

## The Fitness Lab - Denver

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denver

## *The Fitness Lab - Denver*

### **The Fitness LAB: A Premier Physical Therapy Clinic in Denver, Colorado**

At The Fitness LAB, located in the vibrant RiNo district of Denver, Colorado, clients can experience top-notch physical therapy services tailored to individual needs. This facility not only focuses on treatment but also prioritizes planning for long-term health and wellness.

#### **Accessibility Features**

The Fitness LAB is committed to making its services accessible to everyone. With a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car**

park\*\*, the clinic ensures that all patients can enter and navigate the facility with ease. Additionally, the \*\*wheelchair-accessible toilet\*\* complements the thoughtful design of the clinic's amenities, providing convenience for all visitors.

## **Appointment Policies**

While \*\*appointments are required\*\*, it is recommended to schedule your visit ahead of time due to the high demand for services. Clients have found that booking in advance helps secure their preferred therapists, ensuring they receive personalized care from experts like Kyra, Megan, and Dylan.

## **On-Site Services and Amenities**

The Fitness LAB offers a range of \*\*on-site services\*\* designed to aid recovery and promote overall fitness. Clients appreciate the emphasis on understanding their conditions and learning how to maintain their health. As one satisfied client mentioned, "They teach you how to keep yourself healthy and strong." This educational approach sets The Fitness LAB apart from traditional physical therapy practices. Many have shared positive experiences with specific therapists, such as Spencer Barnes and Bill Gregoire, who offer expertise and dedication, ensuring that each individual's recovery plan is effective. The combination of quality service, knowledgeable staff, and supportive environment contributes to a comprehensive healing experience.

## **Client Testimonials**

Testimonials highlight the exceptional attendance to patient needs at The Fitness LAB. For instance, one client remarked, "If you're looking to get a bike fit or need a great physical therapist to help you get through an injury, I wholeheartedly recommend..." This demonstrates the clinic's commitment to both physical therapy and specialized services like bike fitting, which has helped many resolve chronic pain issues. However, clients have expressed concerns regarding billing transparency, with some highlighting surprises in co-payment responsibilities. It is advisable to inquire about pricing and insurance handling during the initial appointment to avoid unexpected charges later on.

## **Conclusion**

Overall, The Fitness LAB stands out as a premier destination for anyone seeking quality physical therapy in Denver. Their focus on \*\*accessibility\*\*, \*\*planning\*\*, and personalized \*\*service options\*\* makes them a worthy choice for individuals aiming to improve their physical health. With the right amenities and dedicated professionals, recovery is not only achievable but also a positive journey.

**Our address is**

3448 Brighton Blvd, 80216 Denver, Colorado - United States (US)

The phone number of this **Physical therapy clinic** is +1303-285-2623  
And if you want to send a WhatsApp, you can do so at +1303-285-2623

### **Our opening hours are:**

Day	Hours
Monday	Closed
Tuesday	7?AM–8?PM
Wednesday	7?AM–8?PM
Thursday	7?AM–8?PM
Friday	7?AM–8?PM
Saturday	7?AM–5?PM
Sunday	Closed

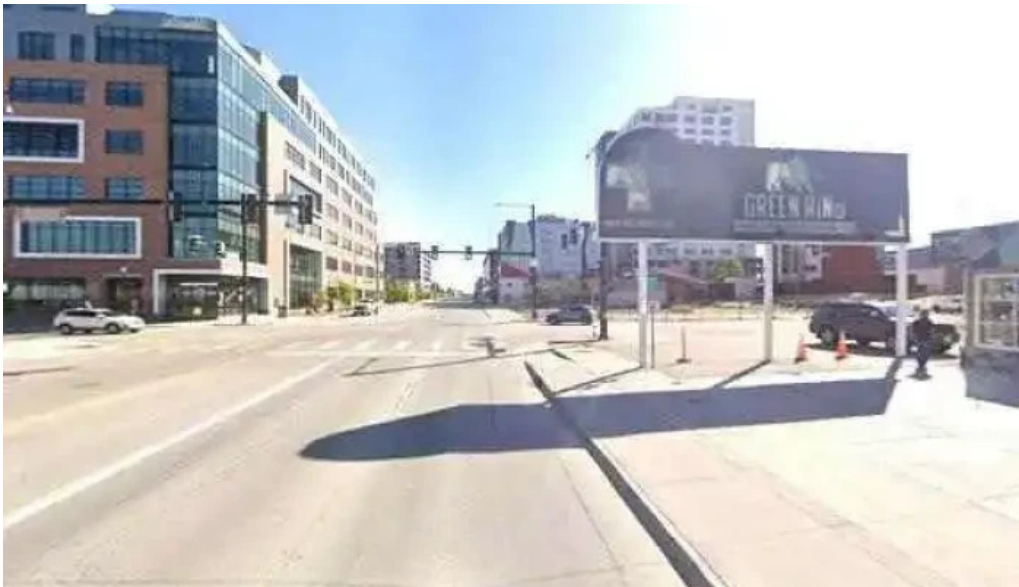
The website is The Fitness LAB

If you need to update any data that you think is not correct regarding this portal, we ask send a message so we can we will adjust it quickly. Thank you in advance we appreciate it.

