

Imx Pilates & Fitness Lafayette - Lafayette

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Imx Pilates & Fitness Lafayette - Lafayette

Welcome to IMX Pilates & Fitness Lafayette

IMX Pilates & Fitness in Lafayette, Louisiana, stands out as a premier destination for those seeking an inclusive and supportive fitness environment. As a studio that **identifies as women-owned** and **Latino-owned**, it celebrates diversity and welcomes individuals from all walks of life.

Accessibility Features

Understanding the importance of accessibility, IMX Pilates offers a **wheelchair-accessible entrance** and provides convenient amenities such as a **wheelchair-accessible car park** and a **wheelchair-accessible toilet**. Additionally, the facility features **gender-neutral toilets**, ensuring comfort and inclusivity for all clients.

A Welcoming Atmosphere

Comments from attendees highlight the warmth of the staff at IMX Pilates. Clients rave about how the instructors are not only knowledgeable but also genuinely dedicated to making everyone feel welcome, regardless of their fitness level. “Women of all ages and sizes are welcomed and encouraged,” noted one member, emphasizing the studio's commitment to inclusivity.

Class Structure and Expertise

The classes at IMX are designed to challenge participants while providing modifications to suit individual needs. From beginners to advanced practitioners, everyone finds a place here. As one attendee mentioned, “The instructors allow for modified exercises when I need,” showcasing the personalized approach of the staff.

Facilities and Amenities

A clean and well-maintained facility is key to a positive workout experience. IMX Pilates boasts a variety of amenities that enhance client comfort and satisfaction. Members appreciate the **toilet facilities** and the overall cleanliness of the studio. “The facilities are nice and clean,” reported one participant, adding to the studio’s appeal.

Support for Active Military

In addition to its inclusive environment, IMX Pilates offers **active military discounts**, acknowledging and honoring the service of military personnel and their families.

Client Testimonials: Highlights

The positive feedback from clients speaks volumes about the effectiveness and enjoyment of the classes offered at IMX Pilates. One satisfied member shared, “I’ve only worked out with Kathy and Jamie so far but they are both GREAT!” This sentiment resonates with many who find joy in their workouts, transforming their exercise experiences into something they eagerly anticipate.

Make Your Appointment Today

Appointments are recommended for the best experience, allowing clients to secure their spot in these sought-after classes. Whether you're a seasoned athlete or just starting your fitness journey, IMX Pilates is ready to support you in achieving your goals.

From the Business

At IMX Pilates & Fitness Lafayette, the mission is clear: to provide a friendly, supportive, and challenging environment for all. The combination of expert instruction, tailored workouts, and community spirit makes this studio a unique place for anyone looking to enhance their physical fitness and overall well-being.

If you're in the Lafayette area and seeking a transformative fitness experience, IMX Pilates & Fitness is your ultimate destination!

We are positioned at

2207 Kaliste Saloom Rd # E, 70508 Lafayette, Louisiana - United States (US)

The contact line of said **Pilates studio** is +1337-484-1469

And if you want to send a WhatsApp, you can do so at +1337-484-1469

We are available at these times:

Day Hours
Monday

1:30–3?PM

Tuesday

5:30?AM–5:30?PM

Wednesday

5?AM–5:30?PM

Thursday

5:30?AM–5:30?PM

Friday

5?AM–5:30?PM

Saturday

5:30?AM–5:30?PM

Sunday

8:15?AM–12?PM

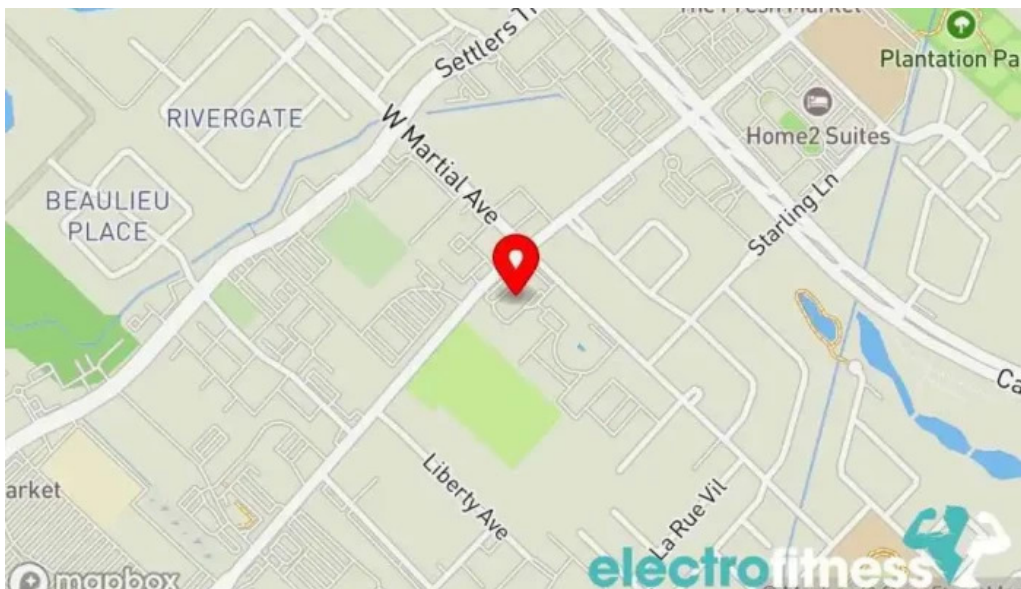
The website is [IMX Pilates & Fitness Lafayette](#)

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Images



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Imx pilates fitness lafayette by owner



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Tags

Identifies as Latino-owned, Wheelchair-accessible toilet, Wheelchair-accessible car park, Planning, Highlights, Amenities, Toilet, From the business, Gender-neutral toilets, Wheelchair-accessible entrance, Identifies as women-owned, Accessibility, Appointments recommended, Active military discounts

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