

## **Im=x Pilates & Fitness - Gaithersburg**

gaithersburg

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## *Im=x Pilates & Fitness - Gaithersburg*

### **Welcome to IM=X Pilates & Fitness in Gaithersburg, Maryland**

IM=X Pilates & Fitness is not just a studio; it's a community dedicated to helping individuals achieve their fitness goals while enjoying a supportive and engaging atmosphere. Located in Gaithersburg, this studio prides itself on its welcoming environment and exceptional instructors who provide personalized attention in every class.

## Key Features and Amenities

**Active Military Discounts:** IM=X Pilates offers special discounts for active military personnel, making fitness accessible for those who serve our country.

**Accessibility:** The studio is equipped with a wheelchair-accessible entrance and toilet, ensuring that everyone can enjoy the benefits of Pilates. **Convenient Amenities:** Clients can enjoy complimentary Wi-Fi and a wheelchair-accessible car park, enhancing the overall experience at the studio.

## Class Offerings and Services

With a diverse range of classes, IM=X Pilates is well-equipped to meet the needs of all fitness levels. From introductory sessions to advanced training, clients can choose from:

**Online Classes:** Flexibility is key! Attend various classes online, allowing you to fit workouts into your busy schedule. **On-Site Services:** The studio offers personalized training, ensuring each member receives attention tailored to their individual goals. **Planning:** Whether you're working towards rehabilitation or simply improving your fitness, the staff assists in crafting a plan suited to your needs.

## Community and Support

This studio is more than just a place to exercise; it's about building a community. Clients often express how welcomed and encouraged they feel when they step through the doors. With instructors committed to providing clear guidance and support, individuals can focus on their growth without fear of judgment, regardless of their experience level.

## Client Experiences: What People Are Saying

Many clients rave about their experiences at IM=X Pilates:

"The instructors are incredibly knowledgeable and patient, ensuring that I develop a strong form." - A satisfied client. "I love the sense of community here; everyone supports one another, making it a great place to grow!" - Another happy member. "Since joining, I've experienced significant improvements in my core strength and posture." - A long-time attendee.

## Conclusion

IM=X Pilates & Fitness in Gaithersburg is the ideal destination for anyone looking to enhance their physical well-being in a positive and inclusive environment. With its variety of classes, knowledgeable instructors, and strong community spirit, it's no wonder that many clients consider it their fitness home. Don't miss out on the chance to join a supportive community and transform your fitness journey at IM=X Pilates!

For more information or to schedule your first class, visit IM=X Pilates & Fitness

today!

### **Our address is**

15914 Luanne Dr, 20877 Gaithersburg, Maryland - United States (US)

The contact phone of the mentioned **Pilates studio** is +1240-868-6329

And if you want to send a WhatsApp, you can do so at +1240-868-6329

### **Our opening hours are:**

Day	Hours
Monday	7?AM–4?PM
Tuesday	7:30?AM–1?PM
Wednesday	6?AM–8?PM
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	7?AM–7?PM

The website is IM=X Pilates & Fitness

If necessary to adjust any information that you consider is not precise regarding this web, we urge you to deliver a message so we can we will fix it as soon as possible. Thanks beforehand thanks.

