

## BayState CrossFit - Plymouth

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## *BayState CrossFit - Plymouth*

### **Discover BayState CrossFit: A Welcoming Physical Fitness Program in Plymouth, Massachusetts**

If you are searching for a **LGBTQ+ friendly** fitness environment, look no further than **BayState CrossFit**. This gym is not just about getting fit; it's about fostering an inclusive community where everyone, regardless of their background or fitness level, can feel at home.

## **Warm Welcome for All**

Many visitors have expressed how welcoming the **Crowd** at BayState CrossFit is. One visitor noted, "Was looking for a place for Crossfit workouts while I'm in town for the holidays and was welcomed with open arms." Each individual, whether new to CrossFit or a seasoned athlete, is met with kindness and support, making it an ideal place for anyone looking to improve their physical fitness.

## **Accessibility Matters**

BayState CrossFit prioritizes **Accessibility** for all its members. The facility features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone has the opportunity to participate in fitness activities. This commitment to accessibility allows for a more diverse community, inviting people from different walks of life to join in the workouts.

## **Service Options That Cater to Everyone**

With various **service options**, including on-site coaching and personalized workout plans, BayState CrossFit ensures that each member receives the guidance they need. As one member shared, "Mark, the owner, is awesome! He works with you to get you to the point you need to be." This hands-on approach helps individuals feel accepted and sets them on the path to achieving their fitness goals.

## **A Safe Space for All**

For those who identify as part of the LGBTQ+ community, BayState CrossFit provides a **transgender safe space**. Members can feel secure and supported, knowing they are in an environment that respects their identity. Reviews have highlighted how everyone, from coaches to fellow members, contributes to a sense of belonging, making it one of the best CrossFit families around.

## **Facilities and Community Vibe**

The facility is large and well-equipped, offering a fun workout atmosphere. Feedback like "Great crossfit spot definitely recommend for anyone in any shape" exemplifies the inclusive spirit of BayState CrossFit. With knowledgeable staff and enthusiastic members, newcomers will find it easy to integrate into the community.

## **Your Fitness Journey Starts Here**

If you are contemplating trying CrossFit, BayState is the place to be. With its dedicated staff, supportive environment, and commitment to accessibility, it stands out as a top choice for anyone eager to embark on their fitness journey. Experience the contagious enthusiasm of the BayState CrossFit community and redefine your limits today!

### **You will find us at**

114 Long Pond Rd, 02360 Plymouth, Massachusetts - United States (US)

The contact phone of said **Physical fitness program** is +1781-883-3810

And if you want to send a WhatsApp, you can do so at +1781-883-3810

### **You can visit us at the following hours:**

Day Hours  
Monday  
5:30?AM–6:45?PM  
Tuesday  
8:30?AM–12?AM  
Wednesday  
6:45–10:30?AM  
Thursday  
5:30?AM–7:30?PM  
Friday  
5:30?AM–7:30?PM  
Saturday  
5:30?AM–7:30?PM  
Sunday  
5:30?AM–7:30?PM

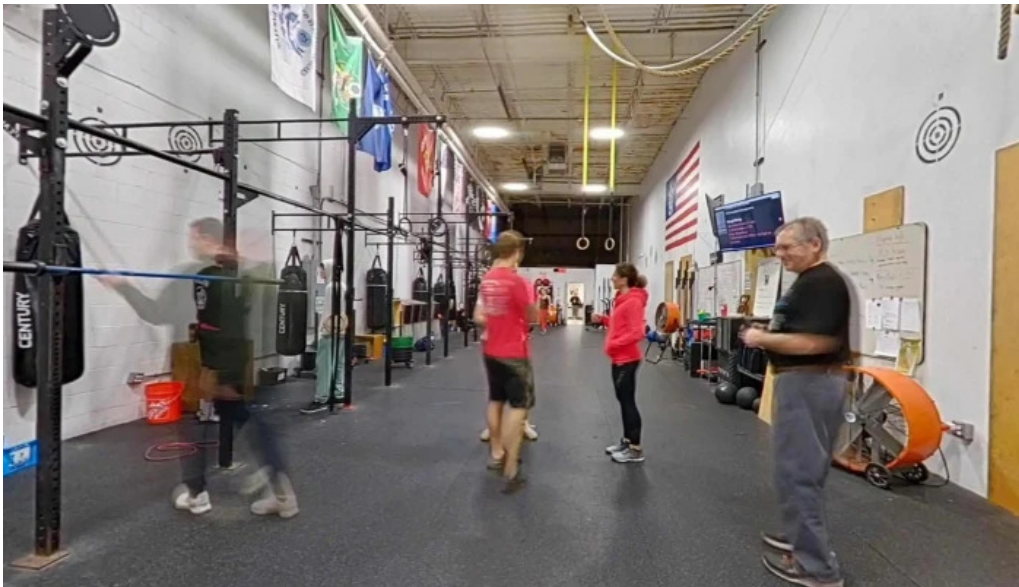
The website is BayState CrossFit

In case you want to adjust any information that you think is incorrect concerning this portal, we kindly request forward a message so that we will fix it promptly. Thank you in advance we appreciate it.

## **Images**



*Baystate crossfit videos*



*Baystate crossfit street view 360deg*



*Baystate crossfit plymouth*



*Baystate crossfit map*



*Baystate crossfit all*

## Tags

*Crowd, On-site services, Service options, Transgender safe space, Accessibility, LGBTQ+ friendly, Wheelchair-accessible car park, Wheelchair-accessible entrance*

## Related content

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4.8 \* *Southern Pines CrossFit - Southern Pines*

5.0 \* *CrossFit Abingdon - Abingdon*

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4.9 \* *CrossFit Absecon - Absecon*

5.0 \* *CrossFit EndZone - Concord*

5.0 \* *CrossFit Whiteboard - Broussard*

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chiropractor
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community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist

kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
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rehabilitation center
rock climbing gym
school district office
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shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization