

Club Pilates - New Rochelle

new rochelle

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Club Pilates - New Rochelle

Welcome to Club Pilates New Rochelle

If you're looking for an exceptional Pilates experience in New Rochelle, New York, look no further than **Club Pilates**. This studio not only offers a wide range of classes but also focuses on the overall experience of its clients. Here's what makes it stand out:

Accessibility and Amenities

Club Pilates New Rochelle prioritizes accessibility for all its members. The facility includes a **wheelchair-accessible entrance**, which ensures that everyone can enjoy their Pilates journey without any barriers. For added convenience, there is a **wheelchair-accessible toilet** available within the premises.

The studio features a **wheelchair-accessible car park**, making it easy for those with mobility challenges to visit. Additionally, free **Wi-Fi** is offered throughout the facility, allowing you to stay connected while you work on your wellness goals.

Highlights of Club Pilates

Members consistently praise the atmosphere at Club Pilates New Rochelle. Instructors like Danni, Brooke, and Laura receive accolades for their personalized approach, ensuring every individual feels valued and supported. With a focus on modifications, each class caters to various skill levels and provides a challenging workout while fostering a friendly and encouraging environment.

Instructor Engagement

Reviewers love how instructors like Keeba and Stephanie create engaging sessions. They emphasize not only strength but proper form, allowing students to achieve the best outcomes. As one attendee noted, “Her classes flow seamlessly while being challenging,” capturing the essence of effective Pilates training.

Community and Support

Many local clients rave about the supportive community at Club Pilates New Rochelle. The camaraderie among class members enhances the overall experience, making it feel less like a workout and more like a gathering of friends focusing on wellness together.

Planning Your Visit

For those interested in attending classes, it's important to note that **appointments are recommended**. Due to the popularity of the studio, classes can fill up quickly, so planning ahead is advisable to secure your spot. Club Pilates also offers **active military discounts**, demonstrating their commitment to supporting those who serve our country. This is just one of the many ways they strive to provide accessible wellness solutions for everyone.

Conclusion

Overall, Club Pilates New Rochelle stands out as a premier destination for

anyone interested in enhancing their fitness journey through Pilates. With top-notch instructors, excellent amenities, and a strong sense of community, it's a place where individuals can truly thrive. Consider joining a class today and discover what makes this Pilates studio so special!

You can reach us at

77 Quaker Ridge Rd, 10804 New Rochelle, New York - United States (US)

The phone number of this **Pilates studio** is +1914-380-1377

And if you want to send a WhatsApp, you can do so at +1914-380-1377

Our opening hours are:

Day	Hours
Monday	7:30?AM–2:30?PM
Tuesday	6?AM–8:30?PM
Wednesday	6?AM–9?PM
Thursday	6?AM–9?PM
Friday	6?AM–9?PM
Saturday	6?AM–7:30?PM
Sunday	7:30?AM–2:30?PM

The website is Club Pilates

If you wish to alter any detail that you consider is incorrect regarding this site, please send us a message so we can we will correct it as soon as possible. Thanks beforehand thank you very much.

Images



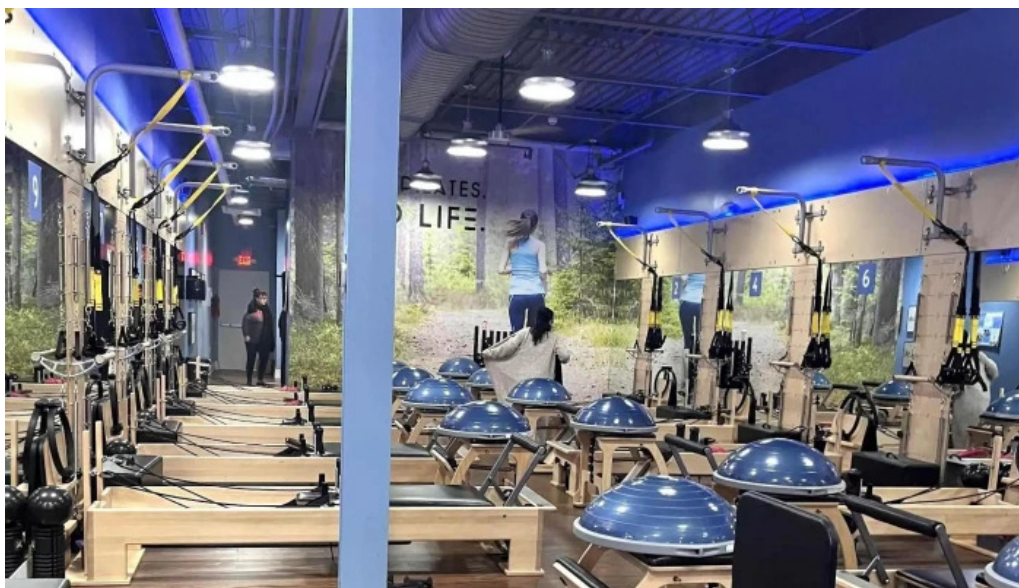
Club pilates street view 360deg



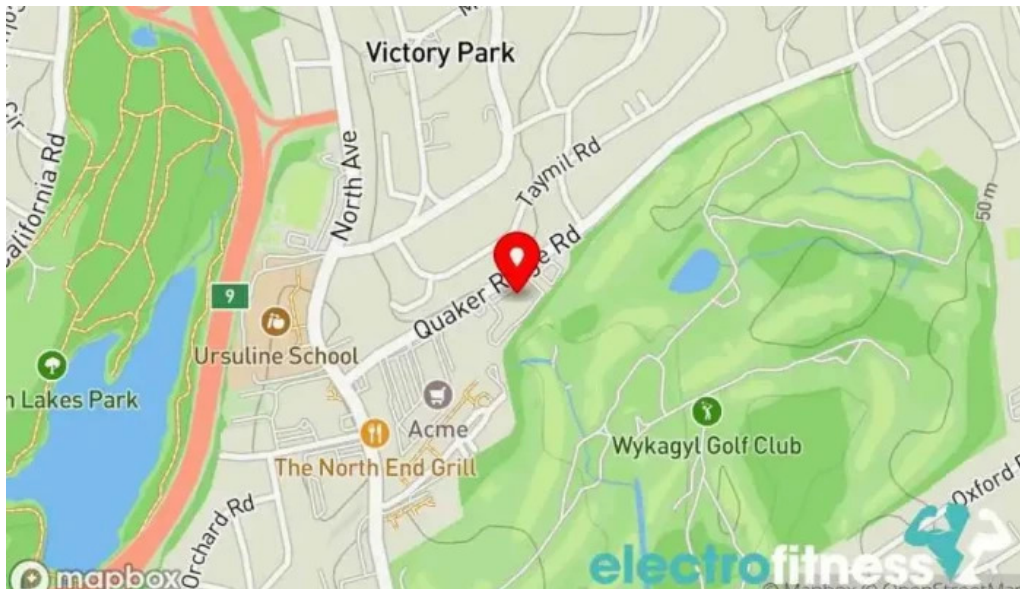
Club pilates prices



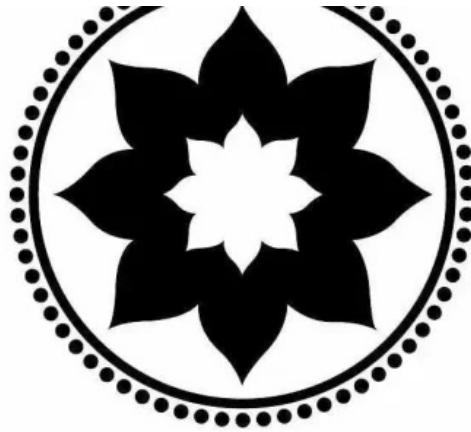
Club pilates pilates studio



Club pilates new rochelle



Club pilates map



CLUB PILATES®

Club pilates by owner



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Tags

Planning, Wheelchair-accessible toilet, Toilet, Wi-Fi, Highlights, Accessibility, Appointments recommended, Amenities, Wheelchair-accessible entrance, Wheelchair-accessible car park, Active military discounts

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rock climbing gym
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