## **Images**

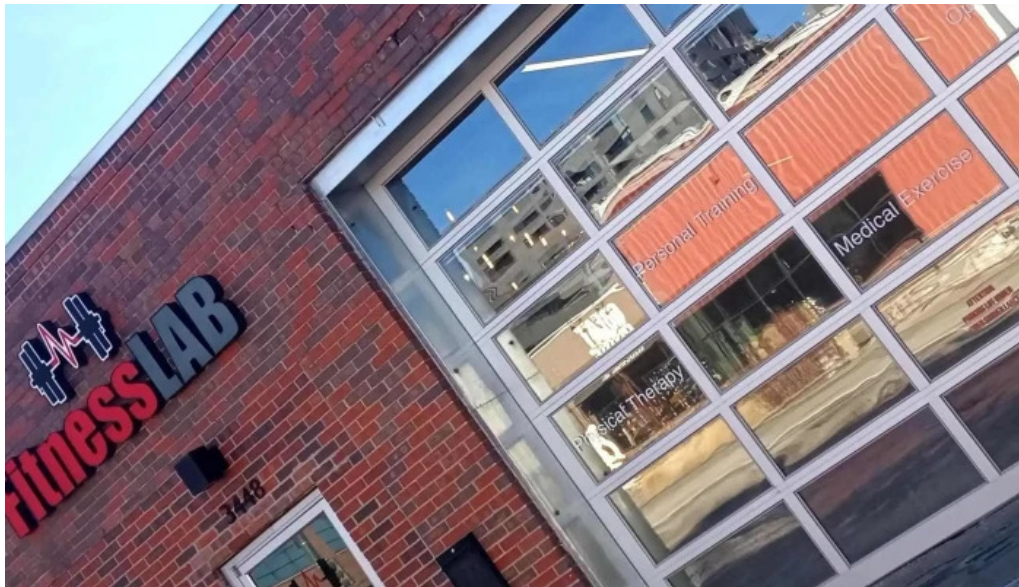


*The fitness lab videos*

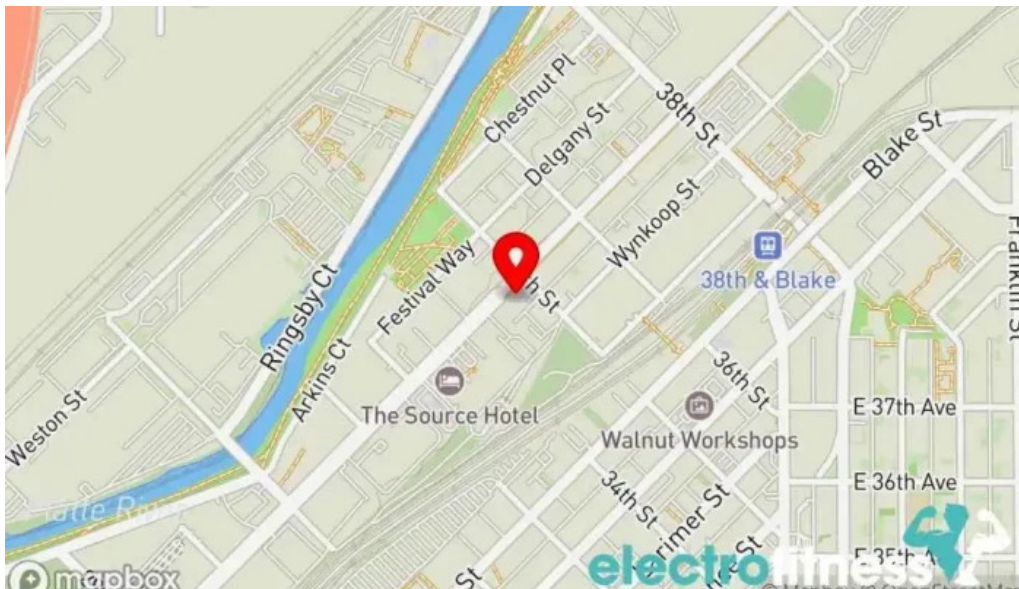


*The fitness lab street view 360deg*





*The fitness lab physical therapy clinic*



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## Tags

*Wheelchair-accessible entrance, Service options, Appointments recommended, Appointment required, Accessibility, Amenities, Wheelchair-accessible car park, On-site services, Planning, Wheelchair-accessible toilet, Toilet*

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<b>4.7 *</b>	<i>Pilates Denver - Englewood</i>
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<b>5.0 *</b>	<i>Total Fitness Colorado - Highlands Ranch</i>
<b>4.5 *</b>	<i>CorePower Yoga - Park Meadows - Centennial</i>
<b>5.0 *</b>	<i>FiTrain Llc - Valparaiso</i>

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body shaping class
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boxing ring
children's party service
chiropractor
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coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center

golf club
golf course
golf instructor
grocery store
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gymnastics center
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health consultant
health food restaurant
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hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school



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shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
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