

Club Pilates - Bowling Green

bowling green

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bowling green

Club Pilates - Bowling Green

Discover Club Pilates in Bowling Green, Kentucky

If you're planning to kickstart your fitness journey or enhance your existing routine, look no further than ****Club Pilates**** in Bowling Green, Kentucky. This studio has quickly become a beloved destination for fitness enthusiasts of all levels, thanks to its welcoming atmosphere and dedicated staff.

Accessibility Features

One of the standout aspects of Club Pilates is its commitment to ****accessibility****. The studio offers a ****wheelchair-accessible entrance**** and a

****wheelchair-accessible car park**** to ensure everyone can join in the fitness fun. Additionally, there's a ****wheelchair-accessible toilet**** available for convenience, making it easier for all members of the community to participate in classes.

Amenities and Class Offerings

Club Pilates boasts a range of amenities that enhance your workout experience. The facility is always clean and well-maintained, ensuring a pleasant environment for all attendees. Various classes are offered, from Reformer Flow to cardio sessions, keeping the workouts fresh and exciting. New members often appreciate the introduction classes which help break down the fundamentals of Pilates. It's recommended to schedule appointments in advance as many classes fill up quickly. The small class sizes allow instructors to provide personalized attention, catering to individual fitness levels and needs.

The Community Experience

Visitors frequently highlight the friendly and supportive atmosphere at Club Pilates. Many have found a community that encourages them on their fitness journey. The instructors are knowledgeable and attentive, ensuring that every participant feels valued and challenged. This supportive environment is perfect for people looking to improve their strength, flexibility, and posture. Many members have reported significant improvements in their physical fitness since joining, noting better core strength and reduced back pain.

Join the Club Pilates Family!

Whether you are new to Pilates or a seasoned practitioner, Club Pilates in Bowling Green is an excellent choice. The combination of accessibility features, top-notch amenities, and a welcoming community makes it ideal for anyone looking to embark on a healthier lifestyle. Don't miss out on the opportunity to feel great in your body! Check out Club Pilates today and see how it can transform your fitness journey.

You will find us at

5833 Scottsville Rd Suite 201, 42104 Bowling Green, Kentucky - United States (US)

The phone number of said **Pilates studio** is +1270-715-0881

And if you want to send a WhatsApp, you can do so at +1270-715-0881

Our public attention hours are:

Day Hours

Monday

6:30?AM–8:30?PM

Tuesday

6?AM–8?PM

Wednesday

6:30?AM–8:30?PM

Thursday

6?AM–6?PM

Friday

8?AM–1?PM

Saturday

8?AM–1?PM

Sunday

6?AM–8?PM

The website is [Club Pilates](#)

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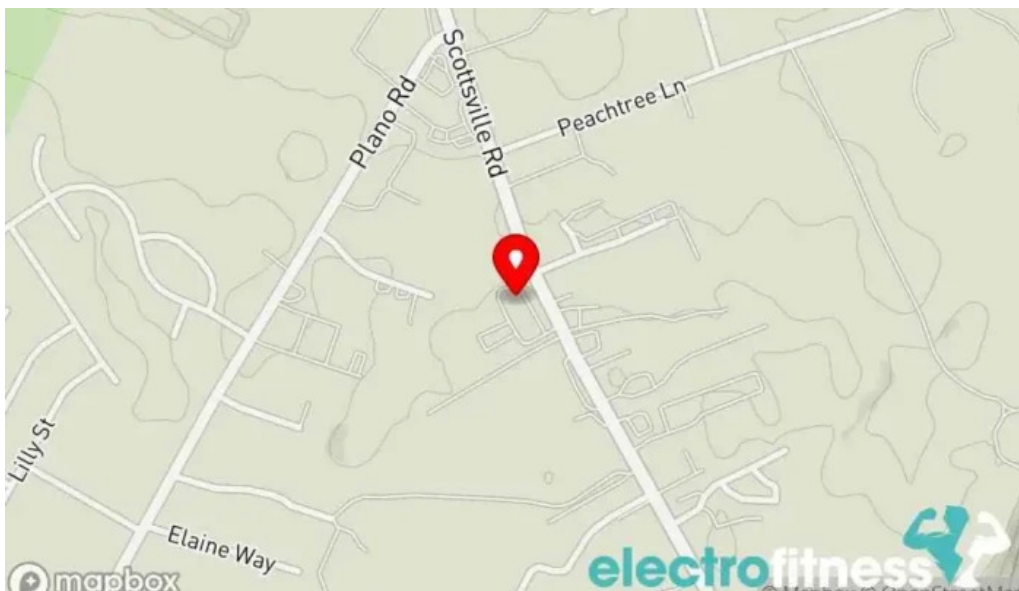
Images



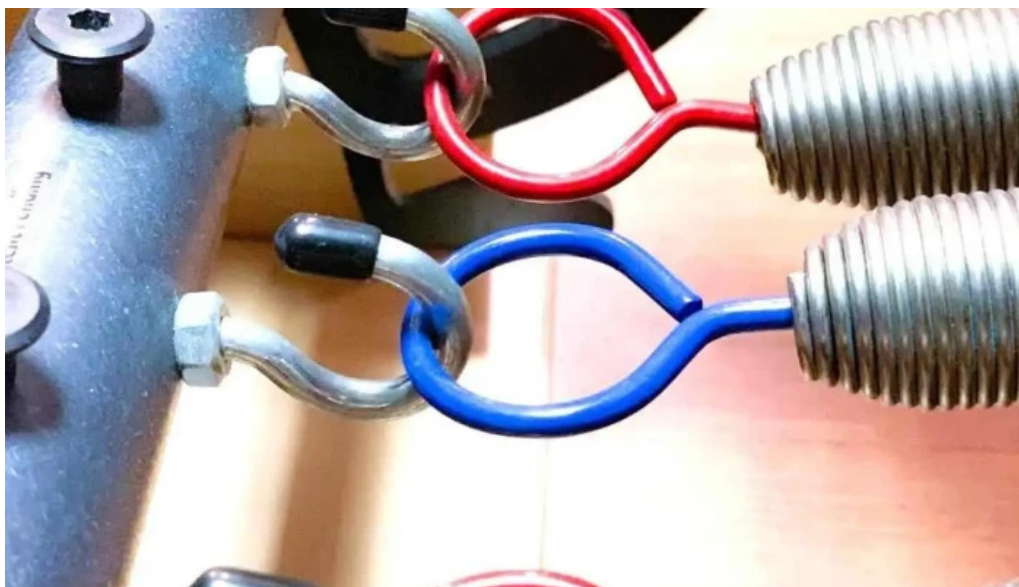
Club pilates street view 360deg



Club pilates pilates studio



Club pilates map



Club pilates by owner



Club pilates bowling green



Club pilates area



Club pilates all

Tags

Toilet, Wheelchair-accessible car park, Wheelchair-accessible entrance, Amenities, Accessibility, Wheelchair-accessible toilet, Appointments recommended, Planning

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gymnastics center
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health food restaurant
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karate club
karate school
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kinesiotherapist
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martial arts school
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massage therapist
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public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
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