

Electro Fitness: Best Electro Fitness

Club Pilates - Allison Park

allison park

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CP Reformer Flow 1.5 (50 Mins) with Sarah

I would not recommend a class with Sarah. This was my second time at Club Pilates Hampton. I've been to Tyler's class before and he is friendly and lovely. This was not my first Pilates or even Club Pilates class ever, as I have done 20+ classes at CP through ClassPass. The girl at reception was very sweet and friendly. The instructor was not in the studio, so I picked a reformer and started to stretch as you do while waiting to class to start. Without even saying hello or introducing herself to me, the instructor came over with a huge attitude. She said "I don't think I know

allison park

Club Pilates - Allison Park

Discover the Women's-Owned Club Pilates in Allison Park, Pennsylvania

Club Pilates, located in the heart of Allison Park, Pennsylvania, is a premier **studio** that identifies as women-owned, offering a welcoming and empowering atmosphere for everyone.

Amenities and Accessibility

The studio boasts a range of **amenities** designed to enhance your experience. With a **wheelchair-accessible entrance**, **toilet**, and **car park**, Club Pilates ensures accessibility for all guests. The attention to detail

reflects their commitment to providing a comfortable environment for every individual.

Service Options and On-site Services

From **on-site services** to various **service options**, Club Pilates has something for everyone. Whether you're a beginner or an experienced practitioner, there's a class tailored to meet your needs. Many clients rave about the personalized attention from instructors, with clear instructions and modifications offered throughout the sessions.

Highlights from the Business

Clients frequently highlight the vibrant energy brought by instructors like Marjorie, Lorrie, and Casey. Their classes are described as fun, engaging, and effective. One member enthusiastically said, "Marjorie's chair class pushes me like no other workout!" While another shared, "I love her classes! I find I'm able to hear her better than most instructors."

Attention to Active Military Discounts

Club Pilates proudly offers **active military discounts**, recognizing the dedication and service of military personnel. This initiative ensures that fitness remains accessible to those who serve our country.

Online Classes and Planning Your Visit

In addition to in-person classes, Club Pilates provides **online classes** for those who prefer to practice at home. It's highly recommended to make **appointments** in advance, especially during peak times to secure your spot in the popular sessions.

The Community Experience

Joining Club Pilates means becoming part of a supportive community. Many members report feeling stronger and more flexible after just a few classes. One enthusiastic participant noted, "I've been attending over a year, and my strength and flexibility have improved greatly." Members appreciate that instructors ask about any injuries or specific needs before class begins, ensuring a safe and effective workout.

Conclusion

If you are in the Allison Park area and looking for a welcoming, inclusive space dedicated to fitness and well-being, look no further than Club Pilates. With a focus on accessibility, a wide variety of classes, and a passionate team of instructors, it is the perfect place to start or continue your Pilates journey. Join today and feel the transformation!

You can visit us at the address:

The phone number of this **Pilates studio** is $\pm 1412 - 930 - 4553$ And if you want to send a WhatsApp, you can do so at $\pm 1412 - 930 - 4553$

Our business hours are:

Day Hours Monday 6?AM–7?PM Tuesday 7?AM–2?PM Wednesday 7?AM–2?PM Thursday 6?AM–2?PM Friday 6?AM–8?PM Saturday 6?AM–8?PM Sunday 6?AM–8?PM

The website is Club Pilates

If you need to change any detail that you believe is incorrect related to this page, we kindly request send a message and we will fix it promptly. Thanks beforehand thanks.

Images



Club pilates yoga

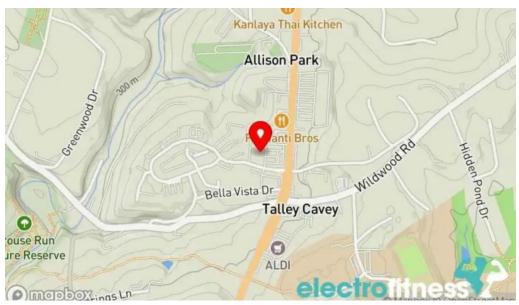


Club pilates street view 360deg

Last month

CP Reformer Flow 1 (50 Mins) with Sarah

The instructor was not very friendly. She made comments during the class that seemed demeaning. It was my first class so I was not familiar with the terms and it did not seem like she wanted to take a moment yo explain them. She seemed annoyed the entire class with the new people who needed some guidance. I will not be returning.



Club pilates pilates studio

Club pilates map



Club pilates by owner

CP Reformer Flow 1.5 (50 Mins) with Sarah

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Club pilates all

Tags

Identifies as women-owned, Online classes, Amenities, Active military discounts, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Highlights, From the business, Toilet, Wheelchair-accessible car park, Service options, Accessibility, Planning, Appointments recommended, On-site services

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educational institution
elementary school
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facial spa
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fitness
fitness center
fitness equipment wholesaler
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gymnastics center
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recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
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self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
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