

## Health & Fitness Center of Jdp - Jennings

jennings

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### *Health & Fitness Center of Jdp - Jennings*

#### **Discover the Health & Fitness Center of JDP in Jennings, Louisiana**

If you're looking for a comprehensive **physical fitness program**, look no further than the Health & Fitness Center of JDP in Jennings, Louisiana. This facility is not only equipped with an array of amenities but also provides a welcoming environment for fitness enthusiasts of all levels.

#### **A Splash of Fun: The Swimming Pool**

One of the standout features of the Health & Fitness Center is its **indoor**

swimming pool\*\*. This heated pool is perfect for a refreshing swim after a workout or to engage in low-impact exercises. Whether you're training for a competition or simply looking to relax and enjoy the water, the pool offers a great opportunity to enhance your physical fitness.

### **Accessibility for Everyone**

The Health & Fitness Center prioritizes inclusivity, boasting a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*. This commitment to accessibility ensures that everyone can enjoy the various amenities and programs offered, making it a community-friendly space for all individuals, including those with mobility challenges.

### **Top-notch Amenities to Enhance Your Workout Experience**

In addition to the swimming pool, the center features a variety of workout equipment suitable for all fitness levels. From cardio machines to strength-training tools, you'll find everything you need to achieve your fitness goals. Members frequently praise the cleanliness and comfort of the facility, creating a pleasant atmosphere to work out.

### **Supportive Staff and Community**

The friendly and helpful staff at the Health & Fitness Center have received glowing reviews from members. Many visitors have mentioned how accommodating the team is, offering suggestions and support tailored to individual schedules and needs. The manager, Misty, is particularly noted for her kind spirit, emphasizing the welcoming community vibe that encourages members to stay motivated.

### **Why Choose the Health & Fitness Center of JDP?**

1. **Diverse Programs**: From CrossFit to swimming, there's something for everyone. 2. **Community Atmosphere**: Engage with a supportive community that helps you stay on track. 3. **Convenient Location**: Ideal for travelers, including truckers, looking for a reliable gym while on the road. Whether you're a busy parent juggling multiple responsibilities or a professional on the go, the Health & Fitness Center of JDP has created an inviting space where everyone can pursue their fitness journey. Join today and experience the transformation for yourself!

### **We are based in**

2002 Johnson St, 70546 Jennings, Louisiana - United States (US)

The contact line of the mentioned **Physical fitness program** is +1337-616-0630  
And if you want to send a WhatsApp, you can do so at +1337-616-0630

**We look forward to seeing you at:**

Day Hours  
Monday  
12–5?PM  
Tuesday  
4:30?AM–10?PM  
Wednesday  
4:30?AM–10?PM  
Thursday  
4:30?AM–10?PM  
Friday  
4:30?AM–10?PM  
Saturday  
4:30?AM–9?PM  
Sunday  
7?AM–5?PM

The website is [Health & Fitness Center of JDP](#)

If you wish to adjust any detail that you think is not precise regarding this site, we urge you to send us a message and we will adjust it at the earliest convenience. Thanks beforehand thanks.

## Images



*Health fitness center of jdp street view 360deg*



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## Tags

*Wheelchair-accessible car park, Swimming pool, Wheelchair-accessible entrance, Amenities, Accessibility*

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