

## Human Performance Laboratory - Anchorage

anchorage

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## *Human Performance Laboratory - Anchorage*

### **Physical Fitness Program at Human Performance Laboratory in Anchorage, Alaska**

The **Human Performance Laboratory** in Anchorage, Alaska, offers an exceptional **Physical Fitness Program** designed to cater to individuals of all fitness levels. This state-of-the-art facility is committed to providing a supportive and inclusive environment for all participants.

## Accessibility Features

One of the standout aspects of the Human Performance Laboratory is its emphasis on **accessibility**. The facility ensures that everyone can take part in their fitness programs without barriers. It includes a **wheelchair-accessible car park**, making it convenient for those with mobility challenges to visit.

## Planning Your Visit

Before participating in the program, it's essential to keep in mind that an **appointment is required**. This planning step helps the staff prepare for your visit and tailor the experience to your specific needs. The team is dedicated to providing personalized guidance to enhance your fitness journey.

## Facility Access

Upon arrival, you'll find a **wheelchair-accessible entrance** that ensures easy access to the facility. This consideration speaks volumes about the commitment of the Human Performance Laboratory to cater to a diverse clientele.

## Join the Community

By choosing the Physical Fitness Program at the Human Performance Laboratory, you are not only investing in your health but also becoming part of a welcoming community. Their dedication to accessibility and individualized planning makes it a top choice for anyone looking to improve their physical fitness in Anchorage.

## We are situated in

Professional Studies Building, 2533 Providence Dr Room 162, 99508 Anchorage, Alaska - United States (US)

The contact line of the mentioned **Physical fitness program** is +1907-786-4649  
And if you want to send a WhatsApp, you can do so at +1907-786-4649

## Our business hours are:

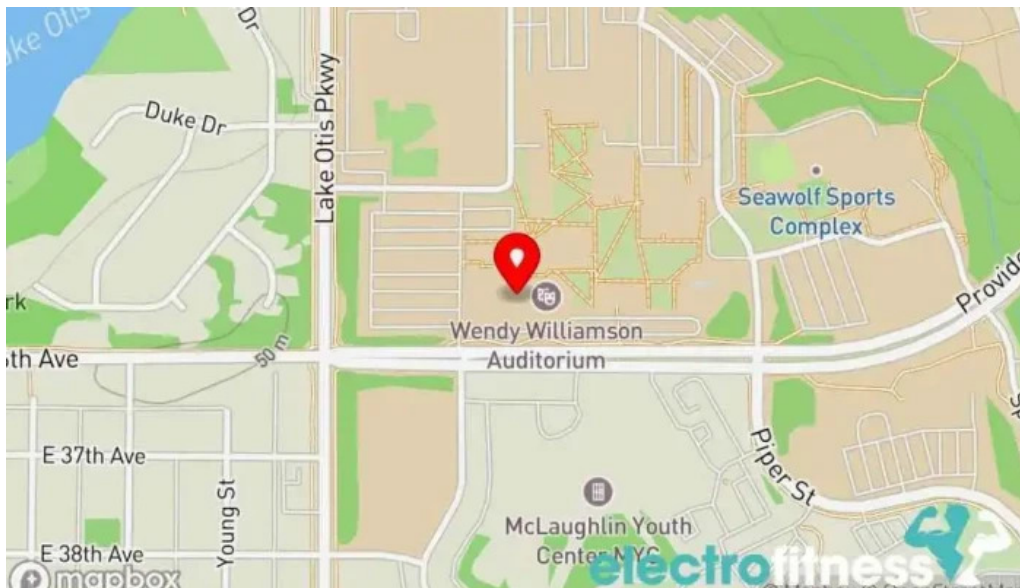
Day Hours  
Monday  
Closed  
Tuesday

9?AM–5?PM  
Wednesday  
9?AM–5?PM  
Thursday  
9?AM–5?PM  
Friday  
9?AM–5?PM  
Saturday  
9?AM–5?PM  
Sunday  
Closed

The website is [Human Performance Laboratory](#)

If you wish to adjust any information that you feel is incorrect regarding this site, we ask send a message and we will fix it as soon as possible. Thanks beforehand thanks.

## Images



*Human performance laboratory map*



*Human performance laboratory by owner*



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*Human performance laboratory all*

## Tags

*Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance, Appointment required, Planning*

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academic department
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arena
art gallery
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basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center

dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital

hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution



public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
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swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
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water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization