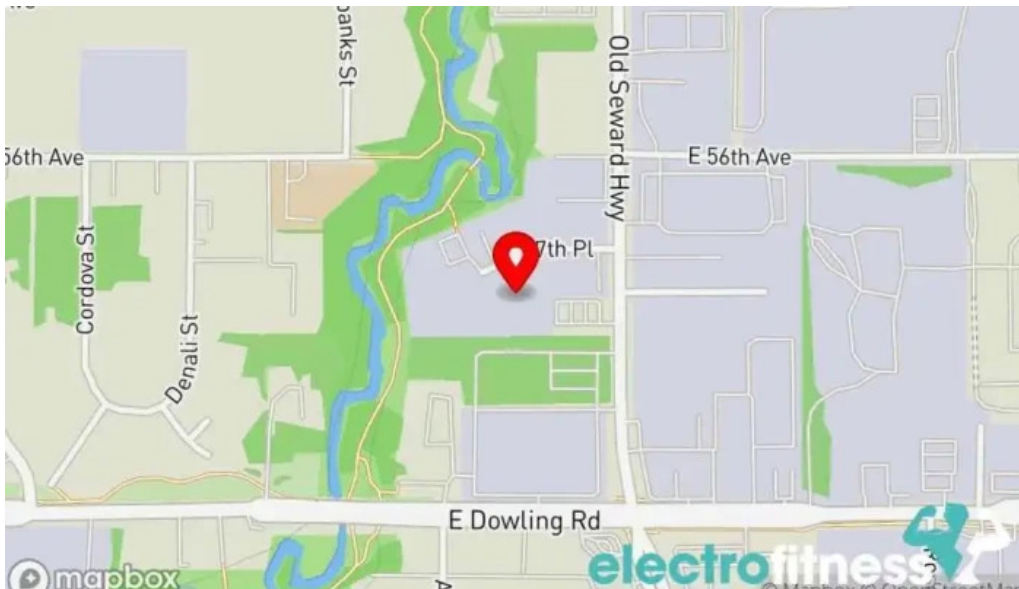
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Closed
Tuesday
4?AM–7:30?PM
Wednesday
4?AM–7:30?PM
Thursday
4?AM–7:30?PM
Friday
4?AM–7:30?PM
Saturday
4?AM–7:30?PM
Sunday
6–10?AM

The website is CrossFit Anchorage

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Images



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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