

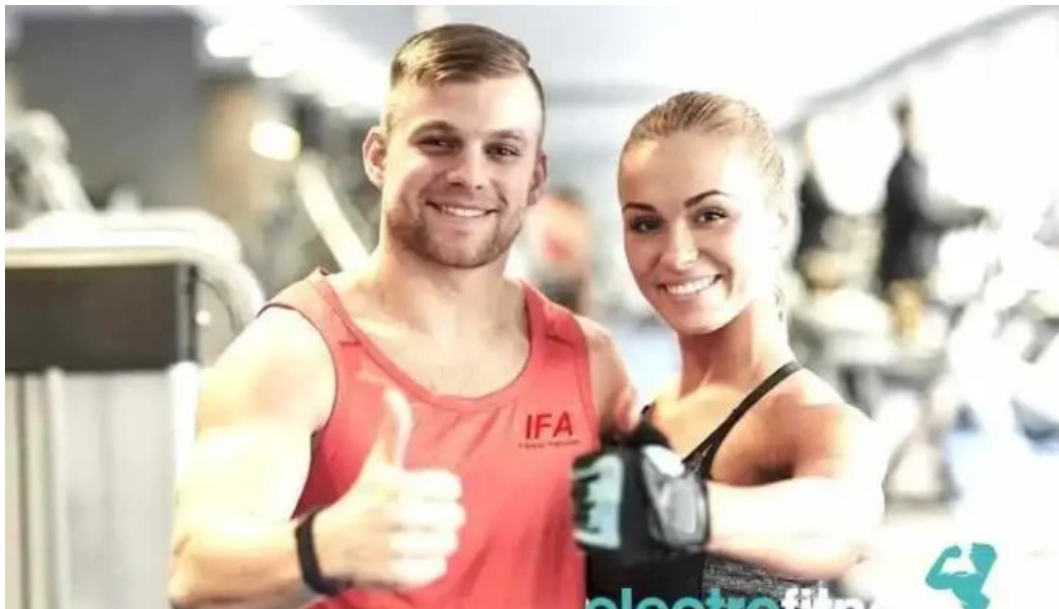
International Fitness Association - Orlando

orlando

☐ I'm not a robot 
reCAPTCHA

Published on: 04/05/25	Hits: 55
Comments: 0	See comments
Votes: 5	Score: 4.6

https://www.electrofitness.com/physical-fitness-program/orlando/international-fitness-association-orlando_269425.php



orlando

International Fitness Association - Orlando

Explore the Physical Fitness Program at the International Fitness Association in Orlando, Florida

The **International Fitness Association** (IFA) located in Orlando, Florida, is not just a hub for physical fitness; it is also a beacon of inclusivity and accessibility for all individuals. The IFA actively ensures that its facilities cater to a diverse range of needs.

Accessibility Features

The IFA takes pride in its **wheelchair-accessible entrance** and **wheelchair-accessible car park**, making it easier for everyone to participate in various fitness programs. Whether you're rolling in or walking, the ease of access enhances your experience while you engage in physical activities.

Inclusive Environment

This center **identifies as veteran-owned** and **women-owned**, fostering an environment of empowerment and support. Their commitment to diversity is evident, as they provide programs designed for people of all backgrounds, including veterans and women looking to enhance their fitness journey.

Service Options Available

The IFA offers both **on-site services** and **online classes**, catering to individuals who prefer to train from the comfort of their homes or those who wish to visit in person. This flexibility makes the program accessible to everyone, including those who may have mobility challenges.

Testimonials from Participants

According to participants, the IFA is "a great place to play ball," indicating a vibrant community atmosphere where physical activities are encouraged. Individuals interested in becoming members or partaking in an educational journey, like the Peruvian inquiring about study options, can easily contact the IFA for guidance on how to get involved.

Wheelchair-Accessible Amenities

With features like **wheelchair-accessible seating**, the IFA ensures that everyone can comfortably engage in its programs. This attention to detail demonstrates their dedication to creating an inviting space for all fitness enthusiasts.

Conclusion

The **International Fitness Association** in Orlando is more than just a fitness center; it's a community that values accessibility and inclusion. With comprehensive service options, a supportive environment, and a strong commitment to providing the best experience for every individual, IFA stands out as a leader in promoting physical fitness.

The premises are located at

12472 Lake Underhill Rd #341, 32828 Orlando, Florida - United States (US)

The contact line of the mentioned **Physical fitness program** is +1407-579-8610

And if you want to send a WhatsApp, you can do so at +1407-579-8610

Our service hours are:

Day Hours
Monday
9?AM–5?PM
Tuesday
9?AM–5?PM
Wednesday
9?AM–5?PM
Thursday
9?AM–5?PM
Friday
9?AM–5?PM
Saturday
9?AM–1?PM
Sunday
Closed

