


SoulBody Studios: Pilates Yoga Barre and Recovery Fort Myers - Fort Myers

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SoulBody Studios: Pilates Yoga Barre and Recovery Fort Myers - Fort Myers

Welcome to SoulBody Studios: A Unique Pilates, Yoga, and Barre Experience in Fort Myers

SoulBody Studios stands out as a premier destination for fitness enthusiasts in Fort Myers, Florida. With a range of offerings that include Pilates, yoga, barre, and recovery options, this studio is designed to accommodate everyone in a welcoming environment.

Accessibility and Convenience

SoulBody Studios prioritizes accessibility for all members. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all guests can enjoy their experience. **On-site parking** and a **free parking lot** make it easy for visitors to find a spot without stress. Additionally, the studio provides **gender-neutral toilets** and **toilet** facilities to cater to everyone's needs.

Welcoming Atmosphere and Community

As an **LGBTQ+ friendly** space, SoulBody Studios fosters an inclusive atmosphere. The staff is known for being kind, supportive, and attentive. Many members describe the studio as a **transgender safe space** where individuals can express themselves freely. The community vibe allows attendees to feel like part of a family, making each visit enjoyable.

A Comprehensive Fitness Experience

The studio offers a variety of classes tailored for all fitness levels. From **Pilates sculpt** and barre to hot yoga and infrared sauna sessions, there's something for everyone. Members rave about the **super motivating instructors** who provide personalized attention and tips throughout classes. The **planning** of various class types ensures that there's always an option that fits every schedule.

Online Classes and Flexibility

In addition to in-studio offerings, SoulBody Studios provides **online classes**, making it easier for members to stay engaged from home. This flexibility allows for consistent practice, regardless of busy schedules or travel commitments.

Wellness Amenities for Recovery

SoulBody Studios is not just about intense workouts; it also focuses on recovery. The facility boasts amenities like the **sauna**, **red light therapy**, and PEMF mats that assist with muscle recovery and overall wellness. The integration of these recovery options into regular fitness routines has garnered positive feedback from many members.

Affordable Pricing and Discounts

Recognizing the financial constraints faced by students and military personnel, the studio offers **active military discounts** and budget-friendly membership rates. With an unbeatable pricing structure, even college students can benefit from unlimited access to classes, further encouraging community participation.

Book Your Appointment Today!

With so many highlights, including an inviting community and excellent amenities, booking an appointment at SoulBody Studios is highly

recommended. Whether you're new to fitness or a seasoned pro, this studio promises an uplifting and rewarding experience. SoulBody Studios is more than just a fitness center; it's a holistic wellness hub designed for everyone. Join today and discover a space that feels like home!

Our business is located at

9918 Gulf Coast Main St Ste 103B, 33913 Fort Myers, Florida - United States (US)

The phone of said **Pilates studio** is +1239-387-0130

And if you want to send a WhatsApp, you can do so at +1239-387-0130

Our business hours are:

Day	Hours
Monday	8:30?AM–3?PM
Tuesday	8:30?AM–3?PM
Wednesday	9?AM–3?PM
Thursday	8:30?AM–7:30?PM
Friday	8:30?AM–7:30?PM
Saturday	8:30?AM–7:30?PM
Sunday	8:30?AM–7:30?PM

The website is SoulBody Studios: Pilates Yoga Barre and Recovery Fort Myers

If you wish to modify any information that you feel is not accurate about this web, please send a message and we will adjust it quickly. Thank you in advance thanks.

Images



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Tags

Accessibility, LGBTQ+ friendly, Amenities, Toilet, Wheelchair-accessible car park, Online classes, On-site services, On-site parking, Appointments recommended, Parking, Service options, Transgender safe space, Planning, Active military discounts, Free parking lot, Highlights, Sauna, Wheelchair-accessible entrance, Crowd, Wi-Fi, Gender-neutral toilets, Offerings

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