

Punching Out Parkinson's Santa Fe - Santa Fe

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Punching Out Parkinson's Santa Fe - Santa Fe

Punching Out Parkinson's: A Physical Fitness Program in Santa Fe

If you are looking for a dedicated and supportive physical fitness program, **Punching Out Parkinson's** in Santa Fe, New Mexico, is a fantastic option. This program offers tailored exercises designed for individuals dealing with Parkinson's disease, providing both physical benefits and community support.

On-Site Services and Amenities

The gym features **on-site services** that cater to the specific needs of its participants. The facility includes a **toilet** for convenience and comfort during sessions. Moreover, it prides itself on being **wheelchair-accessible**, ensuring that all individuals can participate without barriers.

Accessibility Features

Accessibility is a priority at Punching Out Parkinson's. The program boasts **wheelchair-accessible seating** and a **wheelchair-accessible car park**, allowing easy access for everyone. Additionally, a **wheelchair-accessible entrance** ensures that participants can enter and exit the facility with ease.

Service Options and Planning

Planning your visit is simple, as appointments are required to streamline services. This helps maintain an organized environment where the coaches can provide personalized attention to each participant. The program offers various **service options**, which may include group classes tailored for different skill levels.

Online Classes Available

For those who may not be able to attend in person, **online classes** are also offered. This flexibility allows individuals to stay engaged with the program from the comfort of their homes while still receiving quality guidance from experienced coaches.

A Community of Support

Participants and volunteers alike have praised the environment at Punching Out Parkinson's. As one volunteer shared, "I am so impressed with the coaches, boxers, and support friends and family that come together here! What a hard-working group of amazing people. The love is palpable in the room!" This sense of community is what sets the program apart, making it a welcoming place for anyone looking to improve their physical fitness while combatting the effects of Parkinson's.

Conclusion

Punching Out Parkinson's in Santa Fe is more than just a physical fitness program; it's a supportive family that empowers individuals through fitness and camaraderie. With its excellent amenities and commitment to accessibility, anyone can find a place here to enhance their well-being and fight against

Parkinson's disease.

Our address is

2019 Galisteo St STE B2, 87505 Santa Fe, New Mexico - United States (US)

The contact phone of the mentioned **Physical fitness program** is +1505-930-1168
And if you want to send a WhatsApp, you can do so at +1505-930-1168

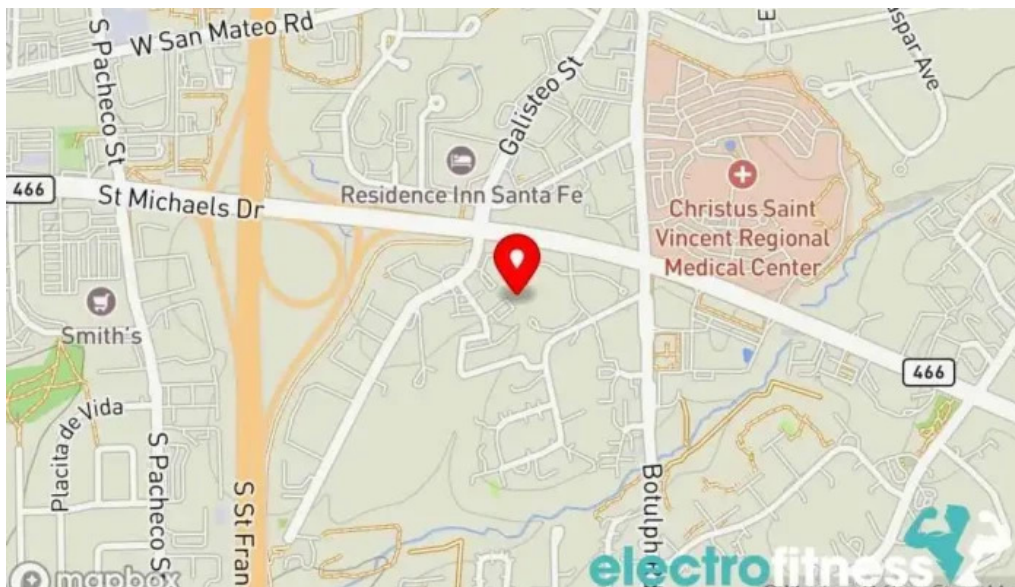
The website is Punching Out Parkinson's Santa Fe

In case you want to adjust any detail that you feel is incorrect about this site, please send us a message so we can we will handle it as soon as possible. Thanks beforehand thank you very much.

Images



Punching out parkinsons santa fe street view 360deg



Punching out parkinsons santa fe map



Punching out parkinsons santa fe by owner



Punching out parkinsons santa fe all



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Tags

Accessibility, Online classes, Amenities, Service options, Wheelchair-accessible seating, Wheelchair-accessible entrance, Toilet, Planning, Wheelchair-accessible car park, Appointment required, On-site services

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