## **Images**

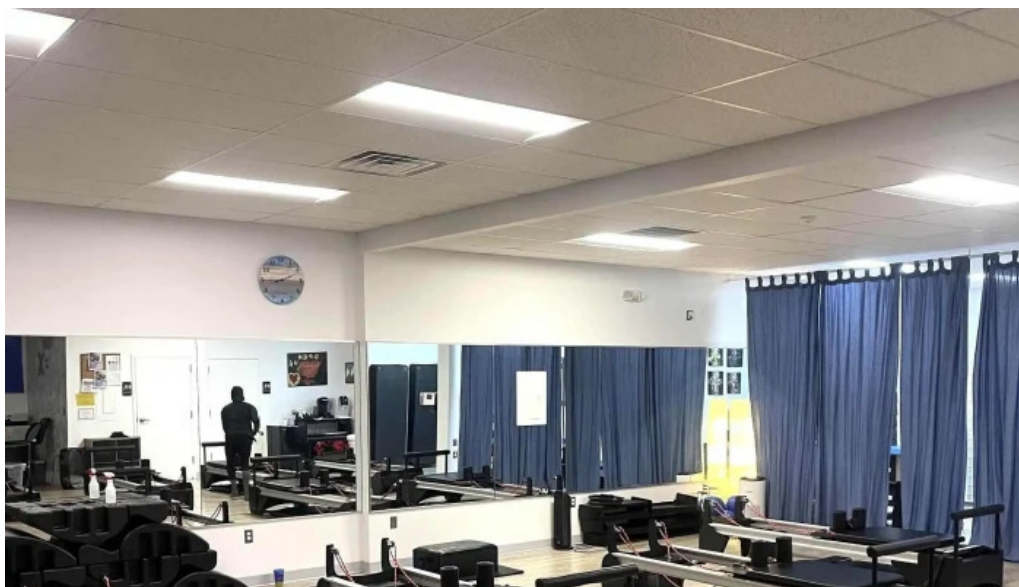
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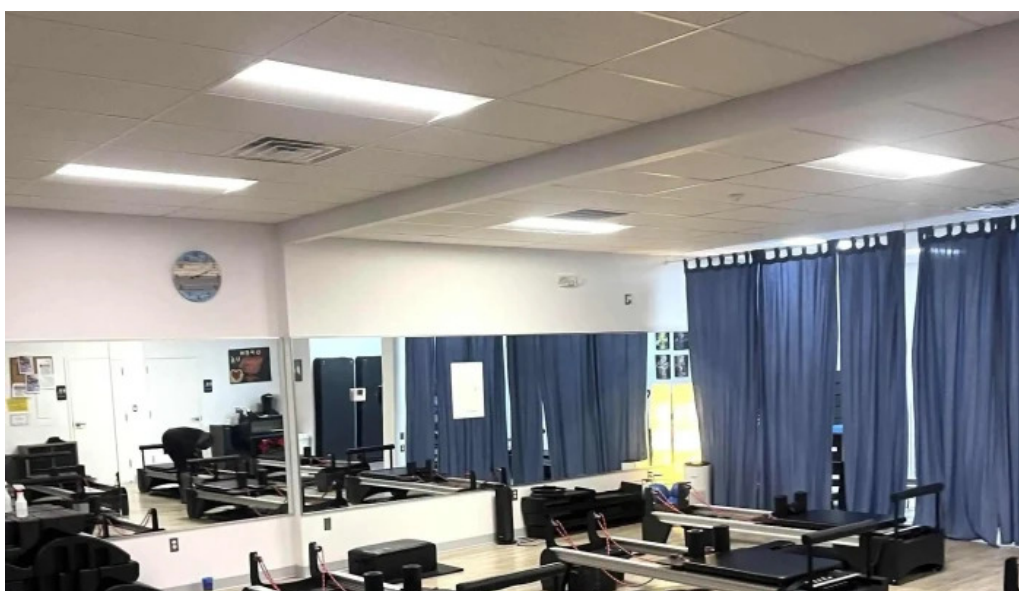
*Imx pilates fitness videos*



