

## Pure Barre - Lafayette

lafayette

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*lafayette*

## *Pure Barre - Lafayette*

### **Discover the Physical Fitness Program at Pure Barre Lafayette, Louisiana**

If you're looking for an engaging and effective way to enhance your physical fitness, look no further than **\*\*Pure Barre Lafayette\*\***. This program offers a unique blend of workout classes designed to sculpt, strengthen, and tone your entire body. Based on feedback from numerous attendees, the experience at Pure Barre is both welcoming and transformative.

### **Accessibility Features**

One of the standout features of Pure Barre Lafayette is its commitment to

accessibility. The studio boasts a **wheelchair-accessible car park**, ensuring that all guests can enjoy their workouts without hassle. Additionally, the **wheelchair-accessible entrance** allows easy access to the studios, making it inclusive for everyone. This focus on accessibility demonstrates that Pure Barre values all members of the community.

## **A Welcoming Atmosphere**

From the moment you step inside Pure Barre Lafayette, you'll be greeted with smiles and a warm welcome. Many first-time visitors, like one attendee who described their initial experience, noted how the staff made them feel right at home immediately. **Emily**, a friendly front desk staff member, is often praised for her informative and patient demeanor, helping newcomers navigate their fitness journey with ease.

## **Incredible Instructors**

The instructors at Pure Barre Lafayette truly set this program apart. With a variety of classes such as **Align, Define, Classic, and Empower**, there's something for everyone. Attendees have noted how instructors like **Angela, Kylie, and Tonya** provide personalized attention, ensuring that participants receive valuable feedback on their form and posture. This level of engagement not only maximizes workout effectiveness but also builds confidence among members of all fitness levels.

## **Diverse Class Offerings**

Pure Barre Lafayette prides itself on offering a diverse range of class types, catering to all fitness levels and preferences. Whether you are looking for a high-energy session or a more nurturing class like Angela's Align, you will find it here. Many members highlight how classes challenge them while still being enjoyable, leading to improvements in strength, flexibility, and overall wellbeing.

## **Community Spirit**

Beyond workouts, Pure Barre Lafayette fosters a strong sense of community. Many clients express appreciation for the supportive environment where friendships are easily formed. As one member shared, "It's a great place to create new friends and healthy habits," emphasizing how the community aspect is just as valuable as the physical fitness program itself.

## **Transformational Results**

Participants consistently report remarkable improvements in their physical fitness. From increased core strength to better endurance, the results speak for themselves. Members have noted that they feel empowered and invigorated after each class, which is a testament to the effective combination of low-impact but powerful workouts offered at Pure Barre.

## Conclusion: A Must-Try Fitness Program

If you're searching for an uplifting fitness experience that encourages growth and personal achievement, **Pure Barre Lafayette** is highly recommended. With its accessibility features, supportive instructors, and vibrant community, this program promises not only to challenge your body but also to uplift your spirit. Don't hesitate—consider taking that first class and discovering what makes Pure Barre a beloved choice for fitness enthusiasts in Lafayette, Louisiana!

**You can come to our business at**

*4243 Ambassador Caffery Pkwy Suite 117, 70508 Lafayette, Louisiana - United States (US)*

The contact line of said **Physical fitness program** is +1337-993-2454  
And if you want to send a WhatsApp, you can do so at +1337-993-2454

## Our opening hours are:

Day Hours  
Monday  
9:30–10:30?AM  
Tuesday  
5:30?AM–7?PM  
Wednesday  
8:30?AM–7?PM  
Thursday  
5:30?AM–7?PM  
Friday  
8:30?AM–7?PM  
Saturday  
5:30?AM–1?PM  
Sunday  
8?AM–1?PM

The website is Pure Barre

If necessary to update any detail that you consider is not correct regarding this site, we kindly request send a message and we will fix it as soon as possible. With anticipation thank you very much.

## Images



*Pure barre street view 360deg*



*Pure barre prices*



*Pure barre physical fitness program*



*Pure barre map*



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## Tags

*Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance*

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| 5.0 * | <i>Integrated Movement - Valparaíso</i>          |
| 4.7 * | <i>Class Ufc Gym Winfield - Crown Point</i>      |
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|                            |
|----------------------------|
| amusement park ride        |
| arena                      |
| association / organization |
| bar                        |
| body shaping class         |
| boxing gym                 |
| boxing ring                |
| church                     |
| coffee shop                |
| community center           |
| convenience store          |
| country club               |
| dollar store               |
| elementary school          |
| exercise equipment store   |
| fitness center             |
| golf club                  |
| grocery store              |
| gym                        |
| gymnastics center          |
| health consultant          |
| hospital                   |
| hotel                      |
| indoor cycling             |
| jujitsu school             |
| karate school              |
| kickboxing school          |
| martial arts club          |
| martial arts school        |
| non-profit organization    |



|                                |
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| personal trainer               |
| physical fitness program       |
| physical therapy clinic        |
| pilates studio                 |
| public educational institution |
| recreation center              |
| rock climbing gym              |
| school district office         |
| shooting range                 |
| sports complex                 |
| sports school                  |
| tennis club                    |
| thrift store                   |
| vitamin & supplements store    |
| wellness center                |
| yoga studio                    |