

Electro Fitness: Best Electro Fitness

## The Backyard - Angleton

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# The Backyard - Angleton

# Discover The Backyard: The Premier Physical Fitness Program in Angleton, Texas

If you're searching for a vibrant fitness community that caters to all abilities, look no further than \*\*The Backyard\*\* in Angleton, Texas. This exceptional program not only provides a great workout but also fosters an inclusive environment that welcomes everyone.

## **Accessibility Features at The Backyard**

One of the standout features of The Backyard is its commitment to

accessibility. For individuals with mobility challenges, the facility boasts a \*\*wheelchair-accessible car park\*\* and a \*\*wheelchair-accessible entrance\*\*. This ensures that everyone can participate in the invigorating workouts offered without any barriers.

## Why Choose The Backyard?

Visitors rave about their experiences at The Backyard, highlighting the diverse range of workouts available. From conditioning and cardio to strength training, the program is designed to help individuals achieve their fitness goals. One satisfied participant noted, "Great workout, great coach, great vibe...and there were dogs Expert Coaching and Instruction

The trainers at The Backyard are not just knowledgeable but deeply committed to the success of their clients. As one attendee shared, "I was lucky enough to get to do a workout here with a friend while visiting from out of town. If you live near here, you should definitely check it out!" Such testimonials reflect the quality of coaching available, making it a place worth revisiting. Another member stated, "Good classes, great instruction. Definitely recommend." This highlights the effective training methods employed, ensuring participants leave each session feeling accomplished and motivated.

## **Community and Support**

At The Backyard, it's not just about fitness; it's about building a community. Participants consistently describe the environment as supportive and friendly. "A great place to workout, sweet people, and an amazing coach," exemplifies the bond formed among members, creating lasting friendships alongside fitness progress.

## Join The Backyard Today!

Whether you're a local resident or just visiting, The Backyard in Angleton, Texas is a must-visit destination for anyone looking to enhance their physical fitness journey. With accessible amenities and a passionate team of coaches, this program stands out as a beacon of inclusivity and excellence. Don't miss the chance to be part of this fantastic fitness community—check out The Backyard today!

#### You can find us at

305 E Mulberry St, 77515 Angleton, Texas - United States (US)

The contact phone of the mentioned **Physical fitness program** is <u>+1979-481-0486</u> And if you want to send a WhatsApp, you can do so at<u>+1979-481-0486</u>

## Our public attention hours are:

Day Hours
Monday
9–11?AM
Tuesday
Closed
Wednesday
4–10?AM 12–9?PM
Thursday
5–10?AM 12–9?PM
Friday
4–10?AM 12–9?PM
Saturday
5–10?AM 12–9?PM
Saturday
5–10?AM 12–9?PM
Sunday

4-10?AM 12-6?PM

## The website is **The Backyard**

If you need to adjust any detail that you believe is not correct related to this web, please send a message so that we will fix it quickly. With anticipation thank you very much.



The backyard map



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## **Tags**

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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athletic track
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basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring

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community college
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dance company
dance school
day spa
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electric utility company
elementary school
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firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain

gated community
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golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
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indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
may that boxing gym

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nutritionist
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outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
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public educational institution
public library
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recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
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self defense school
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sports nutrition store
sports school
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supermarket
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swimming pool
swimming school
taekwondo school
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training centre
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water park
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women's organization
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yoga instructor
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