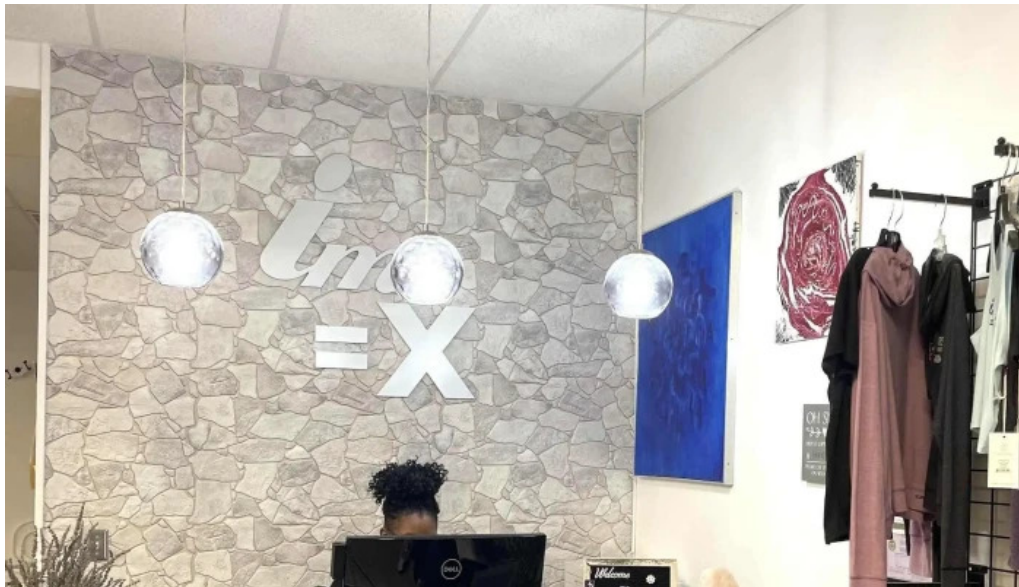
*Imx pilates fitness street view 360deg*



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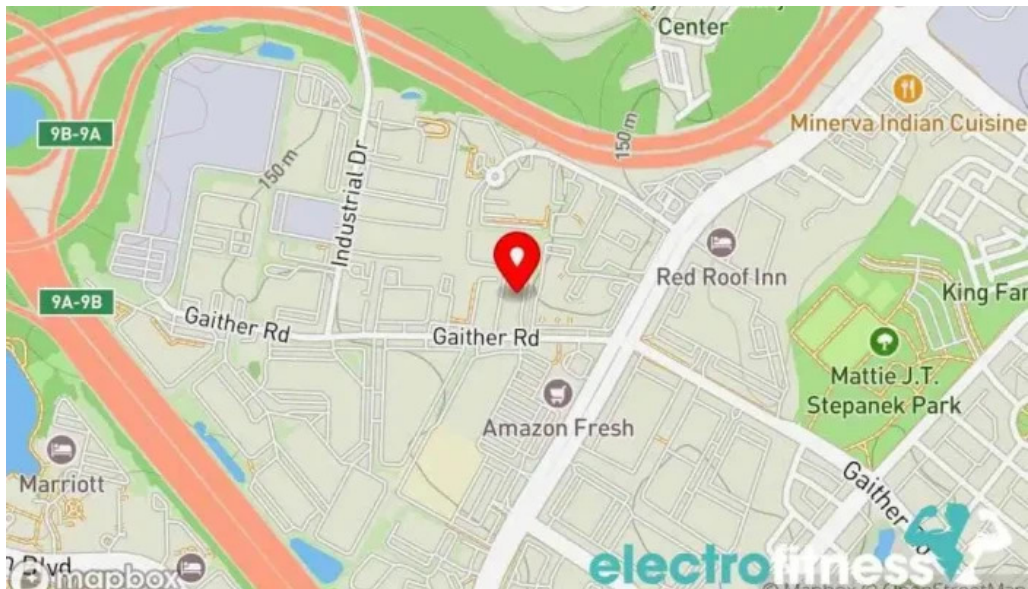


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## Tags

*Planning, Appointments recommended, Appointment required, Accessibility, Amenities, Identifies as women-owned, Wheelchair-accessible car park, Wi-Fi, Online classes, Highlights, From the business, Service options, On-site services, Toilet, Active military discounts, Wheelchair-accessible entrance, Wheelchair-accessible toilet*

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**4.6 \*** *Club Pilates - Eagle*

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**5.0 \*** *Pilates Plus - Centennial*

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<b>4.5 *</b>	<i>Club Pilates - Lafayette</i>
<b>3.6 *</b>	<i>Common Core Pilates - Walnut Creek</i>
<b>5.0 *</b>	<i>A Fine Balance Pilates &amp; Dance - Centennial</i>
<b>5.0 *</b>	<i>The Centered Body - Pleasant Hill</i>
<b>5.0 *</b>	<i>Mouv Pilates Studio - Crown Point</i>
<b>3.9 *</b>	<i>Active Athletics - Littleton</i>

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boot camp
boxing club
boxing gym
boxing ring
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