

Alpha Fitness - Ledgewood

ledgewood

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https://www.electrofitness.com/physical-fitness-program/ledgewood/alpha-fitness-ledgewood_307537.php



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Alpha Fitness - Ledgewood

Alpha Fitness: A Review of the Ledgewood, New Jersey Gym

Alpha Fitness, located in Ledgewood, New Jersey, offers a variety of fitness equipment and accessibility features that cater to all members, including those with disabilities. With its ****wheelchair-accessible car park**** and ****wheelchair-accessible entrance****, Alpha Fitness aims to provide an inclusive environment for everyone. However, based on recent feedback from members, it's clear that there are some key issues that need to be addressed.

A Mixed Bag of Experiences

Many patrons have noted that Alpha Fitness has great potential with a wide range of equipment, including numerous power racks. However, several concerns have been raised about the gym's cleanliness and maintenance. Members have reported frequent issues such as: - **Dirty equipment and facilities**: Complaints about unclean conditions are common. Users have found the bathrooms lacking basic supplies like soap and paper towels, which contribute to an overall perception of neglect. - **Aging equipment**: While the gym is well-equipped, many machines are noted to be old and in need of repair. For instance, rubber dumbbells have been reported as deteriorating, and some treadmills pose safety risks due to their malfunctioning belts.

Staff and Management Concerns

One of the most significant downsides cited by members is the lack of staff presence. Many users have expressed frustration over the absence of management and insufficient support during gym hours. Comments indicate that when staff are present, they are often disengaged, leading to a poor customer experience. Additionally, multiple individuals have reported difficulties in canceling their memberships, highlighting a lack of responsive communication from management. This has led some to pursue cancellation through their banks.

Pricing and Access Issues

Initially, Alpha Fitness was well-received, but members were disheartened by a price increase from \$30 to \$40 per month without improvements in service quality. Furthermore, the gym's claim of being open 24/7 has been questioned, as many users report it does not adhere to this promise consistently.

Positive Feedback Amid Challenges

Despite the criticisms, there are still positive experiences shared by some members. Many appreciate the friendly demeanor of certain staff members and the welcoming community atmosphere. Some have found the equipment effective for their fitness goals, making it a worthwhile place to train when conditions are favorable.

Conclusion: Room for Improvement

In summary, while Alpha Fitness in Ledgewood, New Jersey presents an exciting opportunity for fitness enthusiasts with its variety of equipment and accessible features, there are substantial areas needing improvement. Cleanliness, staff engagement, and better communication regarding membership policies will enhance the overall experience. Addressing these concerns could allow Alpha Fitness to reach its full potential and better serve its community.

Our premises are located at

1039 US-46, 07852 Ledgewood, New Jersey - United States (US)

The contact line of said **Physical fitness program** is +1973-579-4330

And if you want to send a WhatsApp, you can do so at +1973-579-4330

Visit us during the following hours:

| Day | Hours |
|-----------|------------|
| Monday | 7?AM–7?PM |
| Tuesday | 7?AM–7?PM |
| Wednesday | 5?AM–11?PM |
| Thursday | 5?AM–11?PM |
| Friday | 5?AM–11?PM |
| Saturday | 5?AM–11?PM |
| Sunday | 5?AM–11?PM |

The website is Alpha Fitness

If you wish to update any detail that you believe is not precise related to this portal, we urge you to send a message and we will adjust it promptly. Thanks beforehand thanks.

Images



Alpha fitness videos



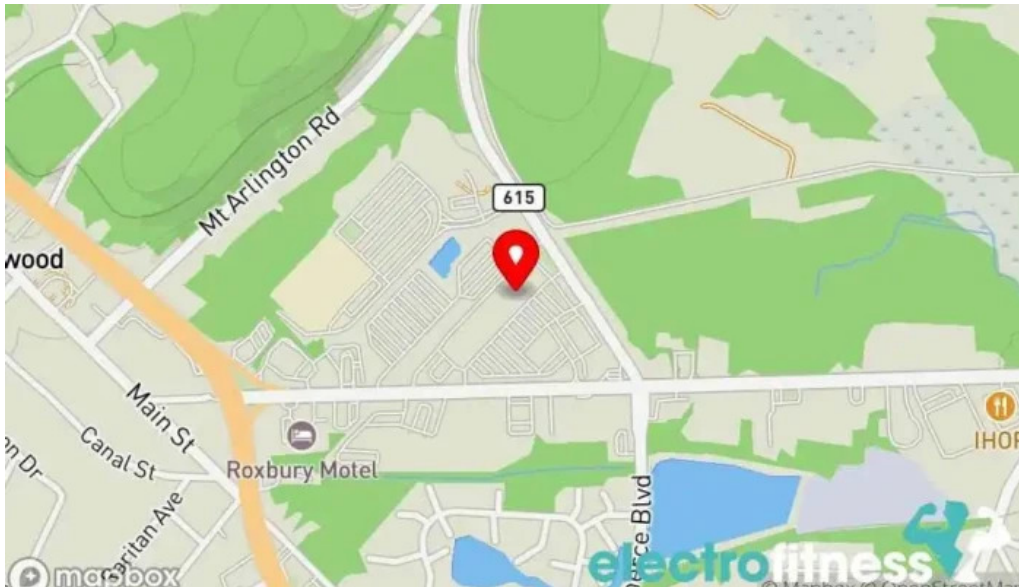
Alpha fitness street view 360deg



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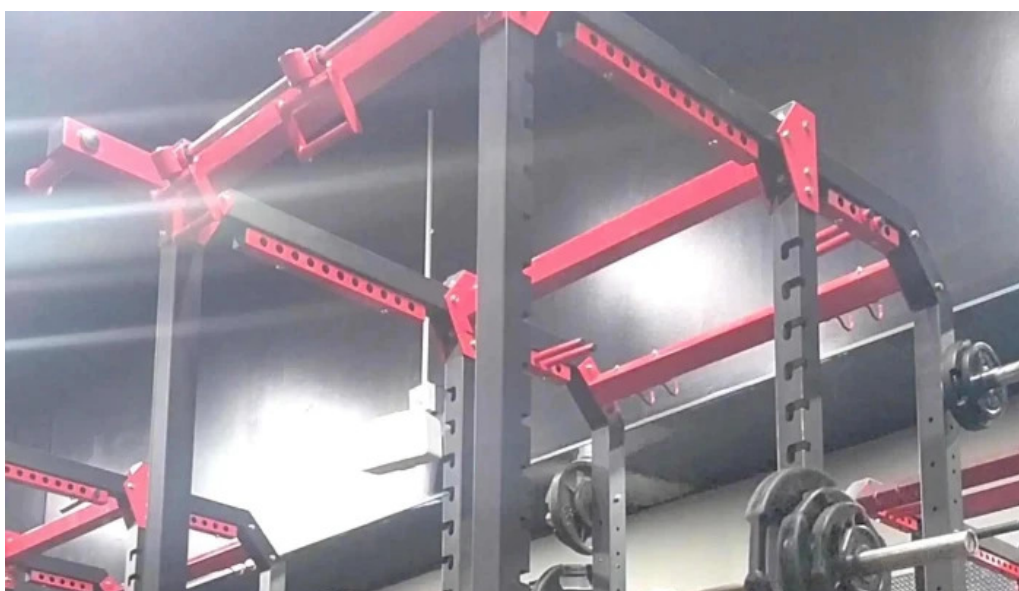
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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