

Barre + Beyond - Valparaiso

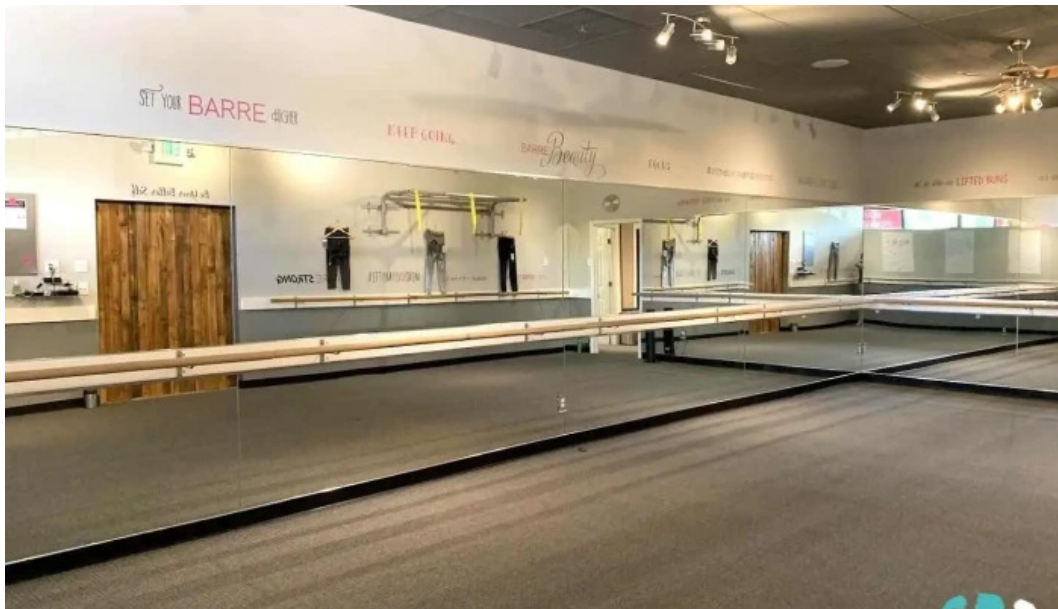
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Barre + Beyond - Valparaiso

Barre + Beyond: A Comprehensive Physical Fitness Program in Valparaiso, Indiana

Welcome to **Barre + Beyond**, a premier **physical fitness program** located in the heart of **Valparaiso, Indiana**. This unique facility offers a range of services designed to cater to individuals of all fitness levels, ensuring a welcoming environment for everyone.

Accessibility Features

One of the standout features of **Barre + Beyond** is its commitment to accessibility. The facility boasts a **wheelchair-accessible entrance**, making it easy for individuals with mobility challenges to enter and enjoy the various classes and services offered.

Convenient Parking

Parking is often a concern for those seeking fitness options, but **Barre + Beyond** addresses this with a **wheelchair-accessible car park**. This ensures that everyone can find a convenient spot to park without hassle, enhancing the overall experience.

Service Options

At **Barre + Beyond**, a variety of **service options** are available to meet the diverse needs of clients. From traditional barre classes to more dynamic fitness sessions, each program is designed to promote physical well-being and personal growth.

Online Classes

Understanding the need for flexibility, **Barre + Beyond** also offers **online classes**. This option allows individuals to participate in their favorite workouts from the comfort of their homes, making fitness accessible for everyone, regardless of their schedule.

Join Us Today!

If you're in Valparaiso, Indiana, and looking for an inclusive and empowering **physical fitness program**, look no further than **Barre + Beyond**. With exceptional accessibility features, diverse service options, and convenient online classes, it's the perfect place to embark on your fitness journey.

We are based in

3907 Calumet Ave, 46383 Valparaiso, Indiana - United States (US)

The phone of the mentioned **Physical fitness program** is +1219-476-7117
And if you want to send a WhatsApp, you can do so at +1219-476-7117

Our public attention hours are:

Day Hours

Monday
8:30?AM–12?PM 5–7?PM

Tuesday
8:30?AM–12?PM 6–7:30?PM

Wednesday
8:30?AM–12?PM 5–7?PM

Thursday
8:30?AM–12?PM 6–7:30?PM

Friday
8:30?AM–12?PM

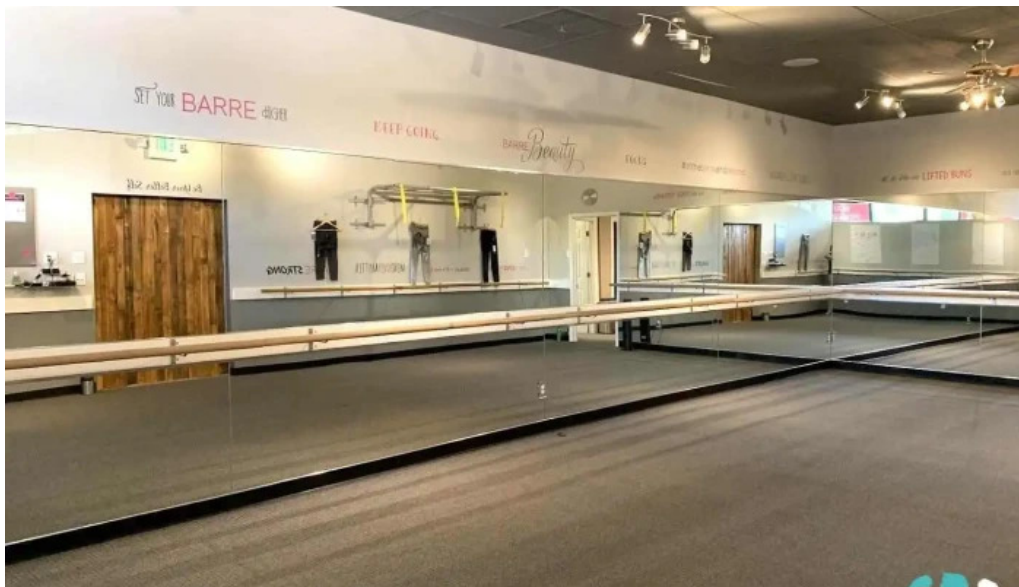
Saturday
7:30–11?AM

Sunday
8:30–10:30?AM

The website is [Barre + Beyond](#)

If necessary to adjust any element that you consider is not precise about this site, we ask forward a message so that we will adjust it as soon as possible. Thanks beforehand we appreciate it.

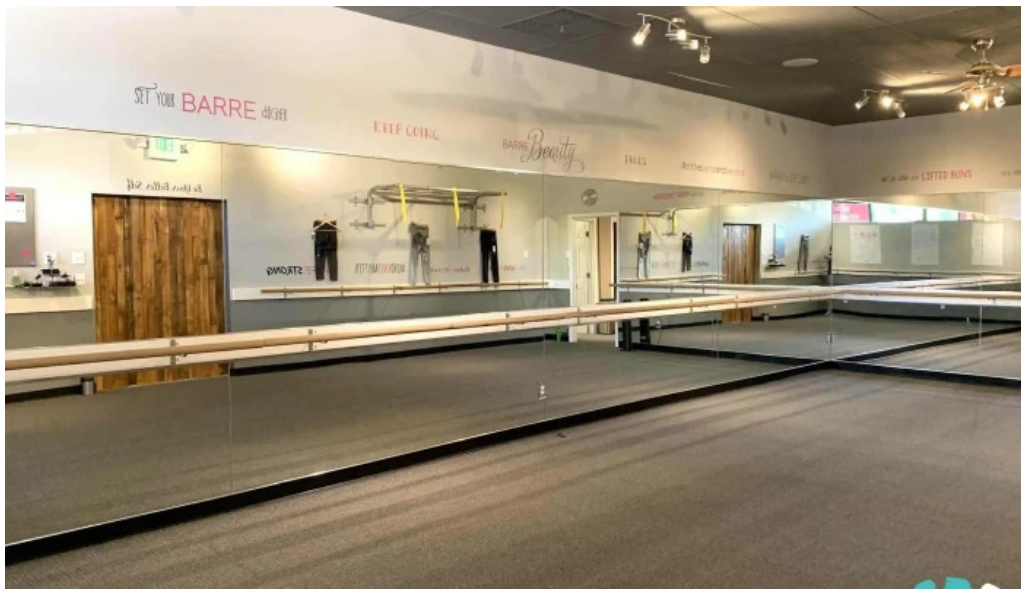
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Barre beyond valparaiso



Barre beyond map



Barre beyond all

Tags

Accessibility, Online classes, Service options, Wheelchair-accessible entrance, Wheelchair-accessible car park

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