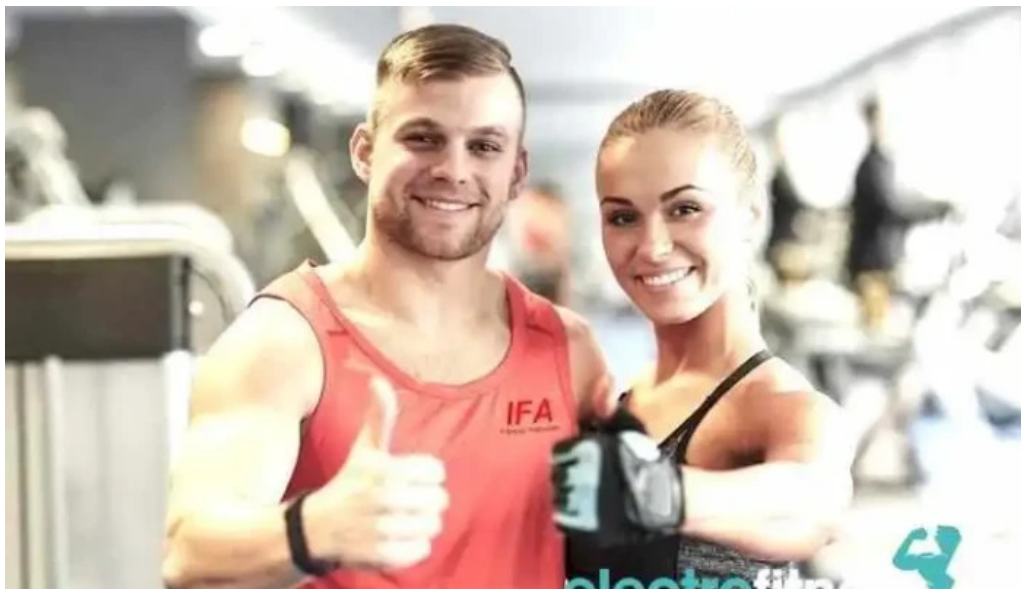
The website is International Fitness Association

In case you want to adjust any element that you think is not accurate about this page, please deliver a message and we will correct it quickly. In advance thank you very much.

Images



International fitness association street view 360deg



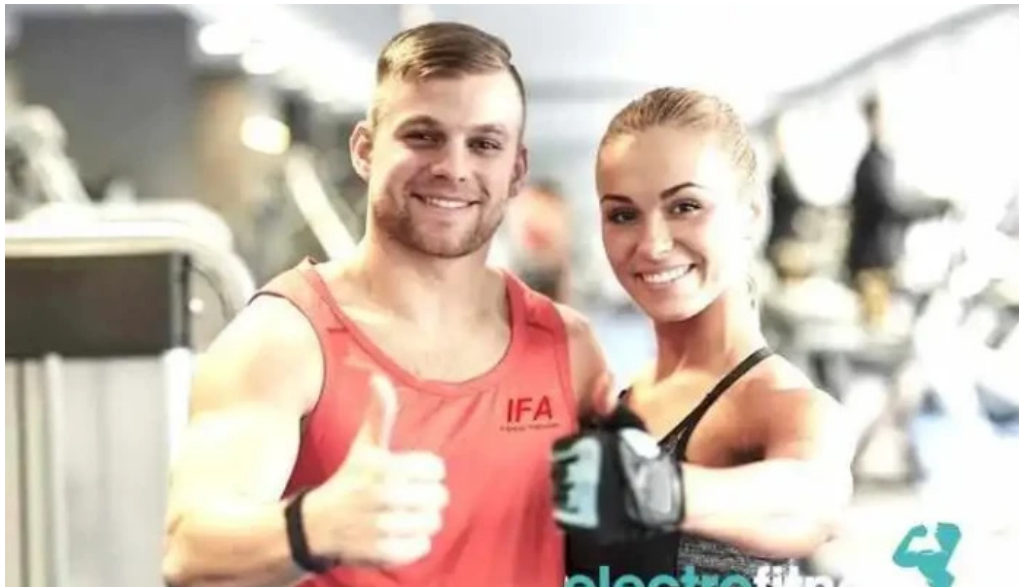
International fitness association orlando



International fitness association map



International fitness association by owner



International fitness association all

Tags

Wheelchair-accessible entrance, On-site services, Wheelchair-accessible seating, From the business, Identifies as veteran-owned, Service options, Wheelchair-accessible car park, Identifies as women-owned, Accessibility, Online classes

Related content

5.0 *	<i>Abington Pickleball Association - Abington</i>
5.0 *	<i>Aberdeen Gymnastics Association - Aberdeen</i>
5.0 *	<i>Personal Training International - Acton</i>
4.4 *	<i>Highlands Ranch Community Association - Northridge Rec Center - Highlands Ranch</i>
4.1 *	<i>Preserve At Piscataway H O A - Accokeek</i>
4.3 *	<i>Anytime Fitness - Spokane</i>
4.0 *	<i>Anytime Fitness West Plains - Cheney</i>
4.5 *	<i>Anytime Fitness - Phoenix</i>
4.3 *	<i>Anytime Fitness - Spokane</i>
4.1 *	<i>Gleason Family Ymca - Wareham</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy

fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer

pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area

wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization