

## [solidcore] Midtown Miami - Miami

miami

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### *[solidcore] Midtown Miami - Miami*

#### **Solidcore Pilates Studio: Midtown Miami's Premier Fitness Destination**

If you're seeking an extraordinary workout experience in Miami, look no further than **Solidcore** located in Midtown. This Pilates studio not only promises to challenge your body but also provides a welcoming environment that feels like family. With top-notch coaches and a variety of amenities, it's no surprise that many consider it the best in the area.

#### **Accessibility at Solidcore**

One of the standout features of Solidcore Midtown is its commitment to accessibility. The studio boasts a **wheelchair-accessible entrance**, ensuring that everyone can participate in their transformative classes. Additionally, there is a **wheelchair-accessible car park** and a **wheelchair-accessible toilet** available for convenience. This thoughtful planning makes the studio a great choice for those who may have mobility challenges.

## Amenities That Enhance Your Experience

The Solidcore studio is well-equipped with state-of-the-art reformer machines, providing an invigorating workout that targets your core and strengthens your muscles. Many clients rave about the **amenities** offered, making it easy to enjoy your time before and after classes. From spacious facilities to a welcoming atmosphere, every detail contributes to a memorable experience.

## Class Recommendations and Coach Praise

It's recommended to book your classes in advance as **appointments are encouraged** to secure your spot. Clients have expressed gratitude towards coaches such as Coach Adrianna, Kelly P, and Nneka, who have significantly impacted their fitness journeys. Reviews highlight how the instructors go above and beyond to motivate and guide participants through challenging classes, making every session enjoyable and effective.

## A Community Like No Other

What truly sets Solidcore apart is the community vibe. Members have shared how they feel welcomed and supported by both coaches and fellow participants. It's not just a workout; it's a shared journey towards health and fitness. Many have expressed their love for this studio, stating it's transformed not only their bodies but their entire outlook on fitness.

## Customer Service Insights

While the majority of reviews are positive, some clients have experienced issues with customer service. It's important for potential members to be aware of these incidents when considering enrollment. Ensuring a smooth communication channel can enhance the overall experience and maintain the supportive atmosphere the studio strives for.

## Final Thoughts

Overall, **Solidcore Midtown Miami** stands out as a leading Pilates studio that

emphasizes both accessibility and community. Whether you are a seasoned Pilates enthusiast or a newcomer looking to improve your fitness regimen, this studio offers a unique blend of challenges and support. Don't miss out on the opportunity to be part of this inspiring community! ?

**You can come to our business at**

135 NE 32nd St, 33137 Miami, Florida - United States (US)

The phone number of this **Pilates studio** is +1786-655-9649

And if you want to send a WhatsApp, you can do so at +1786-655-9649

**We are available at these times:**

Day	Hours
Monday	5?AM–9?PM
Tuesday	5?AM–9?PM
Wednesday	5?AM–9?PM
Thursday	5?AM–9?PM
Friday	5?AM–9?PM
Saturday	5?AM–9?PM
Sunday	5?AM–9?PM

The website is [solidcore] Midtown Miami

If you wish to update any data that you believe is not correct related to this web, we urge you to deliver a message so that we will fix it quickly. In advance thank you very much.

**Images**



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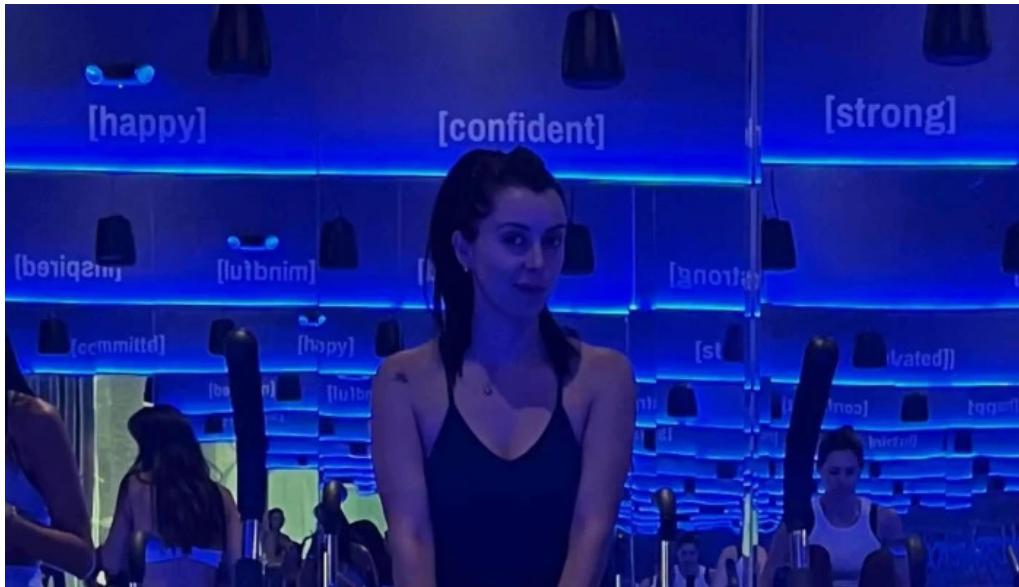




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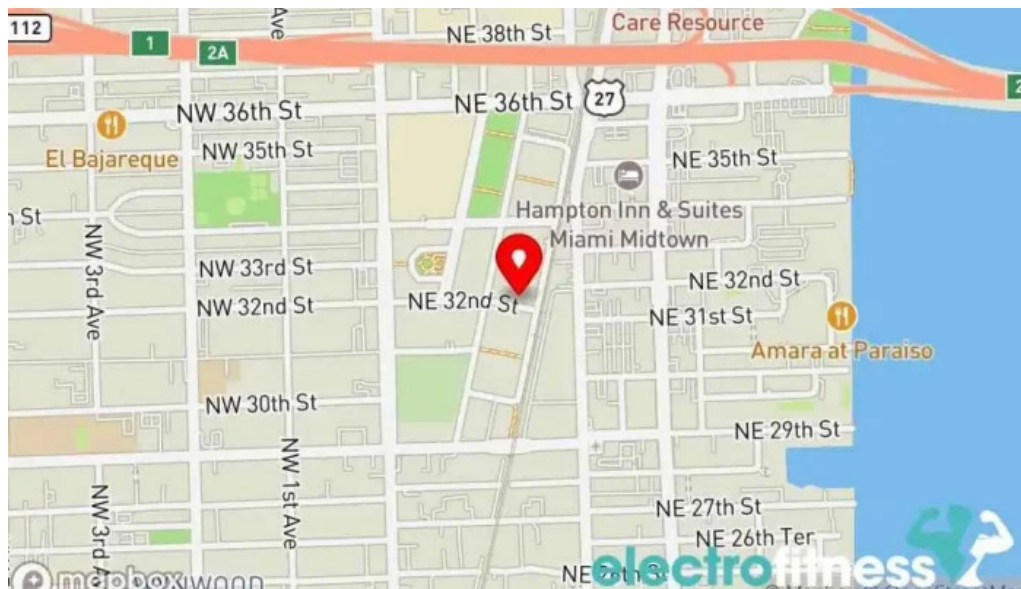
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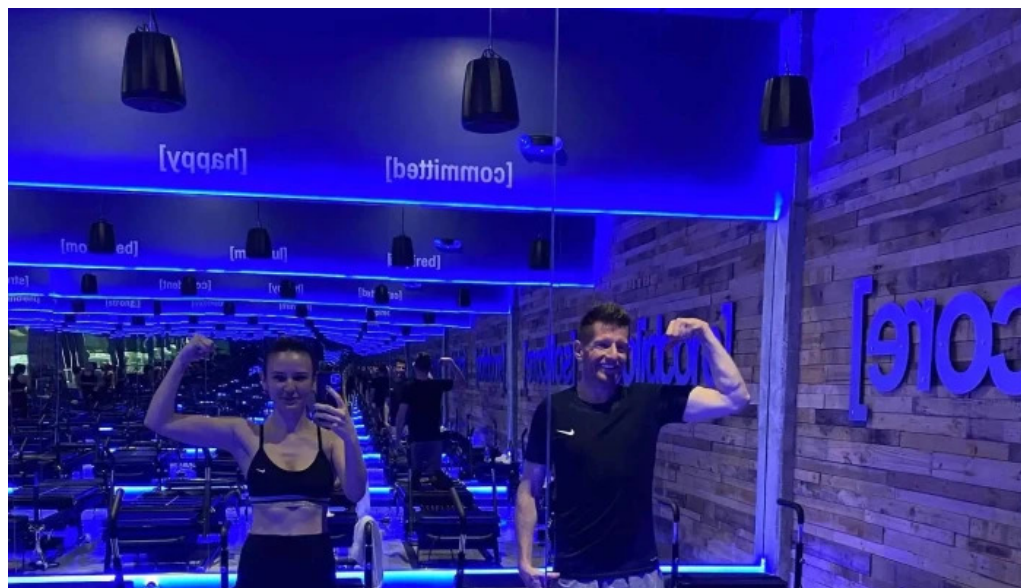
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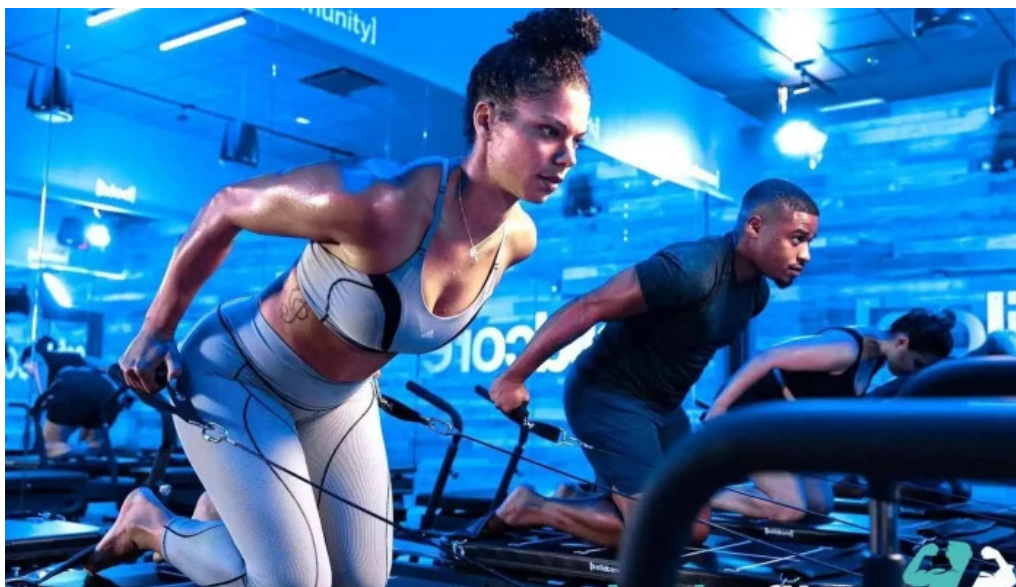


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*Planning, Toilet, Wheelchair-accessible car park, Amenities, Appointments recommended, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Accessibility*

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