

## barre925 - Lafayette

lafayette

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## *barre925 - Lafayette*

### **Welcome to Barre925: A Premier Pilates Studio in Lafayette, California**

Barre925 is not just your average Pilates studio; it is a thriving community that identifies as women-owned and prioritizes **accessibility** while catering to individuals of all backgrounds and fitness levels. Located in the heart of Lafayette, California, this studio has become a beacon for those seeking strength, support, and community.

### **Accessibility Features You Can Count On**

At Barre925, we believe that fitness should be accessible to everyone. Our **wheelchair-accessible entrance** and **wheelchair-accessible car park** ensure that all clients can easily access our facilities. Additionally, our **wheelchair-accessible toilet** and **gender-neutral toilets** provide comfort and convenience for all members.

## **Community-Centric Environment**

Joining Barre925 means becoming part of an incredibly supportive community. As one satisfied member noted, “The instructors and my fellow students are so inspiring, everyone is so kind and encouraging.” This sense of community makes every workout enjoyable and invigorating.

## **Comprehensive Service Options**

Whether you prefer in-studio classes or the flexibility of **online classes**, Barre925 offers various **service options** tailored to fit your lifestyle. With **appointments recommended** for personalized attention, clients can experience a range of classes designed to suit all fitness levels. Our schedule is convenient, making it easy to fit classes into your busy life.

## **Child Care and Amenities**

We are proud to offer **child care** services, allowing parents to focus on their workouts without worry. In addition, our **free parking lot** and **free of charge street parking** make it hassle-free to visit the studio.

## **Testimonials That Speak Volumes**

Many clients have expressed how the Barre925 experience has transformed their lives. One client shared, “I had never really exercised before and my body was starting to fall apart. I am so much stronger, healthier, and better connected to my body.” Such testimonials highlight the dedication of our instructors to provide individualized support and modifications for every student.

## **A Welcoming Atmosphere for Everyone**

Barre925 prides itself on being **LGBTQ+ friendly**, creating a space where everyone feels welcome and valued. Clients appreciate the warm atmosphere, stating that the owner and instructors work hard to remember names and provide encouragement consistently.

## **Quality Classes That Challenge and Inspire**

Our range of classes is designed to balance challenge with growth, ensuring you always feel motivated and engaged. One participant even mentioned, "Wendy's barre class is next level... I am inspired to get stronger!" At Barre925, every class promises not only a workout but also an opportunity for personal growth.

## **A Commitment to Excellence**

The quality of instruction at Barre925 is unmatched. Clients rave about the expertise of our instructors, stating, "Every instructor is excellent! They are experienced, knowledgeable, enthusiastic, and quick to offer seamless modifications." It's this level of commitment that keeps members returning year after year.

## **Join the Barre925 Family Today!**

If you're looking for a Pilates studio that combines accessibility, a supportive community, and high-quality instruction, look no further than Barre925 in Lafayette, California. Experience firsthand why our clients describe us as an inspiring and life-changing environment. We can't wait to welcome you!

### **We are at**

*3344 Mount Diablo Blvd, 94549 Lafayette, California - United States (US)*

The contact line of this **Pilates studio** is +1925-385-0206

And if you want to send a WhatsApp, you can do so at +1925-385-0206

### **Our public attention hours are:**

Day Hours

Monday

6-7:15?AM 8:30?AM-1:15?PM 4:15-7?PM

Tuesday

8:30?AM-2:30?PM 4:15-5:45?PM

Wednesday

7:15?AM-12:30?PM

Thursday

8:30?AM-12:15?PM 3:45-5:15?PM

Friday

6-7:15?AM 8:30?AM-1:15?PM 4:15-7?PM

Saturday

6–7:15?AM 8:30?AM–1:15?PM 4:15–7?PM

Sunday

6–7:15?AM 8:30?AM–2:30?PM 4:30–7?PM

The website is [barre925](http://barre925)

If you need to change any detail that you consider is incorrect concerning this portal, please send us a message and we will handle it as soon as possible. In advance thanks for your cooperation.

## Images



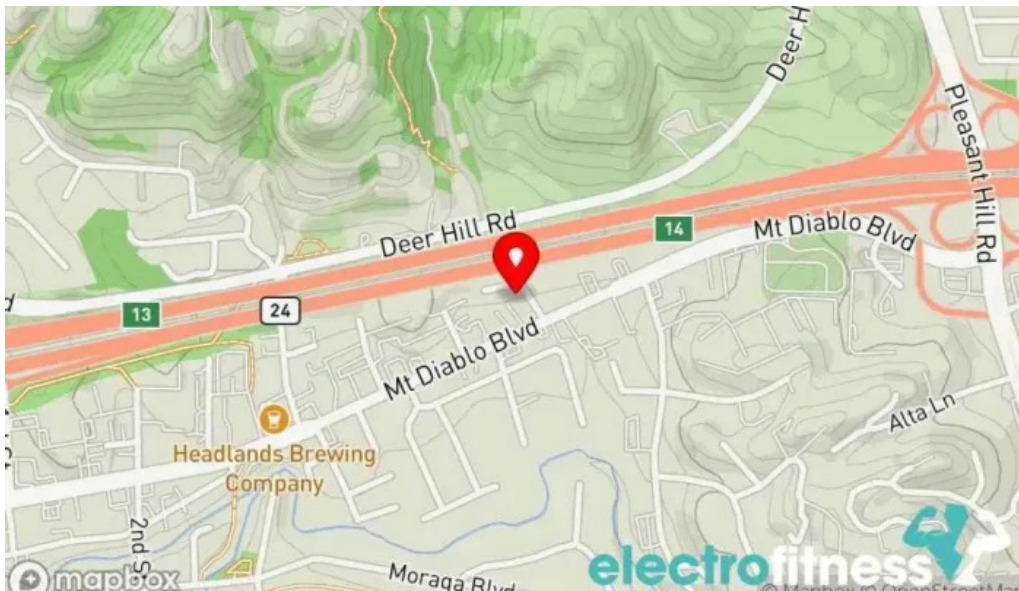
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## Tags

*Online classes, Free parking lot, Wheelchair-accessible toilet, From the business, LGBTQ+ friendly, Parking, Crowd, Gender-neutral toilets, Toilet, Appointments recommended, Free of charge street parking, Planning, Wheelchair-accessible car park, Child care, Accessibility, On-site services, Service options, Amenities, Wheelchair-accessible entrance, Identifies as women-owned*

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arena
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bar
body shaping class
boxing gym
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dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
hospital
hotel

indoor cycling
jujitsu school
karate school
kickboxing school
kinesiologist
martial arts club
martial arts school
massage therapist
non-profit organization
park
personal trainer
physical fitness program
physical therapy clinic
pilates studio
public educational institution
recreation center
rock climbing gym
school district office
self defense school
shooting range
sports club
sports complex
sports medicine clinic
sports school
tennis club
thrift store
vitamin & supplements store
wellness center
yoga studio