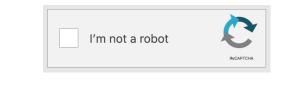


Electro Fitness: Best Electro Fitness

#### **Body Hot Pilates - Aventura**

aventura



Published on: 28/05/25	Hits: 900
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https://www.electrofitness.com/pilates-studio/aventura/body-hot-pilates-aventura\_349640.php



aventura

# Body Hot Pilates - Aventura

# Welcome to BODY Hot Pilates: A Premier Pilates Studio in Aventura, Florida

BODY Hot Pilates is a state-of-the-art Pilates studio located in the heart of Aventura, Florida. With its stunning aesthetic and challenging classes, it has quickly become a favorite among fitness enthusiasts in the area.

#### Amenities That Elevate Your Experience

At BODY, you'll find an array of \*\*amenities\*\* designed to enhance your workout experience. Enjoy \*\*free parking\*\* in their spacious lot, ensuring that

you never have to worry about finding a spot. There's also \*\*free of charge street parking\*\* available for those who prefer it. The accessibility features include a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*, making it easy for everyone to participate in the invigorating classes offered. After a hot session that leaves you \*\*dripping in sweat\*\*, you can take advantage of the \*\*clean showers\*\* available in the locker room. These \*\*restrooms\*\* are well-equipped with essential items like deodorant and mouthwash, making it convenient for you to freshen up before heading out!

#### Stay Connected During Your Workout

Need to stay connected? BODY Hot Pilates offers \*\*Wi-Fi\*\* throughout the studio, so you can easily check messages or share your fitness journey on social media before or after class.

#### Why Appointments Are Recommended

While walk-ins are welcome, \*\*appointments are recommended\*\* to secure your spot in the highly sought-after classes. This allows the instructors to offer personalized attention tailored to your level of experience, whether you are a beginner or a seasoned practitioner. Each class emphasizes controlled movements, ensuring you leave feeling centered and accomplished.

#### The Experience: What Clients Are Saying

Many clients rave about their experiences at BODY! One visitor noted, "The teachers and staff are world-class. I don't do Pilates mainly but I go here to challenge myself in a whole different way." Another mentioned how welcoming the atmosphere feels: "If you're on the fence, just book the class. You'll be hooked." Clients also appreciate the cleanliness and organization of the studio, setting it apart from other facilities. As one enthusiastic member put it, "I've never felt so at home at a studio!" The variety of classes ensures that every session is unique and challenging, keeping members engaged and returning for more.

#### Join the BODY Community Today!

With its exceptional amenities, inclusive environment, and top-notch instructors, BODY Hot Pilates is not just a studio; it's a community of individuals striving for improvement and wellness. Whether you're looking to get fit, meet like-minded individuals, or simply enjoy a fantastic workout, BODY Hot Pilates in Aventura is the place to be. Come and experience it for yourself—you won't regret it!

#### You can come to our business at

18725 Biscayne Blvd Unit 350, 33180 Aventura, Florida - United States (US)

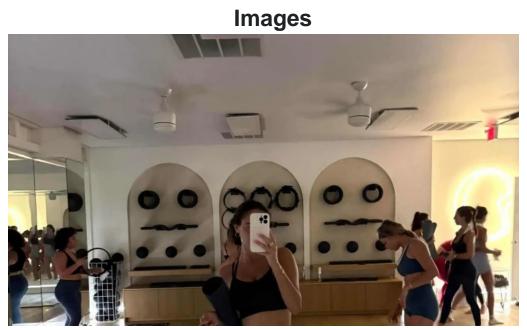
The contact phone of this **Pilates studio** is  $\pm 1786-722-2258$ And if you want to send a WhatsApp, you can do so at $\pm 1786-722-2258$ 

#### Our opening hours are:

Day Hours Monday 7?AM–9?PM Tuesday 7?AM–9?PM Wednesday 7?AM–9?PM Thursday 8?AM–2?PM Saturday 7?AM–9?PM Sunday 7?AM–9?PM

#### The website is **BODY Hot Pilates**

If you wish to update any detail that you consider is incorrect related to this portal, we kindly request deliver a message and we will fix it promptly. Thanks beforehand thanks for your cooperation.



Body hot pilates website



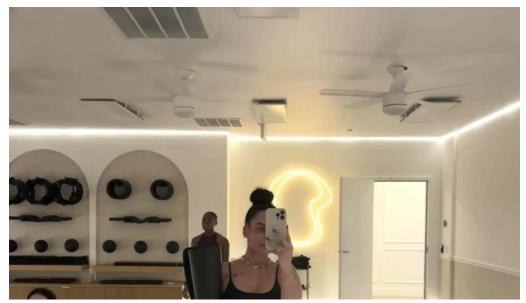
Body hot pilates videos



Body hot pilates street view 360deg



Body hot pilates pilates studio



Body hot pilates open now



Body hot pilates number



Body hot pilates map



Body hot pilates latest



Body hot pilates instagram



Body hot pilates comments



Body hot pilates catalog



Body hot pilates by owner



Body hot pilates aventura



Body hot pilates all

### Tags

Free parking lot, Wheelchair-accessible entrance, Amenities, Wheelchair-accessible car park, Parking, Planning, On-site parking, Accessibility, Toilet, Appointments recommended, Free of charge street parking, Wi-Fi

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## Categories

academic department acupuncture clinic after school program aikido school amusement center amusement park ride animal feed store apartment building apartment complex aquatic centre arena art gallery assisted living facility association / organization athletic club basisted living facility association / organization athletic club barber shop basketball club basketball club basketball court bating cage center beauty salon beer store body shaping class boot camp boxing gym boxing ring buddhist temple cafe children's party service chiropractor church club coffee shop college community center community center community center community center commence store country club	
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