

Mad Dog Fitness - Valparaiso

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Mad Dog Fitness - Valparaiso

Mad Dog Fitness: Your Premier Physical Fitness Program in Valparaiso, Indiana

If you're looking for a dedicated **physical fitness program**, look no further than Mad Dog Fitness in Valparaiso. This facility offers a range of services designed to meet your fitness needs and help you achieve your wellness goals.

Service Options

Mad Dog Fitness provides a variety of **service options** tailored to different fitness levels and preferences. Whether you're interested in personal training, group classes, or specialized workout programs, you'll find something that suits your individual needs.

Amenities

The gym is equipped with modern **amenities** that enhance your workout experience. Members can enjoy state-of-the-art exercise equipment, clean dressing rooms, and convenient shower facilities, ensuring you have everything you need for a productive workout.

Planning Your Visit

When **planning** your visit to Mad Dog Fitness, it's important to note that an **appointment is required** for specific services. This helps ensure that you receive personalized attention and the best possible guidance during your fitness journey.

Accessibility Features

Mad Dog Fitness is committed to providing an inclusive environment. The facility includes a **wheelchair-accessible car park** and **wheelchair-accessible entrance**, making it accessible for all guests. Additionally, on-site services are designed to support individuals with varying fitness needs.

From the Business

As a proud **women-owned** business, Mad Dog Fitness is dedicated to empowering individuals through fitness. The team believes in fostering a supportive community where everyone can thrive and achieve their health aspirations.

Restroom Facilities

The facility also boasts well-maintained **toilets** to ensure convenience for all members, contributing to a positive gym experience.

Join Mad Dog Fitness Today!

Discover the benefits of a dedicated **physical fitness program** at Mad Dog Fitness in Valparaiso, Indiana. With its comprehensive service options and commitment to accessibility, you're just a decision away from transforming your fitness journey.

The business is situated at

815 Calumet Ave, 46383 Valparaiso, Indiana - United States (US)

The phone number of this **Physical fitness program** is +1219-241-8778

And if you want to send a WhatsApp, you can do so at +1219-241-8778

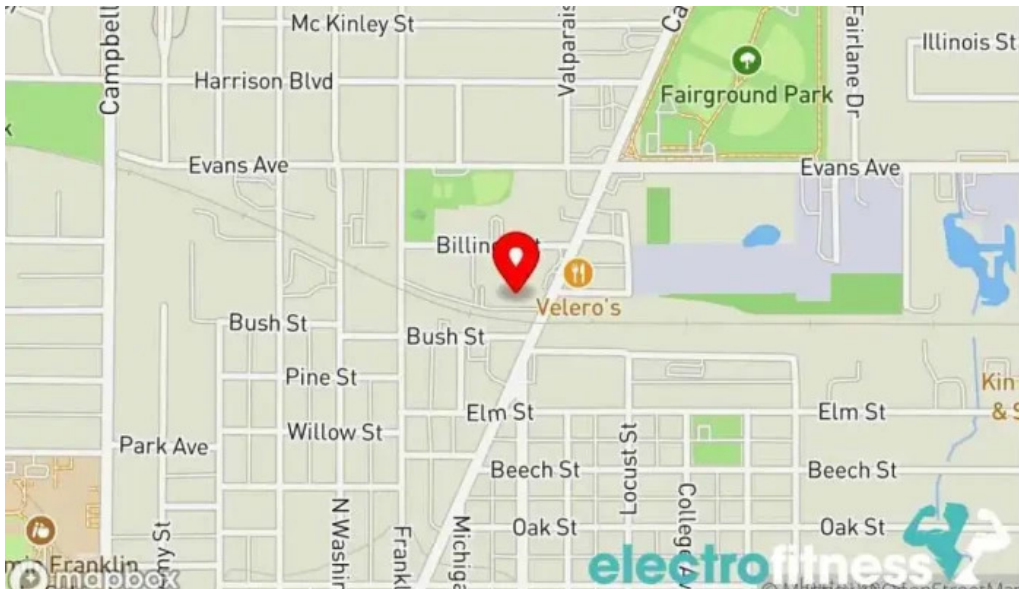
The website is Mad Dog Fitness

If necessary to update any data that you believe is incorrect regarding this portal, we ask send a message so that we will handle it as soon as possible. With anticipation thanks.

Images



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Mad dog fitness map



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Tags

Appointment required, Service options, Accessibility, Identifies as women-owned, On-site services, Wheelchair-accessible entrance, Planning, Wheelchair-accessible car park, Toilet, Amenities, From the business

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