

## Club Pilates - Alameda

alameda

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*alameda*

## Club Pilates - Alameda

### Discover Club Pilates in Alameda, California

Welcome to **Club Pilates Alameda**, a premier Pilates studio that has been transforming lives since its opening in 2018. With a focus on accessibility, community, and expert instruction, this studio offers a unique approach to fitness that caters to individuals of all levels.

### Online Classes & Accessibility

For those who prefer the comfort of their own homes, Club Pilates offers engaging **online classes** that allow members to practice Pilates at their convenience. This flexibility ensures that everyone, regardless of schedule, can stay committed to their fitness goals.

Accessibility is a priority at Club Pilates Alameda. The studio features a **wheelchair-accessible entrance** and amenities such as a **wheelchair-accessible car park** and **wheelchair-accessible toilet**, making it a welcoming space for all members of the community.

## Planning Your Visit

To make the most of your experience, **appointments are recommended** for classes, especially during peak times when attendance is high. With numerous class offerings, planning ahead ensures that you secure your spot and enjoy the full benefits of each session.

## Membership Benefits & Discounts

Club Pilates also values the dedication of its members, offering **active military discounts** to support those who serve. With various **service options** tailored to fit individual needs, members can choose plans that best suit their lifestyles.

## Studio Highlights & Amenities

One of the most notable highlights of Club Pilates Alameda is its vibrant community atmosphere. Instructors are not just teachers; they are supportive guides who foster a sense of belonging. Members rave about the enthusiastic and knowledgeable instructors, including favorites like Kyleata, Rachel, Ann Marie, and Jesse, who provide personalized attention in every class.

The studio is equipped with state-of-the-art Pilates reformers and various apparatus, offering a clean and organized environment to enhance your workout experience. Additional **amenities** include well-maintained facilities and a friendly front desk staff, ensuring an enjoyable visit every time.

## Member Experiences

Members frequently share their transformative journeys at Club Pilates. Many have experienced significant improvements in strength, balance, and flexibility. Individuals recovering from injuries have found Pilates to be a low-impact yet challenging way to regain fitness without straining their bodies.

## Conclusion

**Club Pilates Alameda** is more than just a Pilates studio; it's a community

dedicated to enhancing health and wellness through mindful movement. Whether you're new to Pilates or looking to deepen your practice, the welcoming environment and expert guidance make it the ideal place to start or continue your journey. Join today and discover the countless benefits that Pilates can bring to your life!

### **We are situated in**

2651 Blanding Ave #D, 94501 Alameda, California - United States (US)

The phone of said **Pilates studio** is +1510-578-8593

And if you want to send a WhatsApp, you can do so at +1510-578-8593

### **Our service hours are:**

Day Hours  
Monday

6?AM–8?PM

Tuesday

6:30?AM–8:30?PM

Wednesday

6?AM–8?PM

Thursday

6:30?AM–6:30?PM

Friday

7?AM–1:30?PM

Saturday

8?AM–6?PM

Sunday

6:30?AM–8:30?PM

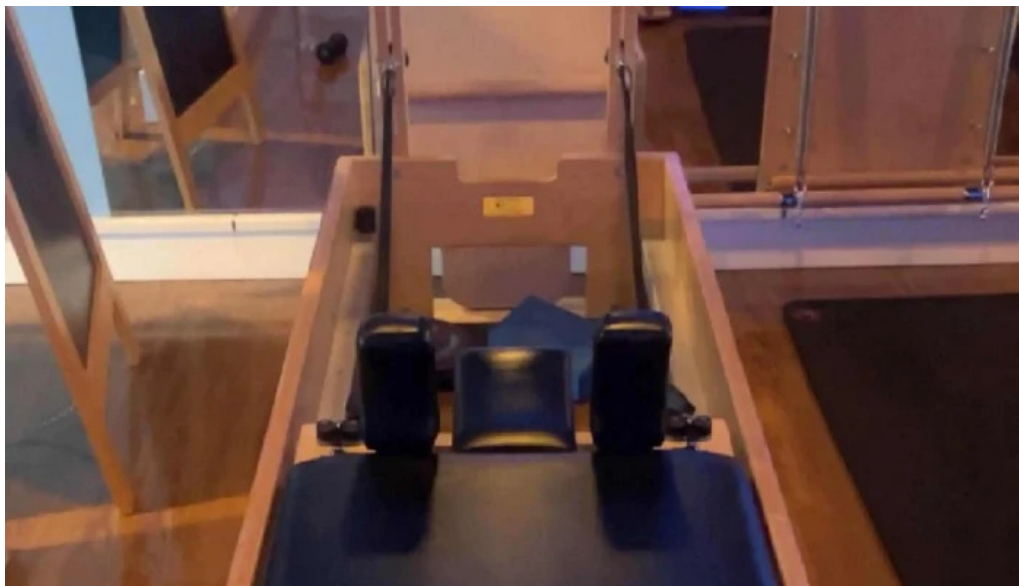
The website is Club Pilates

If you need to change any data that you believe is not correct regarding this site, please send us a message so that we will correct it at the earliest convenience. Thanks beforehand thanks for your cooperation.

## **Images**

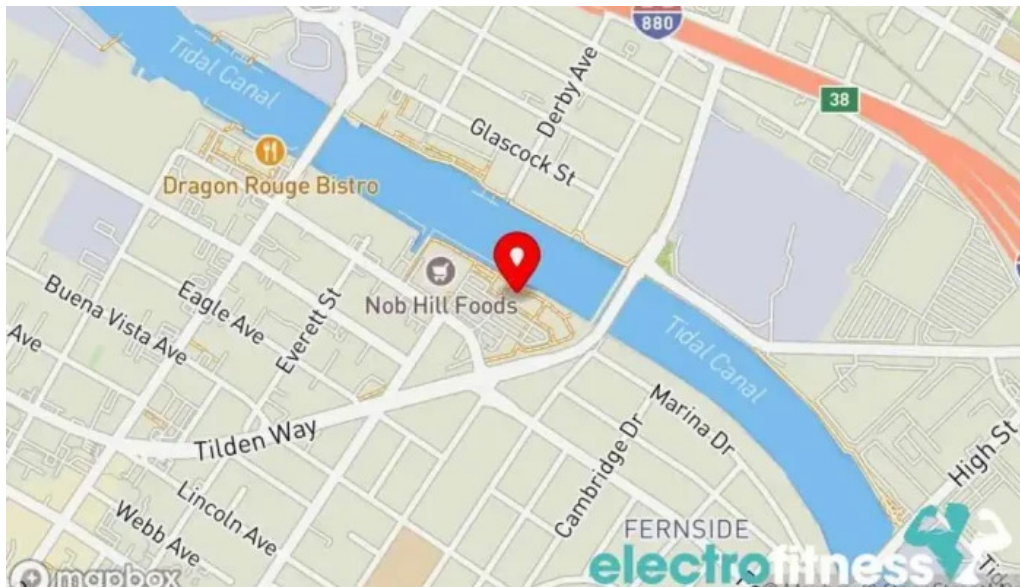


*Club pilates street view 360deg*



*Club pilates pilates studio*





*Club pilates map*



*Club pilates by owner*



*Club pilates all*



*Club pilates alameda*

## Tags

*Service options, Appointments recommended, On-site services, Active military discounts, Planning, Wheelchair-accessible car park, Wheelchair-accessible entrance, Highlights, Accessibility, Wheelchair-accessible toilet, Amenities, Online classes, Toilet*

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basketball court
batting cage center
body shaping class
boot camp
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boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
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hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist



kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
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sports school
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